

Knowledge and Library Services Movember November 2021



MOVEMBER[®]



Movember is an annual event involving the growing of moustaches during the month of November to raise awareness of men's health issues, such as prostate cancer, testicular cancer, and men's suicide. The Movember Foundation runs the Movember charity event, housed at [Movember.com](https://movember.com). [Wikipedia](#)

<https://uk.movember.com/>

MOVEMBER THROUGH THE YEARS

From 30 Mo Bros in 2003 to over 6 million Mo Bros and Mo Sisters to date.
Take a walk through Movember history.

<https://uk.movember.com/about/history>

Our cause areas:

Mental Health and Suicide prevention - The rate of male suicide is alarmingly high: 3 out of 4 suicides in the UK are by men. WE CAN'T SIT BACK AND ACCEPT THIS. BY 2030 WE'LL REDUCE THE RATE OF MALE SUICIDES BY 25%.

<https://uk.movember.com/about/mental-health>

Prostate Cancer -

1 IN 8 UK MEN WILL BE DIAGNOSED WITH PROSTATE CANCER IN THEIR LIFETIME.

Prostate cancer is the most diagnosed cancer in men in the UK. Globally, more than 1.4 million men are diagnosed with prostate cancer each year.

Across the country, there are more than 395,000 men living with and beyond the disease. Many are dealing with serious side effects from treatment. BY 2030 ... We aim to halve the number of men dying from prostate cancer and halve the number of men facing serious ongoing side effects from treatment.

<https://uk.movember.com/about/prostate-cancer>



FUNDING BOOST TO IMPROVE PROSTATE

CANCER DIAGNOSIS



Using tissue samples donated by hundreds of men over the last two decades, Movember-funded researchers are hoping to identify more accurate ways of distinguishing between aggressive cancers and slow-growing ones.

We're delighted to announce that a research team from the University of Oxford has received a £678,000 grant from Movember and Prostate Cancer UK.

Professors Freddie Hamdy and Ian Mills will investigate hundreds of prostate cancer samples collected primarily from the HTA NIHR ProtecT trial to identify features that may make the cancer more likely to grow and spread. " **We hope this will lead to new tests that can predict how a man's prostate cancer will develop**".

Professor Hamdy says: "For over 20 years, hundreds of men diagnosed with localised prostate cancer were followed up as participants in our large clinical trials.

"Thanks to the generosity of these men, we can compare their prostate cancer samples with their long-term outcomes, to check if aggressive cancers have unique features which could help us identify them early at diagnosis.

"We hope this will lead to new tests that can predict how a man's prostate cancer will develop over time, so doctors can decide what the right treatment should be."

The grants have been awarded as part of a £3.3 million investment from both charities to three exceptional projects aiming to improve the diagnosis and treatment of prostate cancer.

<https://uk.movember.com/story?tag=prostate-cancer>

Testicular Cancer - TESTICULAR CANCER STRIKES YOUNG. IT'S THE MOST COMMON CANCER IN YOUNG UK MEN. At greater than 95%, the odds of survival for men with testicular cancer are better than good – but for some men, long-term treatment-related side effects, mean quality of life is severely compromised. We focus on getting these predominantly young men back to living full and healthy lives.



Ben's Story

Ben was diagnosed with testicular cancer at just 26. Three years after being given all clear, he discovered another tumor on his remaining testicle.

[Watch Ben's story](#)



Resources

ClinicalKey

SOCIAL MEDIA TOOLKIT NOVEMBER

All month - Movember [Download infographic here/](#) [Download toolkit here](#)

#Movember is an annual event involving the growing of moustaches during the month of November to raise awareness of men's health issues, such as prostate cancer. You can learn more interesting facts about prostate cancer with your ClinicalKey toolkit and also by reading the article “**An important step towards smarter screening for prostate cancer**” from the Lancet Oncology: <https://www.clinicalkey.com/#!/content/journal/1-s2.0-S1470204521004496>

NIHR Collection

Improving men's health outcomes

This Collection brings together evidence from research funded or supported by NIHR about some ways to improve men's health outcomes. Three of the Alerts we have chosen concern prostate cancer, the most commonly diagnosed cancer in the UK. Across the UK, one in eight men will be diagnosed with prostate cancer in their lifetime and we know that about 400,000 men in the UK are living with – or after – prostate cancer. We also look at two other issues that relate to men's health outcomes: treatment options for urethral narrowing, and the use of 'pre-habilitation' before urological cancer surgery. We asked a number of health professionals, research experts and people with lived experience of these conditions and treatments to comment on the selected Alerts that are most relevant and important to them.

<https://evidence.nihr.ac.uk/collection/improving-mens-health-outcomes/>

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[Movember | Prostate Cancer UK](#)

[Movember 2021 - Men's Health Awareness Month](#)

