

Health Matters

Keeping you informed about the news and views of Blackpool Teaching Hospitals



Bobby backs blooming new garden

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Issue 173 Friday, August 31, 2018

Welcome from the Chief Executive

HELLO and welcome to the latest edition of your Health Matters newsletter.



Our main story this week features the fantastic new garden at Clifton Hospital which was officially opened by comedian Bobby Ball and our Chairman, Pearse Butler. It really is a fantastic new facility for patients, visitors and staff at the hospital and we are so grateful to everyone, including Bobby and staff, who helped raise the funds to make it a reality.

One development that has really caught my eye is the end of treatment bell that we now have on the Oncology Ward. This is something that has been proven to have a positive psychological effect on patients who are ending their cancer treatment as it signifies a new stage for them. The feedback we have had so far has been excellent.

As a teaching hospital one of our main roles is to train the medical staff of the future and I was delighted to see our Cardiac Surgeons provide fantastic opportunities for young doctors to get a unique insight into surgery.

**Wendy Swift,
Chief Executive**

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Health Matters is also available online at www.bfwh.nhs.uk

You can sign up to receive our fortnightly news bulletin directly to your inbox by clicking on the following link: www.bfwh.nhs.uk/healthmatters

Any comments ideas or suggestions? Please contact: the Communications Department, on **01253 953059, 956875 or 953538 or email communications@bfwh.nhs.uk**

New Clifton garden a blooming success

It was a blooming good day at the opening of Clifton Hospital garden.

The Phase 2 Patient Garden at the hospital, was officially opened by comedy legend Bobby Ball.

Together with chairman of Blackpool Teaching Hospitals NHS Foundation Trust, Pearse Butler, the ribbon was cut, officially declaring the garden ready for patients, staff and visitors to enjoy.

Bobby Ball said: "I'm so proud to have been part of this. The finished garden is fantastic. It was all worth it."

Following a visit to Clifton in 2016, Bobby Ball and wife Yvonne decided to raise money for the garden by putting on the variety show at the Lowther Pavilion in February 2017.

This included acts from famous faces including Sally Lyndsey, Ted Robbins and Johnnie Casson. Together with Bob and Yvonne's friends, the event raised £30,000 for the cause.

Yvonne Ball said: "This is the first time I have seen the completed garden. I filled up when I saw it. It is absolutely fantastic."

Funds for the garden were also raised by staff and supported by local businesses.

Trust Chief Executive, Wendy Swift said: "Thank you to everyone who has been involved in the fundraising of this beautiful



Bobby Ball meets staff and representatives from M Bott at the opening of the garden

garden at Clifton Hospital, a place of which we are very proud.

"It will benefit all our patients, staff and relatives for years to come."

Head of Service at Clifton, David Kay, said: "This garden is a fantastic result of a team effort involving staff, volunteers and the local community. The finished result is amazing."

The garden took three months to complete and it was designed and built by local landscapers, M Bott Ltd.



Students given rare insight into surgery

CARDIAC surgeons in Blackpool are giving medical students a unique insight into their roles.

The Trust is offering young medics the chance to experience surgery from expert doctors with students from local universities spending a week under a consultant's wing to experience at first-hand what cardiothoracic surgery is like.

The Trust's Medical Education department set up the programme to enhance the training for medical students at Liverpool University, Lancaster University and the University of Central Lancashire (UCLan).

Deputy Undergraduate Manager, Julie Summers, is responsible for organising the programme.

She said: "We are offering a unique opportunity to students who want the knowledge and experience of a very specific type of surgery. "It is a great opportunity to gain insight into a surgical speciality they otherwise would not experience. The feedback from the students has been very positive and previous students have returned to the Trust for the full Year four academic placements which is fantastic to see".

Cardiothoracic Surgeon, Mr Antony Walker, has been facilitating the course for four years and strives to provide students with real exposure to his speciality.

He said: "This is the first year UCLan students have joined us and this has been a fantastic development to the programme. I enjoy sharing my experience, skills and the unique opportunities cardiothoracic surgery has to offer.

"Even if they decide cardiothoracic surgery is not for them, I believe they've had a successful



Cardiothoracic Surgeon, Mr Antony Walker (centre) with medical students Conor Gillespie and Robyn Bridle

learning opportunity that others haven't.

"I am determined to establish the Lancashire Cardiac Centre as a widely recognised centre of educational and training excellence.

"We couldn't put together such a successful programme without the hard work of the team and everyone involved. The feedback is a reflection of this and shows a truly successful team".

Conor Gillespie, who studies at Liverpool University, enjoyed the opportunity to become a surgeon for a week.

He said: "I was recommended the training by fellow students who have either studied at Blackpool or completed the course.

"I haven't had much exposure to surgery and we have been able to work five days with a consultant, which has been great."

End of treatment bell makes the right noise

A SPECIAL new end of treatment bell installed on the Oncology ward at Blackpool Victoria Hospital is helping cancer patients to call time on cancer and celebrate the end of their chemotherapy treatment.

Thanks to support from UK-wide charity, End of Treatment Bells, cancer patients can now celebrate reaching the end of their treatment by ringing the bell, which has been placed at the centre of the ward.

Oncology Unit Manager, Grace Easton, read about the use and success of treatment bells on the charity's Facebook page and saw how other hospitals have been using them on various cancer units to support patients.

Grace said: "I wanted to have an End of Treatment bell in the unit so patients can celebrate the end of their treatment.

"Completing cancer treatment is a huge milestone to achieve for a person and a big event too for friends and family who are also celebrating the end of a loved one's treatment journey.

