

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	Std Day 08:00 17:00	Std Day 08:00 17:00	Zero Hours	B: Midnight Shift 17:00 00:00	B: Midnight Shift 17:00 00:00	G: weekend long 12:00 00:00	G: weekend long 12:00 00:00
2	B: Midnight Shift 17:00 00:00	B: Midnight Shift 17:00 00:00	B: Midnight Shift 17:00 00:00	Zero Hours	Zero Hours		
3	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00		
4	Std Day 08:00 17:00	Std Day 08:00 17:00	A: Long Day 2 08:00 20:00	Std Day 08:00 17:00	Std Day 08:00 17:00		
5	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00		
6	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00		F 10:00 17:00
7	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00		
8	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	A: Long Day 2 08:00 20:00	Std Day 08:00 17:00		
9	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	F 10:00 17:00	
10	A: Long Day 2 08:00 20:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00		
11	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Zero Hours	A: Long Day 2 08:00 20:00	A: Long Day 2 08:00 20:00	A: Long Day 2 08:00 20:00
12	Zero Hours	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00		
13	Std Day 08:00 17:00	A: Long Day 2 08:00 20:00	Std Day 08:00 17:00	Std Day 08:00 17:00	Std Day 08:00 17:00		

General Surgery, Urology and T&O FY1 Template
Full Shift
Current Banding: 1A
Average Hours: 46:57

New Deal and EWTD – Natural Breaks
Natural Breaks (30 minutes after every 4 hours worked)

- 1 should be achieved in standard day shift (8 hours)
- 2 should be achieved in long day/night shift (12 hours)

When monitoring, NO rest should be entered.
Rest is not the same as NB

If you find that you are regularly working hours different to those opposite, are not receiving half days/ zero days or that you are not meeting the rest/natural break requirements specified please advise the Medical Workforce Team (contact e-mail above).

