Blackpool Teaching Hospitals

NHS Foundation Trust

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Version 3 Gentamicin Adult Dosing	Clarified age parameter	that requires 3mg/kg
Treatment CORP/GUID/313	dose - should be greate	r or equal to 70years.
	Removed max dose of 8	Omg for multiple daily
	dose in line with BSAC of	guidelines. Advice to
	monitor for side effects	
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services, policies and measures that meet the diverse needs of our service, population and workforce, ensuring that they are not placed at a disadvantage over others. The Equality Impact Assessment Tool is designed to help you consider the needs and assess the impact of your policy in the final Appendix.

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1 PURPOSE

To ensure adequate dosing of gentamicin to effectively treat infection in adult patients, whilst protecting patients from toxicity due to overdose.

Gentamicin is an effective and valuable antibiotic for the treatment of infections due to Gram negative organisms. Gentamicin is administered intravenously and dosing must be adjusted for the patient's renal function and serum levels monitored to reduce the risk of the serious adverse effects of nephrotoxicity and ototoxicity. Prescribers should inform patients of these important side effects.

Gentamicin can be dosed using one of two dosing regimens:

- Extended interval (once daily) dosing
- Traditional multiple daily dosing.

Extended interval dosing (also known as "once-daily gentamicin") involves the use of a 5mg/kg dose administered as a 30-60minute infusion. The dosage interval (24, 36 or 48-hourly) is adjusted to ensure that serum levels fall below 1mg/L for at least 4 hours of the dosing interval. Selecting the optimum-dosing interval is achieved by monitoring pre-dose levels. Blood sampling is repeated after dose interval changes and twice weekly thereafter if renal function and fluid balance are stable. Extended interval gentamicin dosing has been found to be at least as effective as traditional multiple daily dosing and no more nephrotoxic. This dosing regime is also less complex to administer and monitor, therefore making it the dosing regimen of choice.

Traditional multiple daily dosing is used for the treatment of endocarditis.

This guideline provides advice on the dosing and monitoring of gentamicin using both regimens and taking into account the patient's renal function/age to ensure the most effective and safest dosing of this antibiotic.

2 TARGET AUDIENCE

This guideline includes:

- Dosing of gentamicin using the <u>high-dose extended interval regimen</u>, for the treatment of Gram negative sepsis.
- Dosing of gentamicin in <u>elderly patients or those with severe renal impairment (CrCl</u> 10-29.9ml/min) for the treatment of Gram negative sepsis.
- Dosing of gentamicin by <u>traditional multiple daily dosing</u> for infective endocarditis in adults.

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3 GUIDELINE

3.1 Extended Interval Gentamicin Dosing

Click here for quick reference guideline.

This dosing regime is for the treatment of Gram negative sepsis in patients WITHOUT severe renal impairment (CrCl \geq 30mL/min) - see section 3.5 on how to calculate creatinine clearance (CrCl).

Do NOT use this extended interval dosing for the following groups of patients (without discussion with pharmacist or microbiologist).

- Bronchiectasis
- Burns (>20% body surface area)
- Cystic fibrosis
- Ascites
- Infective endocarditis
- Renal impairment (Creatinine clearance <30mL/min), unstable or deteriorating renal function
- Renal dialysis.

3.1.1 Calculate Dose (5mg/kg)

Standard dose is 5mg/kg (max. 500mg) for gentamicin based upon actual body weight or adjusted body weight, rounded to the nearest 20mg.

If the patient is not obese, use the actual body weight to calculate the starting dose.

If the patient is obese (20% over ideal body weight), use the adjusted body weight to calculate the starting dose (see appendix 4 to determine the need to use adjusted body weight and how to calculate adjusted body weight).

3.1.2 Prescribe the First Dose on the Regular Antibiotics Section on the Drug Chart and Indicate on the Drug Chart the Need to Monitor Pre-dose Level before 2nd Dose

Check Gentamicin has not been given in the last 24 hours before prescribing or administering Gentamicin – check all current and previous prescriptions / A+E paperwork if applicable.