"Our staff on the unit are really pleased to



Staff on the Oncology Unit with the newly donated bell

welcome the bell and introduce it to patients.

"It's nice to add some fun for patients who have been going through a very tough time.

"We are very happy to have the bell and hope that our patients will enjoy it too".

The charity relies on sponsorship to fund new bells and many families who have successfully received treatment show their appreciation by donating funds to the charity.

The End of Treatment Bells charity is part of a registered charity (The Maria Watt Foundation – charity number 1118733.

To donate text to 70070 using the code EOTB48 (space) followed by an amount including the pound sign (£1, £2, £3, £4, £5 or £10).

New names for our urgent care services

URGENT care services across the Fylde coast have been renamed in an effort to make things simpler for people living in the area.

The walk-in centre in Whitegate Drive, Blackpool, and Fleetwood Same Day Centre in Dock Street are now both called 'urgent treatment centres'.

The move is part of a national drive to standardise all urgent care services across the UK by December 2019 and make it easier for patients to understand the service offer.

Urgent treatment centres will all offer the same level of service, no matter where they are in the country.

Last year, the Blackpool and Fleetwood services were improved to offer both walk-in and pre-booked appointments in order to meet the new urgent treatment centre standard.

Pre-booked appointments are available by calling NHS111 between 8am and 8pm seven days a week. Previously the same day centre was only available for appointments booked in advance while the walk-in centre did not offer pre-booked appointments.

Speaking on behalf of the Fylde Coast NHS, David Bonson, chief operating officer at NHS Blackpool Clinical Commissioning Group (CCG), said: "Many patients are understandably confused about which part of the NHS offers



which service, and by then relying on A&E they are being treated in the wrong setting.

"This is bad for the local NHS because it puts unnecessary pressure on A&E and other parts of the urgent and emergency care system.

"The new standard brings in a clear and comprehensive offer to patients. Urgent treatment centres are usually a GP led service, open for at least 12 hours a day, every day of the week, every week of the year – including bank holidays – and offering pre-bookable appointments.

"They have access to simple diagnostics such as swabs and pregnancy tests and have access to x-ray facilities, as well as a range of other services. They can also issue prescriptions and e-prescriptions."

Apart from the name changes, there are no further changes planned to the services on offer at the urgent treatment centres or the way they are delivered.

You can learn more on Organ Donation

MEMBERS of the public are invited to attend a free presentation on Organ Donation the latest health seminar for members of Blackpool Teaching Hospitals NHS Foundation Trust.

Lee Coulthard, Organ Donation Specialist Nurse and organ donation champion, Jo Haythornthwaite, will host a seminar entitled Organ Donation – The Truth and the Myths on **Tuesday, September 4, between 10 and 11am** in the **Lecture Theatre, Lancashire Cardiac Centre, Blackpool Victoria Hospital**.

To tie in with the national Organ Donation Week 2018, Lee will be explaining what organ donation is, who can donate and hopefully counter some of the most common misconceptions about organ donation.

She will be joined by Jo who will tell her own very personal story about her experience when she very courageously gave permission to donate her husband's organs to save the lives of others.

Lee Coulthard said: "The decision to donate organs is of course a very personal one, but one that should be made based on facts.

"With a potential change in the law on the horizon to one of an "opt out" basis, it is vital that people are armed with the correct information in order to have a positive and potentially lifesaving conversation with their families about this vital subject."

To book a place on the seminar please contact Lauren Kavanagh in the Membership Office, on



01253 956361 or email lauren.kavanagh@nhs.net. We ask that you sign up to become member of the Trust to attend. Membership can be arranged over the phone.

Membership doesn't cost anything and there are numerous benefits for the Trust and the local community alike, which can be seen on the Trust's website: www.bfwh.nhs.uk. Your application can be received via the website, by post or by telephone.

Lorna's delight at her Cavell Star success



?Lorna receives her Cavell Star from Matron, Stephen Mellers, Ward Manager, Marc Wimperis and Sister Lisa Asher

A TRUST nurse has won a coveted national award after being nominated by her colleagues at Blackpool Victoria Hospital.

Sister Lorna Heath, who works on Ward 11 at the hospital, was presented with a prestigious Cavell Trust Star Award after being nominated by fellow ward Sister, Lisa Asher, in recognition of her commitment to the profession over the last 30 years.

Cavell Star Awards, run by the Cavell Nurses' Trust, are given to nurses, midwives and healthcare assistants who shine bright and show exceptional care to their patients, colleagues and patients' families.

Many people are nominated but there are few

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selected winners.

Lisa said: "Lorna is amazing. She is so supportive of her colleagues and acts as a real mentor for the overseas nurses who come to Blackpool. She is a really caring and compassionate person who we all love."

Lorna received a medal, certificate and badge for winning the award.

She said: "This was a huge surprise and I'm overwhelmed. It is the first thing I have received in 30 years of nursing and I have to admit it is really special.

"It is so nice to be recognised by your colleagues and it means a lot to me."



Blackpool Teaching Hospitals
NHS Foundation Trust



5K FUN RUN AND ZOO TRAIL

12th September
Blackpool Zoo

Registration: 5.00pm – 5.45pm
at Zoo main entrance
Race Start: 6.00pm

£5 for adults (£10 on the day)
£2.50 for children (5-16 yrs)

For more information or Email entries:
Blueskies@bfwhospitals.nhs.uk



hospitals fund

The Charity for Blackpool Teaching Hospitals

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