

Health Matters

Keeping you informed about the news and views of Blackpool Teaching Hospitals



Vic expert is leading the way

INSIDE THIS ISSUE:

Global recognition

Expert physio puts skills on to the international map — Page 3

Disability daisy

New scheme to help patients with learning difficulties — Page 4

Contents

News

International interest

Clinical experts from as far afield as Hong Kong have visited Blackpool Victoria Hospital to learn new skills from a Fylde coast expert.

Page 3



Patient help

The Emergency Department at Blackpool Victoria Hospital has introduced a new idea to support and identify patients with learning disabilities.

Page 4

Character capers in x-ray

Robots, lions and Disney princesses are all poised to greet children who have to visit the X-ray department at Blackpool Victoria Hospital.

Page 5



▲ Orthopaedic fun day to raise funds for a dementia-friendly garden

◀ Artwork joy in X-ray North

▼ Last chance to enter our NHS awards

Splashing out on a garden

Staff at Blackpool Victoria Hospital have taken to the water in a bid to raise funds to design and build a garden for elderly patients and those living with dementia.

Page 6

Caring anniversary

A well-loved Fylde coast doctor has celebrated a milestone anniversary in providing hospital care.

Page 7

Last chance

Last chance to enter our NHS awards.

Page 8



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You can sign up to receive our fortnightly news bulletin directly to your inbox by clicking on the following link: www.bfwh.nhs.uk/healthmatters

Any comments ideas or suggestions? Please contact: the Communications Department, on 01253 953059, 956875 or 953538 or email bfwh.trustcommunications@nhs.net



International visitors learn from Vic staff

CLINICAL experts from as far afield as Hong Kong have visited Blackpool Victoria Hospital to learn new skills from a Fylde coast expert.

Simon Hayward, a critical care physio with the Trust, has become a leading expert in the field of lung ultrasound and has attracted a world wide following with his knowledge.

Since 2013 he has been using lung ultrasound to help inform his treatment options, and he became the first physiotherapist in the UK to gain the Intensive Care Society's core ultrasound intensive care (CUSIC) accreditation in 2016.

Since then he has become a CUSIC supervisor and has helped to organise a specially designed training programme for his physiotherapy colleagues which attracts health staff from across the globe.

Simon held his first course in Blackpool this week with guests from Norway, Portugal and Hong Kong attending. He said: "The training includes an introductory course that covers physics, probe handling, pathologies and image acquisition and interpretation.

"It was amazing to see how much interest there was in the course. I am delighted to have welcomed people from across the world to Blackpool but also delighted to see a number of local physios also get the chance to learn this exciting skill.

"I believe lung ultrasound has made me a better physiotherapist. I can treat my patients more effectively and believe this technique is too important not to share with my fellow respiratory physiotherapists."

One visitor was Vitor Azavedo, from Lisbon in Portugal. He said: "I work in an Intensive Care Unit and feel that this technique will bring huge benefits to the patients.

"I read a paper that Simon wrote and was really interested in the subject and when I found out he was putting on a course I really wanted to come. I haven't been disappointed as it has been amazing and I have learned so much in a short time."

Physiotherapists who would like more information about the introductory course can contact Simon at: simon.hayward1@nhs.net

Disability daisy to help A&E patients

THE Emergency Department at Blackpool Victoria Hospital has introduced a new scheme to support and identify patients with learning disabilities.

Disability Daisy allows patients who have learning difficulties to feel comfortable knowing their additional needs are being recognised and taken care of.

Sophie Jones, an Emergency Department Assistant, came up with the idea. She said: “I want to help people with learning difficulties because my niece has been in hospital quite a few times and she struggles with communication and how to express herself.

“I wanted to try to put something in place to make life easier for patients who are in a similar situation to my niece.

“The idea came from something that Gatwick Airport have for people who have learning disabilities. They wear a lanyard with a daisy on so staff working at the airport can identify people who may need more help.

“People often come into hospital who can have hidden disabilities. This can range from ADHD, autism, Down’s Syndrome and cerebral palsy.

“I wanted to do something similar in the Emergency Department because I feel there is



Sophie Jones who initiated the Disability Daisy scheme

more we can do to support these people or to alert our staff.

The scheme has been running for a couple of weeks and improvements are already being made. Staff have all been trained on what the daisy represents and use daisy stickers in the patient notes and also on whiteboards.

“We use the dementia butterfly as an image to alert staff that a patient has dementia so this is quite similar,” explained Sophie.

“Patients can now be put in areas that aren’t as busy as we know coming to the Emergency Department can be scary and very distressing, especially with people who have autism. This is really important because patients may not always tell you if they have learning difficulties.

“I want all areas of the hospital to be aware of the Disability Daisy scheme so when a patient is transferred to a ward or a clinic they recognise the Daisy in the notes and know straight away that this patient has learning / hidden disabilities and may require further support.”



ROBOTS, lions and Disney princesses are all poised to greet children who have to visit the X-ray department at Blackpool Victoria Hospital.

A colourful, vibrant mural makes a fabulous addition to the children's area in X-ray North – and making the artwork even more interesting, the cartoon creatures are all either suffering some kind of ailment or assuming a hospital role.

The mural was the brainchild of the radiography department and staff member, Lesley Nesbitt, arranged for local artist, Adam Salisbury, to brighten up the otherwise bland, clinical area.