- Clear documentation and handover of critical medicines is essential to prevent errors.
- Communication of stat doses between prescriber and ward essential.

Dose to be administered, diluted in 100mL sodium chloride 0.9% or glucose 5%, over 30 - 60 minutes.^{1,9}

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3.1.3 Monitor Pre-Dose Level before 2nd Dose (1-4 Hours Before Next Dose Is Due)

Gentamicin is a nephrotoxic drug. Monitoring of pre-dose levels is required to ensure that the drug has been sufficiently cleared (pre-dose <1mg/L) from the body. Post-dose monitoring of levels is NOT required.

Where gentamicin is being used as a single dose either in surgical prophylaxis or adjuvant treatment, there is no need to take pre-dose levels as no subsequent doses are intended.

3.1.4 Interpreting Gentamicin Level

IF NORMAL AND STABLE RENAL FUNCTION:

Monitor pre-dose level before 2nd dose, GIVE 2nd dose without waiting for level and review the result of the pre-dose level before prescribing and administering 3rd or subsequent doses.

Target pre-dose level LESS THAN 1mg/L

Normal pre-dose level (<1mg/L)

- Continue current regimen
- Repeat pre-dose levels after 3-4 days if renal function remains stable

Pre-dose level 1-2mg/L (and renal function unchanged)

- Check level taken at the correct time (1-4 hours before next dose was due)
- Increase the dosing interval to 36-hourly

Pre-dose level greater than 2mg/L

- Check level taken at the correct time (1-4 hours before next dose was due)
- Omit any further doses of gentamicin and discuss with Microbiology
- The need for gentamicin therapy MUST be reviewed

If the pre-dose level was not taken at the correct time the reported result must be interpreted with caution. Speak to pharmacy or microbiology for advice in this situation.

If the patient cannot safely be maintained on an extended interval dosing regimen, consider the renal dosing regimen.

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3.1.5 Prescribing Subsequent Doses

Subsequent doses may be prescribed on the regular section of the drug chart, and administration boxes MUST be marked to ensure the correct dosing interval is followed, and indicate when the next level is due.

3.1.6 Monitoring Continuing Therapy

Repeat pre-dose level monitoring and serum creatinine twice weekly or more frequently in patients with unstable renal function.

Repeat pre-dose level monitoring **daily** if adjustments are being made or if the patient is **renally impaired**.

Assess the need for gentamicin daily and monitor for renal / ototoxicity.

Please Note

Gentamicin therapy is rarely required beyond 48 - 72 hours, with the exception of endocarditis. Any course intended beyond 48 – 72 hours MUST be discussed with a Consultant Microbiologist. The risk of nephrotoxicity and ototoxicity increases with prolonged course length.

3.2 Elderly/Renal (CrCl 10-29.9ml/min) Gentamicin Dosing

Click here for quick reference guideline.

This dosing regime should be used where the prescriber wishes to use an extended interval gentamicin dosing regime for the treatment of Gram negative sepsis in patients WITH severe renal impairment (Creatinine clearance <30mL/min- but discuss with microbiologist or pharmacy if <10mL/min or anuric) or elderly patients e.g. greater or equal to 70years.

3.2.1 Calculate Renal Dose (3mg/kg)

If the patient is not obese, use the actual body weight to calculate starting dose, (round to nearest 20mg).

If the patient is obese (20% over IBW), use the adjusted body weight to calculate starting dose. (See appendix 4 to determine the need to use adjusted body weight and how to calculate adjusted body weight).

3.2.2 Prescribe the First Dose on the "Once Only" Section on the Front of the Drug Chart

Check Gentamicin has not been given in the last 24 hours before prescribing or administering Gentamicin– check all current and previous prescriptions/A+E paperwork if applicable.

- Clear documentation and handover of critical medicines is essential to prevent errors.
- Communication of stat doses between prescriber and ward essential.

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No subsequent doses should be prescribed on the regular section of the drug chart until a pre- dose level is taken and reviewed.

