



**Blackpool Teaching
Hospitals**
NHS Foundation Trust

Universal Services School Nursing

Patient Information Leaflet



Caring • Safe • Respectful

Who are we?

A Specialist School Nurse Practitioner is a Registered Nurse who specialises in child and adolescent health, working with the school and wider community.

The School Nursing Service consists of Specialist School Nursing Practitioners who are supported by Staff Nurses, School Nursing Assistants and Administrators.

What does the School Nursing Team do?

School Nurses promote the health and wellbeing of all Blackpool children, young people and their families. They work with Health, Education, Social Services and Voluntary agencies.

The team provide support for children and young people with identified health and wellbeing needs. Confidential support is offered within a school or community setting. This allows you or your child the opportunity to discuss any concerns or worries you or they may have regarding their health or wellbeing.

For example:

- Managing medical conditions in school.
- Healthy lifestyles, healthy eating, and exercise.
- Behaviour and relationships.
- Growth and development.
- Bedwetting and toilet problems.
- Emotional health.

We are here to discuss any health-related matters and can provide contact details for other relevant services as appropriate.

Health Promotion and Education

The School Nursing Team deliver a range of Health Promotional Programmes to pupils within education settings in a variety of different ways. Health messages are delivered in an interesting and fun way that is age appropriate.

Reception and transfer in Health Questionnaires

All children that enter reception or transfer into a Blackpool school will be sent a questionnaire to be completed by the parent or carer.

This will enable the School Nursing team to address your child's needs. The School Nurse may contact you to discuss any concerns highlighted.

National Child Measurement Programme (NCMP)

The Department of Health recommends every school's participation in the National Child Measurement Programme. This involves recording the height and weight of all children in Reception and Year 6 if you agree to participate.

You will receive further information regarding this at the relevant time.

Vaccinations

During the time your child is in school, they will be offered routine vaccinations following the Department of Health schedule.

These vaccinations will take place in school and will be delivered by the school vaccination team. You will receive information about the vaccinations when your child is in the relevant school year.

If you have any queries, you can contact the team on 01253 951984.

Text Your School Nurse (Chat Health)

Chat Health is a confidential text messaging service that enables children and young people (aged 11-16) to contact their local public health nursing (school nursing) team for confidential advice and support. A young person can get in touch for advice about any aspect of their physical or emotional health.

Young people can text their nurse on 07312 263120.

Further information can be found by visiting www.chathealth.nhs.uk or contacting a School Nurse (contact details overleaf).

Confidentiality

The School Nursing Team have a duty to keep information confidential. They are often the first point of contact for young people and families.

Nurses are guided by the Nursing and Midwifery Council Code of Conduct and are under no obligation to inform Teachers, Parents or Carers of issues arising from consultations. They will always encourage the young person to inform Parents or Carers. However, if there is a risk of significant harm, like all other professionals, School Nurses are obliged to follow Safeguarding procedures.

School Nursing team Contact Details:

Moor Park Health and Leisure Centre
Bristol Avenue
FY2 0JG
Telephone: 01253 951740
Email: BFWH.blackpoolschoolnurses@nhs.net

Further information can be found on the School Nurses website via this QR code:



Friends and Family Test (FFT)

The NHS Friends and Family Test (FFT) was created to help organisations understand whether people are happy with the service provided, or where improvements are needed.

It's a quick and anonymous way to give your views after receiving NHS support, care, or treatment.

Please scan the QR code or use the web link to access a short survey and tell us about your experience of our service. Your views are valued, and we use them to help shape our service.



Web link: <https://bit.ly/3F71pyr>

Other sources of information:



For contact information please see inside this leaflet.
Department of Health: www.doh.gov.uk



Hospital switchboard
Telephone: **01253 300000**

Patient Relations Department

The Patient Relations Department offer impartial advice and deal with any concerns or complaints the Trust receives.



You can contact them via tel: **01253 955589**
or by email: bfwh.patientrelations@nhs.net



Further information is available on our website:
www.bfwh.nhs.uk

If you'd like a large print, audio, Braille or a translated version of this booklet then please call: **01253 955520**



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Approved by: Child Health (CA)
Date of Publication: 02/08/2022

Reference No: CPL/008 V 5.1
Review Date: 01/08/2025