“Often the children who come into X-ray have been through some kind of trauma and they are a little nervous about what to expect in the department,” radiographer Lesley explained.

“The artwork really engages them and makes them smile. The Lion King, Toy Story and Frozen characters are really bright and appropriate for both girls and boys.”

Lesley said adult patients also loved the artwork which they felt humanised the area with touches

X-ray mural is a roaring success!

of fun within the mural. Mufasa the lion has a hearing aid, Rafiki has a broken arm and Buzz Lightyear has become a radiographer.

The artwork was financed through a bid to the hospital's charity, Blue Skies.

Head of Fundraising, Kila Redfearn, pictured above with Lesley Nesbitt, said: “We were delighted to be able to support this excellent idea. When you see it, it really lifts the spirits of patients and staff.

“It is wonderful to be able to make a difference to patient experience in this way and make coming into hospital less daunting.”



Water fun day for garden funds

STAFF at Blackpool Victoria Hospital, and their supporters, took to the water in a bid to raise funds to design and build a garden for elderly patients and those living with dementia.

The event raised more than £600 and the was organised by Ward 35 staff.

Ward Sister, Natalie Parr, said: "I was amazed and delighted at the turnout on the day and especially pleased by the number of supporters who came along to motivate the teams.

"It was a fabulous day and the money raised will help us reach our target to design and build a trauma, orthopaedic, dementia-friendly garden at Blackpool Victoria Hospital."

The team plan to hold more fundraising events later in the year.



Some of the teams who took part in the fun day for the dementia friendly garden



Popular medic marks milestone anniversary

DR Maung Maung Latt was so inspired by a holiday he took on the Fylde coast that he decided to apply for a job in the area.

Now the popular medic has worked at Clifton Hospital, St Annes, for 25 years and the staff held a party to celebrate.

He said: “The staff had to keep the party a secret because I don’t like a fuss, but I was shocked and also delighted that they had taken the time to celebrate my anniversary.”

Dr Latt, pictured, was born in Bhurma. He qualified as a doctor in 1982 from the University of Mandalay in Myanmar.

From there he came to London for post graduate studies with the Royal College of Physicians.

He said: “I worked around the country as a young doctor and was inspired by Dr Peter Overstall who was an amazing geriatrician.

“From that moment on, I knew I wanted to work in the care of the older person.”

Dr Latt enjoys the different elements in elderly care and believes that lots of factors come together to care for his patients – medicine, social interaction and friendship.

“All my patients are replacements for my late mum and dad, so that is why I care for them in the way that I do,” he said.

Following a holiday in Blackpool in the early 1990s, Dr Latt was soon inspired by the area and the work of the doctors of the day – including the current Medical Director for Blackpool



Teaching Hospitals NHS Foundation Trust, Prof Mark O’Donnell. He decided to join the team at Clifton and the rest is history.

He added: “I thoroughly enjoy my job here and have for 25 years – I get paid to enjoy myself.

“I came here wanting to treat patients using only medicine, but the fantastic staff here over the years have taught me how to treat patients also using care, compassion and humility.”

Don't lose your **One Moment** to nominate



THERE'S just a few days left to nominate an individual or a team for the annual Celebrating Success Awards.

The awards are massively important to staff and are one of the highlights of the year for the Trust.

They can make a massive and lasting difference to the morale and motivation of a member of staff or a team. To receive a nomination is a great boost and so worth taking that **One Moment** to make such a difference to staff at the Trust.

Outstanding NHS employees are honoured annually at Blackpool Teaching Hospitals NHS Foundation Trust's Celebrating Success Awards ceremony – and we hope patients, carers, relatives and members of the public will nominate staff who have gone above and

08 ISSUE 195

beyond the call of duty to care for patients and their families.

Nominations close at **5pm on Friday, July 26th 2019**, forms for the Patients' Award can be filled in online by visiting the Trust's website at <https://www.bfwh.nhs.uk/about-our-trust/celebrating-success-awards/>

The Judging Panel will then meet on August 8 to decide a winner and two runners up for each category. The shortlist will be announced soon after.

To show what receiving a nomination means to staff, The Celebrating Success team have taken **One Moment** to video past winners, to find out what the awards have meant to them. To see their responses check our social media or click [here](#).

Are you eligible for concessionary parking?

The Trust appreciates that the cost of parking may cause concern for some patients and visitors. In support of this we offer the following concessions at the discretion of the ward manager:

- **A parent/guardian or carer of a child who is an inpatient at the hospital will receive a subsidised parking rate of £3.00 per day for the first 2 weeks (tariff rate £6.00) thereafter free parking**
- **One Relative or Carer of a patient who has been in hospital for 2 weeks will be offered free parking**
- **Haematology/ Oncology patients who are undergoing regular treatment will receive free parking**
- **Relatives/Carers of patients who are at end of life are offered free parking**

The ward manager or nurse in charge should be contacted and will provide an authorised form to the relative/carer or patient to take to the car parking office for issue of a concessionary permit

Please note:

- We also have short stay and drop off spaces across the hospital which give free parking for between 15 minutes and one hour.
- Patients who are receiving benefits may be able to reclaim their travel expenses through the NHS Healthcare Travel Costs Scheme (HTCS). Patients are asked to visit the Ambulance Liaison Desk situated at Outpatients, Women and Children's Unit or at the Macmillan Unit.