Dose to be administered, diluted in 100mL sodium chloride 0.9% or glucose 5%, over 30-60 minutes. 1,9

3.2.3 Take Level Immediately Before 2nd Dose Is Due

WAIT for level result.

3.2.4 Interpreting Gentamicin Level Result

Target pre-dose level LESS THAN 1mg/L

If level less than 1mg/L

- Prescribe 2nd dose on "once only" section of drug chart or regular section (highlighting the need to wait for pre-dose level)
- Repeat level 24 hours after dose administered (pre-dose before the next dose due)

If level 1mg/L OR greater than 1mg/L

- Do **NOT** prescribe any further doses
- Check level taken at the correct time (1-4 hours before next dose was due)
- Repeat level 24 hours later if it was taken at the correct time
- If level < 1mg/L, prescribe 2nd dose on "once only" section of drug chart or regular section (highlighting the need to wait for pre-dose level)
- If level still remains >1mg/L, keep repeating gentamicin level at periodic intervals until gentamicin level has fallen to <1mg/L

No further doses should be prescribed or administered until level is <1mg/L

If the pre-dose level was not taken at the correct time the reported result must be interpreted with caution. Speak to pharmacy or microbiology for advice in this situation

DAILY levels are required for patients on the renal/elderly gentamicin dosing regimen or those with unstable renal function.

Assess the need for gentamicin daily and monitor for renal/ototoxicity.

Please Note: Gentamicin therapy is rarely required beyond 48 – 72 hours, with the exception of endocarditis. Any course intended beyond 48 hours in patients with CrCl <30mL/min MUST be discussed with a Consultant Microbiologist. The risk of nephrotoxicity and ototoxicity increases with prolonged courses.

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3.3 Traditional Multiple Daily Dosing of Gentamicin

Click here for quick reference guideline.

This dosing regime is for the treatment of patients with **endocarditis**.

3.3.1 Calculate Dose

1mg/kg 12hourly (modify according to renal function and levels) round to the nearest 20mg.

If patient is not obese, use actual body weight to calculate starting dose.

If patient is obese (20% over IBW), use adjusted body weight to calculate starting dose. (See appendix 4 to determine the need to use adjusted body weight and how to calculate adjusted body weight).

3.3.2 Prescribe Gentamicin at Chosen Dose and Dose Interval

The dosing regimens recommended above are starting dose regimens only. Blood levels must be monitored to ensure target peaks and troughs are achieved.

Dose to be administered as intravenous bolus over 3-5 minutes. 1,9

3.3.3 Monitoring Drug Levels

Check **pre-dose (trough) level around the 3rd or 4th dose** before administering the dose.

Administer dose. There is no need to wait for pre-dose level before administering dose, unless instructed to do so by your ward pharmacist or Consultant Microbiologist.

Check **one hour post-dose (peak) level around the 3rd or 4th dose**. Level to be taken one hour after completion of the bolus / infusion.

If **renally impaired**, check around the **2nd dose**.

Label your sample tubes and request form clearly with pre and post dose level as appropriate.

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3.3.4 Interpreting Gentamicin Levels

BNF target blood levels are as follows:

	Gentamicin	
Indication	Pre-dose (trough)	One hour post dose (peak)
Infective endocarditis – gram positive	Less than 1mg/L	3-5mg/L

3.3.4.1 Pre-dose levels:

Normal pre-dose (<1mg/L)

- Regimen can be continued
- Further pre-dose levels MUST be monitored twice weekly so long as renal function is stable

Pre-dose level is between 1-3mg/L (and renal function unchanged)

- Check level taken at the correct time (1-4 hours before next dose was due)
- Increase the dosing interval e.g. from 12-hourly to 24-hourly

Pre-dose greater than 3mg/L

- Check level taken at the correct time (1-4 hours before next dose was due)
- Further gentamicin doses MUST be withheld
- Discuss with microbiology before recommencing therapy

3.3.4.2 One-hour post-dose levels:

Post-dose level is below the target range (<3mg/L)

- Check level taken at the correct time (1 hour after the completion of infusion/bolus)
- Gentamicin is subtherapeutic
- The dose should be increased

