Further information

Blackpool Teaching Hospitals
NHS Foundation Trust

Other sources of information:

Emergency Department Reception:
Telephone: 01253 953517
NHS 111
111.nhs.uk

Hospital switchboard
Telephone: **01253 300000**

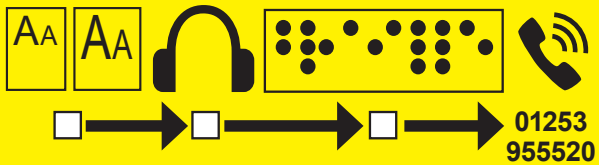
Patient Relations Department

The Patient Relations Department offer impartial advice and deal with any concerns or complaints the Trust receives.

You can contact them via tel:
01253 955589 or by email:
bfwh.patientrelations@nhs.net

Further information is available on our website:
www.bfwh.nhs.uk

If you'd like a large print, audio, Braille or a translated version of this booklet then please call: **01253 955520**



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Blackpool Teaching Hospitals
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Looking after a Child with a Head Injury

Emergency Department

Patient Information Leaflet

Caring · Safe · Respectful

Looking after a child with a head injury

Your child has had a head injury, but is allowed to go home.

You should keep your child quiet and only give him/her things to do if he/she feels like it.

He/she can eat or drink whatever he/she wants but may not feel like eating at first. Give plenty of drinks.

If you feel your child has a headache you may give Paracetamol as advised by the nurse or doctor and according to the instructions on the bottle.

You need to watch your child. If any of the following happens within the next 3 to 4 days, bring your child back to the hospital or see your GP.

1. If your child vomits more than twice.
2. If your child complains of a headache despite Paracetamol.
3. If your child becomes unusually sleepy or unusually hard to wake up.
4. If your child has a convulsion.
5. If your child has any changes in behaviour.

YOU MAY BRING YOUR CHILD BACK TO THE HOSPITAL IF YOU ARE AT ALL WORRIED

The Trust recognises the importance of Further Information multi-agency working: to safeguard children and young people.

If you are concerned about the welfare of a child or young person please contact Children's Social Care as follows:

For children living in the Blackpool area:

Monday-Friday 9.00am-5.00pm
Tel No: 01253 477299

Out of hours and weekends
Tel No: 01253 477600

For children living in Wyre, Fylde, Lancaster or Morecambe

Monday-Friday 8.00am-8.00pm
Tel No: 0300 123 6720

Out of hours and weekends
Tel No: 0300 123 6722

'Protecting children is everybody's business'

Further information