Contraceptive Advice following Administration of Sugammadex

Department of Anaesthesia

Patient Information Leaflet
Introduction

As part of your anaesthetic, medicines may be given to relax your muscles. These medicines give the surgeon the best conditions for operating. They also give the anaesthetist the ability to take care of your breathing under anaesthesia.

At the end of your operation, the action of these medicines needs to be reversed before you wake up. One of these ‘reversal’ medicines which you have been given today is called Sugammadex (or sometimes it can be referred to as Bridion®). The drug Sugammadex may interact with your contraception due to its effect on the hormone progesterone.

This may temporarily increase the risk of pregnancy.

If you take the following oral contraceptive pill

- The combined oral contraceptive ‘pill’ (eg. Yasmin, Rigevidon, Lucette and Microgynon)
- The progesterone only contraceptive ‘mini-pill’ (eg. Cerazette, Aizea, Cerelle and Feanolla)

If you have taken your pill this morning and have been given Sugammadex, it is the equivalent to one missed pill. Please follow the missed pill advice in the package leaflet of the oral contraceptive. You must also use a non-hormonal barrier method such as condoms for the next 7 days.
If you use any other hormonal contraceptive

- Contraceptive implant
- Hormonal Intra-Uterine System (IUS) (eg. Mirena, Jaydess, Levosert, Liletta, or Kyleena)
- The contraceptive injection (Depo-Provera, Sayana Press or Noristerat)
- The contraceptive patch (EVRA)
- Vaginal ring

You must use a non-hormonal barrier method of contraception for the next 7 days. Please follow the advice in the package leaflet of the contraceptive product.
Other sources of information:

Department of Anaesthesia
Telephone: 01253 953499

Hospital switchboard
Telephone: 01253 300000

Patient Relations Department
The Patient Relations Department offer impartial advice and deal with any concerns or complaints the Trust receives.

You can contact them via tel: 01253 955589 or by email: bfwh.patientrelations@nhs.net

Further information is available on our website: www.bfwh.nhs.uk

If you’d like a large print, audio, Braille or a translated version of this booklet then please call: 01253 955520