Post-dose level is above the target range (>5mg/L); pre-dose level is normal (<1mg/L)

- Check levels taken at the correct time
- Reduce the dose

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Both the post-dose (>5mg/L) and pre-dose (>1mg/L) levels are above the target range

- Check levels taken at the correct time
- The next dose(s) MUST be omitted
- Discuss with Microbiology before recommencing therapy

If the pre- and/or post-dose level were not taken at the correct time the reported result must be interpreted with caution. Speak to pharmacy or microbiology for advice in this situation

Please contact your ward Pharmacist or Consultant Microbiologist for advice on changes to the dose and / or dosing interval.

3.3.5 Monitoring Continuing Therapy

Repeat drug level monitoring (peak and trough) levels and serum creatinine twice weekly, or more frequently if renally impaired.

Monitor for renal/ototoxicity.

3.4 How to calculate IBW and Adjusted Body Weight

Calculate the IBW first (or see appendix 4 - IBW table), then use IBW to calculate the adjusted body weight.

IBW men (kg) = 50 + 2.3 x every inch over 5 feet IBW women (kg) = 45.5 + 2.3 x every inch over 5 feet

Adjusted body weight (Adj BW) = IBW + 0.4x (actual body weight – IBW)

3.5 How to calculate creatinine clearance

Click here for Creatinine Clearance calculator to estimate renal function

If the above hyperlink fails, please use the formula below to calculate Creatinine Clearance:

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CrCl (mL/min) = F x (140-age) x weight* (kg) Serum creatinine (micromoles/L) Where F=1.23 for males and 1.04 for females *If obese (>20% above IBW): Use Adjusted Body Weight (Adj BW) - see 3.4

3.6 Documentation

3.6.1 Monitoring

The time of gentamicin dosing MUST be clearly prescribed on the prescription. However, nursing staff must document the <u>EXACT</u> time of administration and <u>EXACT</u> time of sampling in the medical notes and cyberlab to facilitate interpretation of the results.

Example to be documented in the patient's medical notes:

Gentamicin is prescribed at 10:00 regularly (24hour clock)

Exact time of gentamicin sample taken...9:00.....(i.e.1-4hours before dose is given)

Exact time of gentamicin given:.....10:00.....

3.6.2 Critical timing

If delay in the administration of gentamicin (greater than 1 hour) - the time of late administration must be documented on prescription chart and reason must be documented in the medical notes. This is particularly important for time critical antibiotic like gentamicin as the next dose may need to be delayed if previous dose given late.

4 ATTACHMENTS	6
Appendix Number	Title
1	Extended interval gentamicin dosing guidelines summary (Adults)
2	Elderly/Renal (CrCl 10-29.9ml/min) gentamicin dosing guidelines
	summary (Adults)
3	Traditional multiple daily dosing guidelines summary (Adults)
4	Maximum body weight and IBW table
5	Gentamicin flow chart
6	Equality Impact Assessment Form

5PROCEDURAL DOCUMENT STORAGE (HARD AND ELECTRONIC COPIES)Electronic Database for Procedural DocumentsHeld by Procedural Document and Leaflet Coordinator

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6 LOCATIONS THIS DOCUMENT ISSUED TO			
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1	Intranet	21/12/2017	
2	Wards, Departments and Services	21/12/2017	

 7 OTHER RELEVANT / ASSOCIATED DOCUMENTS

 Unique Identifier
 Title and web links from the document library

 CORP/GUID/313

8 SUPPORTING REFERENCES / EVIDENCE BASED DOCUMENTS

References In Full

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9 CONSULTATION / ACKNOWLEDGEMENTS WITH STAFF, PEERS, PATIENTS AND THE PUBLIC

Name	Designation	Date Response Received
All	BTH pharmacists	

10 DEFINITIONS / GLOSSARY OF TERMS

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APPENDIX 1: EXTENDED INTERVAL GENTAMICIN DOSING GUIDELINES SUMMARY (ADULTS)

