

Blackpool, Fylde and Wyre Community Dietitians

The Community Dietetic Service was established in 1995. Our aim is to provide an equitable and quality dietary advice service for General Practitioners and primary care teams across Blackpool, Wyre and Fylde. We work closely with our colleagues in the acute hospital service to provide a seamless service for all out Patients

How to refer to a Community Dietitian

Our service can be accessed by sending a standard form available from the department. Please ensure the client **meets our referral criteria** and the form is completed fully. Incomplete referrals will be returned causing a delay in clients being contacted. Please send completed forms to:

**Department of Community Nutrition and Dietetics,
Community Dietitians,
St. Annes Primary Care Centre,
Durham Avenue,
St. Annes, FY8 2EP**

Fax: (01253) 953924

EMAIL: askdietitian@bfwhospitals.nhs.uk

www.bfwh.nhs.uk/communitydietetics

Processing incoming referrals

- Initially, all referrals are screened to see whether they meet our referral criteria and contain sufficient information.
- All clients are then sent an **'opt-in' letter** asking whether they want an appointment to see a Dietitian and are given 2 weeks to reply. Clients who do reply are sent a convenient appointment at a locality clinic of their choice. High priority patients will bypass the opt-in system.

Domiciliary visits

A domiciliary service is **only** available for clients who are confined to their homes and meet the departmental referral criteria overleaf.

Patients who visit their GP service for appointments will not be offered a home visit appointment by the dietitian.

Visits will only be undertaken where absolutely necessary. Advice may be given over the telephone.

EXCLUSION CRITERIA

We do not accept referrals for patients for the following

- Eating Disorders
- Children under the age of 16
- Incomplete referrals which do not have a referring agents name, designation & contact details

Weight management

Weight management services are provided by the local specialist obesity service.

For referral criteria and other queries

Email Asktheweightmanagementteam@bfwhospitals.nhs.uk

We are happy to receive referrals from consenting patients with the following conditions

Diabetes Mellitus

- ◆ Newly diagnosed Type 1 and 2
- ◆ Raised HbA1c and/or Maximum oral hypoglycaemic therapy
- ◆ Commencing new medication or insulin.
- ◆ Struggling with dietary changes

Kidney Disease

- Renal disease managed in Primary Care requiring support with dietary change and lifestyle modification
- All stages of Chronic Kidney Disease

Nutritional Support

Patients who have a completed MUST screen can be referred to the Community Dietitians with a score of 2 or more.
MUST scores are checked before offering an appointment

Care home residents with a Blackpool GP should be referred to their neighbourhood hub for initial advice and assessment.

Client receiving long term oral nutritional supplementation (ONS) can be referred for review and monitoring of nutritional status.

For further information about MUST screening nutritional support, food first, nourishing homemade fluids and lots more see our webpage at

<http://www.bfwh.nhs.uk/our-services/community-services/community-nutrition-and-dietetics/>

Coeliac disease.

All newly diagnosed clients, and those requiring dietary review.

Other Dietary Problems

- Irritable bowel syndrome
- Diverticulitis Disease
- Other Bowel conditions
- Food allergy or intolerance
- ◆ Gout
- ◆ Hypertension/ Lipid lowering /cardiac advice
- ◆ Dietary Deficiencies
- ◆ Anaemia

askdietitian@bfwhospitals.nhs.uk



For non-urgent queries requiring a prompt response, please email your question to the above address and we will respond within two working days.

If you have any comments or suggestions on our service or wish to make a complaint, please contact:

Denise Eggleston team leader community dietetics
St Annes Primary Care Centre, Durham Avenue,
St Annes, FY8 2EP

Tel: 01253 957871,
Fax: 01253 953924

(Revised: January 2018)