Click here for full guideline		
Introduction	Preferred regimen for the treatment of Gram negative sepsis	
	Do NOT use extended interval dosing for the following groups of patients:	
	(without discussion with pharmacist or microbiologist)	
	Bronchiectasis	
	 Burns (>20% body surface area) 	
	Cystic fibrosis	
	Ascites	
	Infective endocarditis	
	 Renal impairment (Creatinine clearance <30mL/min), unstable or 	
	deteriorating renal function (see Renal dosing)	
	Renal dialysis	
Dose regimen	Gentamicin dose = 5mg/kg (maximum 500mg) Use adjusted body weight	
_	if obese (i.e. if 20% over ideal body weight)	
	Round to nearest 20mg e.g.260mg if 50kg, 300mg if 60kg, 360mg if 70kg,	
	400mg if 80kg	
Prescribing first	Check no previous dose given in last 24hours. May prescribe on	
dose	regular antibiotics section and indicate on the drug chart the need to	
	monitor Pre-dose Level before 2 nd Dose	
Administration	Dilute with 100mL sodium chloride 0.9% or glucose 5% and give by IV	
	infusion over 30-60mins	
What levels should I	Pre-dose level before 2 nd dose (1-4 hours before next dose is due)	
monitor?		
When should I take	Check before 2 nd dose due (unless single dose therapy)	
levels initially?		
Target assay levels	Pre-dose level LESS THAN 1mg/L	
Recommendations	Normal pre-dose level (<1mg/L)	
for dose adjustment	-Continue current regimen	
based on levels	-Repeat pre-dose levels after 3-4 days if renal function remains stable	
being taken at	Dre does level 1 2mg/L (and renal function unchanged)	
correct time	Increase the dosing interval to 36-hourly	
	-increase the dosing interval to so-houry	
	Pre-dose level greater than 2mg/L	
	-Omit any further doses of gentamicin and discuss with Microbiology	
	-The need for gentamicin therapy MUST be reviewed	
	If the patient cannot safely be maintained on an extended interval dosing	
	regimen, consider the renal dosing regimen.	
Do I need to wait for	IF NORMAL and STABLE RENAL FUNCTION - Monitor pre-dose	
the level result?	level before 2 nd dose, GIVE 2 nd dose without waiting for level	
	and review for the result of the pre-dose level before prescribing	
	and administering 3 rd or subsequent doses	
When should I	Check pre-dose levels every 3-4 days if renal function remains stable.	
repeat levels?	Monitor pre-dose levels daily if adjustments are being made or if the	
	patient is renally impaired.	
	Review need daily and monitor for renal/ototoxicity	
How do I prescribe	Subsequent doses may be prescribed on the regular section of the drug	
subsequent doses?	chart, and administration boxes MUST be marked to ensure the correct	
	dosing interval is followed, and indicate when the next level is due.	

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APPENDIX 2: ELDERLY/RENAL (CRCL 10-29.9ML/MIN) GENTAMICIN DOSING GUIDELINES SUMMARY (ADULTS)

Olice				
	nere for full guidel			
Intro	duction	This regimen should be used where the prescriber wishes to use an extended interval gentamicin dosing regimen for the treatment of Gram negative sepsis in patients WITH severe renal impairment (CrCl <30ml/min, but if <10ml/min or anuric - discuss with microbiologist or		
		pharmacy) or elderly patients e.g. greater or equal to 70years		
Dose	regimen	Gentamicin dose = 3mg/kg (if obese (i.e. if 20% over idea Round to nearest 20mg e.g.	maximum 300mg) Use adjusted body we al body weight) 160mg if 50kg, 180mg if 60kg, 220mg if 7	ight ′0kg,
		240mg if 80kg		
Preso	cribing first	Check no previous dose give	en in last 24hours Prescribe the first dose	e on
dose		the "once only" section of the	e drug chart	
Admi	nistration	Dilute with 100mL sodium ch	hloride 0.9% or glucose 5% and give by IV	V
		infusion over 30-60minutes		
What	levels should I	Pre-dose level before 2 nd do	ose (1-4 hours before next dose is due)	
moni	tor?	nd		
Wher levels	n should I take s initially?	Check before 2 nd dose due (unless single dose therapy)	
Targe	et assay levels	Pre-dose level LESS THAN	l 1mg/L	
Reco for de based being corre	mmendations ose adjustment d on levels g taken at oct time	 If level less than 1mg/L Prescribe 2nd dose on "once only" section of drug chart or regular section of the chart (but highlighting the need to wait for pre dose level before administration. Repeat level 24 hours after dose administered (pre-dose before the next dose due) If level 1mg/L OR greater than 1mg/L Do NOT prescribe any further doses Repeat level 24 hours later If level < 1mg/L, prescribe 2nd dose on "once only" section of drug chart or regular section of the chart (but highlighting the need to wait for pre dose level before administration. If level < 1mg/L, prescribe 2nd dose on "once only" section of drug chart or regular section of the chart (but highlighting the need to wait for pre dose level before administration. If level still remains >1mg/L, keep repeating gentamicin level at periodic intervals until gentamicin level has fallen to <1mg/L No further doses should be prescribed or administered until level is <1mg/L		
Doli	need to wait for	WAIT for the result of the pre-dose level before prescribing and		
the le	evel result?	administering any subsequent doses		
Wher	n should l	DAILY levels are required for patients on the renal gentamicin dosing		
repea	repeat levels? regimen or those with unstable renal function.			
How subs	do I prescribe equent doses?	Subsequent doses may be prescribed on the " once only " section of the drug chart or regular section of the chart (but highlighting the need to wait for pre dose level before administration. Doses should only be administered once the pre-dose level is less than 1mg/L.		
Conti	inuation of	If the patient requires gentar	nicin beyond 48 hours, this MUST be	
treatr	nent	discussed with a Consultant ototoxicity increases with pro	Microbiologist. The risk of nephrotoxicity blonged courses.	/ and
	Blackpool Topobiog Lla	spitals NHS Foundation Trust		
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APPENDIX 3: TRADITIONAL MULTIPLE DAILY DOSING GUIDELINES SUMMARY (ADULTS)

(
Click here for full guid		
Introduction	Treatment of patients with endocarditis.	
Dose regimen	1mg/kg 12 hourly - modified according to renal function and level (round to	
Creatinine	nearest 20mg). Use adjusted body weight if obese (i.e. if 20% over ideal	
Clearance calculator	body weight)	
Prescribing first	Prescribe gentamicin at chosen dose and dose interval	
dose		
	The dosing regimens recommended above are starting dose regimens only.	
	Blood levels must be monitored to ensure target peaks and troughs are	
	achieved.	
Administration	IV bolus over 3-5 minutes. Dilution is not normally necessary.	
What levels should	Check Pre and Post dose levels around the 3 rd or 4 th dose.	
I monitor?	If renally impaired, check around the 2^{nd} dose	
When should I take	Check pre-dose (trough) level around the 3 rd or 4 th dose before	
levels initially?	administering the dose	
	Administer dose. There is no need to wait for pre-dose level to be reported	
	before administering dose, unless instructed to do so by your ward	
	pharmacist or Consultant Microbiologist	
	Check one hour post-dose (peak) level around the 3 rd or 4 th dose 1 evel	
	to be taken one hour after completion of the bolus/infusion	
	If renally impaired, check around the 2 nd dose	
	Label your sample tubes and request form clearly with pre and post	
	dose level as appropriate.	
Target assay levels	Pre-dose (trough) level -less than 1mg/L for endocarditis	
raiger about ievels	One hour post dose (neak) level: 3-5mg/L for streptococcal or	
	enterococcal infections e g endocarditis	
Recommendations	Pre-dose levels:	
for dose	Normal pre-dose (<1mg/L)	
adjustment based	- Regimen can be continued	
on levels being	- Further pre-dose levels MUST be monitored twice weekly so long as renal	
taken at correct	function is stable	
time	Pre-dose level is between 1-3mg/L (and renal function unchanged)	
	- Increase the dosing interval e.g. from 12-hourly to 24-hourly	
Please contact	Pre-dose greater than 3mg/l	
your ward	- Further gentamicin doses MUST he withheld	
Pharmacist or	- Discuss with microbiology before recommencing therapy	
Consultant	- Discuss with microbiology before recommencing therapy	
Microbiologist for	One-hour post-dose levels:	
advice on changes	Dest deep level is below the target range (2mg/l)	
to the doce and/or	Contaminin in such thereneutie	
desing interval	The deep should be increased	
ubbilly litter val.	- The upper should be indicased Post-dosp lovel is above the target range (> Emg/l): are dosp lovel is	
	normal (21mg/L)	
	Deduce the deep	
	- Reduce life dose Both the post-dose (>5mg/l) and pro dose (> 1mg/l) levels are shown	
	the target range	
	The next deep(s) MUST be emitted	
	Discuss with Misrobiology before recommending thereasy	
	- Discuss with Microbiology before recommencing therapy	

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APPENDIX 4: MAXIMUM BODY WEIGHT/ IDEAL BODY WEIGHT TABLE

This table helps to determine whether patients are obese (i.e. actual body weight 20% over ideal body weight). If patient's actual weight is above the maximum body weight below - the adjusted body weight should be used to calculate gentamicin dose (see formula below). Otherwise, use actual body weight to calculate gentamicin dose.

Maximum body weight (MBW) table					
Height		Height	MBW (kg)	MBW (kg)	
(ft	inches)	(cm)	(male)	(female)	
5'	0"	152	60	55	
5'	1"	155	62	58	
5'	2"	158	66	60	
5'	3"	160	68	62	
5'	4"	163	71	66	
5'	5"	165	74	68	
5'	6"	168	77	71	
5'	7"	170	79	74	
5'	8"	173	82	77	
5'	9"	175	85	79	
5'	10"	178	88	82	
5'	11"	180	90	85	
6'	0"	183	94	88	
6'	1"	185	96	90	
6'	2"	188	98	94	
6'	3"	191	101	97	
6'	4"	193	104	99	
6'	5"	195	107	101	
6'	6"	198	109	105	
6'	7"	201	113	108	
6'	8"	203	115	110	

Adjusted body weight calculation

Adjusted body weight = ideal body weight + 0.4 (actual body weight - ideal body weight)

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APPENDIX 4: MAXIMUM BODY WEIGHT/ IDEAL BODY WEIGHT TABLE

Ideal Body Weight Tables (based on Devine Formula)

women: Ideal Body Weight (in kg) = 45.5 + 2.3 kg per inch over 5 feet **men**: Ideal Body Weight (in kg) = 50 + 2.3 kg per inch over 5 feet

								For	nalo								
Height	_,	5 14.7	5107	5'0"	5 147	C ' C "	5'0"			5107	5140	5 14.4	0	0147	0.0"	01011	01411
Feet	5	51	52	53	54	55	5.6	57	58	5.9	510	511	6	6.1	62	6.3	6.4
Height Inches	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76
Height cm	152	155	157	160	163	165	168	170	173	175	178	180	183	185	188	190	193
IBW kg	45.5	47.8	50.1	52.4	54.7	57	59.3	61.6	63.9	66.2	68.5	70.8	73.1	75.4	77.7	80	82.3
								Ma	ale								
Height Feet	5'	5'1"	5'2"	5'3''	5'4"	5'5"	5'6"	5'7"	5'8"	5'9"	5'10	5'11	6'	6'1"	6'2"	6'3"	6'4"
Height Inches	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76
Height Cm	152	155	157	160	163	165	168	170	173	175	178	180	183	185	188	190	193
IBW kg	50	52.3	54.6	56.9	59.2	61.5	63.8	66.1	68.4	70.7	73	75.3	77.6	79.9	82.2	84.5	86.8

Adapted from Scottish Medicines Consortium NHS Scotland Jan 2013 Resources

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APPENDIX 6: EQUALITY IMPACT ASSESSMENT FORM										
Department C	Organisation	Wide	Service or Policy	Guide	line	Date Comple	ted:	1: September 2012		
GROUPS TO BE CONSIDI	ERED									
Deprived communities, hon	neless, subs	stance mi	isusers, people who ha	ave a disa	ability, learning	g disability, olde	r people, chilo	dren and	families, young	g
people, Lesbian Gay Bi-sex	kual or Trans	sgender,	gender, minority ethnic communities, Gypsy/Roma/Travellers, women/men, parents, carers, staff, wider							
community, offenders.				_						
EQUALITY PROTECTED (CHARACTE	RISTICS	S TO BE CONSIDERE	D .	0 F ·					,
Age, gender, disability, race	e, sexual ori	entation,	gender identity (or rea	issignme	nt), religion an	id belief, carers	Human Righ	ts and so	ocial economic /	/
			DE	CONCI	-			IMDA	CT.	
QUESTION				SPONSI	Δα	rtion	Positive Negative			
What is the service, leaflet or p	policy	The Pro	cedural Document is to e	nsure	Raise awaren	less of the	Yes – Clear		Negative	
development?	,	that all n	nembers of staff have cle	ar	Organisations	s format and	processes ide	entified		
What are its aims, who are the	target	guidance	e on processes to be follo	wed.	processes inv	volved in				
audience?		The targ	jet audience is all staff ac	ross the	relation to the	procedural				
		process)	document.					
Does the service, leaflet or poli	icy/	Not appl	licable to community safe	ty or	Ν	N/A	N/A			
development impact on commu	unity safety	crime								
Crime										
Community cohesion Is there any evidence that are:	ine who		No		ĸ	λ/Δ	NI/A			
should benefit do not? i.e. equa	al		INO			N/A	IN/A			
opportunity monitoring of servi	ce users									
and/or staff. If none/insufficient	t local or									
national data available conside	er what									
Does the service leaflet or dev	velopment/		No		N	J/A	N/A			
policy have a negative impact	on any				11/7					
geographical or sub group of the	he									
population?	r noliou/	Facuras	a achaoina annraach aar	and the	All policies on	daraadural				
development promote equality	and	Organisation in relation to the procedural			documents in	clude an FA to				
diversity?	ana	document.			identify any po	ositive or				
					negative impa	acts.				
Does the service, leaflet or poli	icy/	The Procedure includes a completed EA								
commitment to equality and div	a versitv and	highlight any potential for a negative /								
meeting needs? How does it d	emonstrate	adverse impact.								
its impact?										
Does the Organisation or servi	ICE ulation? Do	Our workforce is reflective of the local								
we employ people from disady	vantaged	population.								
groups	.									
Will the service, leaflet or polic	:y/		N/A							
development	conditions									
in	conditions									
deprived areas										
ii. Use brown field sites										
creation of green spaces?										
Does the service, leaflet or pol	icy/	N/A								
development promote equity of lifelong										
Does the service leaflet or policy/		N/A								
development encourage healthy lifestyles		N/A								
and reduce risks to health?										
Does the service, leaflet or policy/		N/A								
What are the implications of the										
Does the service, leaflet or	N/A									
policy/development impact on										
housing needs, homelessness										
Are there any groups for whom	n this		None identified							
policy/ service/leaflet would ha	ive an									
impact? Is it an adverse/negati	ive impact?									
Does it or could it (or is the per	rception									
marginalised aroups?	ayeu 01									

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APPENDIX 6: EQU	ALITY IMPACT ASSESSM	ENT FORM			
Does the policy/development promote access to services and facilities for an group in particular?	e No ny				
Does the service, leaflet or policy/development impact on the environment	No				
During development					
• At implementation?					
	ACTIO	N:			
Please identify if you are now r Analysis	required to carry out a Full Equality	Yes	No (Please delete as appropriate)		
Name of Author: Signature of Author:	Michelle Wong		Date Sig	ned:	
	[
Name of Lead Person: Signature of Lead Person:			Date Sig	ned:	
Name of Manager: Signature of Manager	A Gibson		Date Sig	ned:	

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