

# Health Matters

Keeping you informed about the news and views of Blackpool Teaching Hospitals



## Flutter along to Butterfly Ball

Ball will raise funds for dementia care — Page 3

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**Issue 150, Friday, September 29, 2017**

## Welcome from the Chief Executive

**HELLO and welcome to your latest edition of Health Matters.**



A few days ago we had a very special event for all of the members of staff and volunteers nominated for one of our Celebrating Success Awards.

Citations were read out in praise of each and every one of the people who attended the event. I was humbled to hear the many and varied reasons why people had been nominated for an award. The sheer variety of nominations showed how our staff and volunteers make a huge difference to patients, families and carers every single day. Well done to everyone who was nominated!

In this issue we also have details of a ball which is set to raise funds to enhance care for patients living with dementia. The Butterfly Ball is being organised by staff in their own time and it's a lovely event. I hope many of you will be able to go along and support it.

And finally, we have news of a Macmillan event, a marathon runner, a chance to have your say on health services and recognition for our research team.

**Wendy Swift, Chief Executive**

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**Front page picture: Francesca Hall (right) with founder of the Butterfly Scheme, Barbara Hodkinson**

**Health Matters is also available online at [www.bfwh.nhs.uk](http://www.bfwh.nhs.uk)**

**You can sign up to receive our fortnightly news bulletin directly to your inbox by clicking on the following link: [www.bfwh.nhs.uk/healthmatters](http://www.bfwh.nhs.uk/healthmatters)**

**Any comments ideas or suggestions? Please contact: the Communications Department, on 01253 953059, 956875 or 953538 or email [communications@bfwh.nhs.uk](mailto:communications@bfwh.nhs.uk)**



# Time for Butterfly Ball

A CHARITY evening is being held this December, following its success last year.

The Butterfly Ball is being organised by Trust nurse and Dementia Champion, Francesca Maria Chiappe Hall and Clinical Change Facilitator, Andrew Goacher.

The proceeds from the event will go to the Trust's charity, Blue Skies Hospitals Fund, for its Peace of Mind appeal which aims to enhance the care of patients living with dementia. The ball is inspired by the Butterfly Scheme — a national initiative to identify patients living with dementia in a sensitive way — founded by Barbara Hodkinson.

Francesca said: "Last year's ball was fantastic. We had brilliant feedback and lots of support. We want this to continue as an annual event so that we can raise money to make all areas of the hospital dementia friendly, including the development of a dementia-friendly garden at the Blackpool Victoria site. We need as much support from people and businesses as possible."

Andrew said: "Dementia affects so many people, both directly and indirectly. We are making every effort to ensure that these patients have the best possible experience while under our care by

ensuring that the environment is safe and dementia-friendly."

Entertainment will be provided by Touch the Pearl. There will also be a raffle, a photographer, games, a special Blue Skies cocktail and a butterfly-themed pudding. Guests will be greeted by special 'Butterfly Girls' courtesy of My Stage Company. The evening will be hosted by DJ, Paul O'Brien and Trust Communications Officer, Alma Stewart — both former Pontin's Bluecoats.

The ball is being held in the Royal Suite of The Hilton in Blackpool on Friday, December 1, at 7pm. Tickets cost £40 and are available from the Blue Skies office on the main corridor at Blackpool Victoria Hospital and Ward 3 at Clifton Hospital, Pershore Road, Lytham St Annes.

If you would like to help with raffle prizes, sponsorship or in any other way, please email: [francescamariachiappehall88@hotmail.co.uk](mailto:francescamariachiappehall88@hotmail.co.uk) or [Andrew.Goacher@bfwhospitals.nhs.uk](mailto:Andrew.Goacher@bfwhospitals.nhs.uk) You can also get updates by following @teambutterfly0 on Twitter and teambutterfly26 on Instagram and a Facebook page is going live soon.

**Main photo: Andrew Goacher, Francesca Hall, Alma Stewart and Paul O'Brien.**

# Event in honour of staff who go the extra mile

HIGHLY dedicated members of staff and volunteers nominated in the Trust's Celebrating Success Awards scheme received certificates at a special ceremony at Blackpool Victoria Hospital.

It has been yet another record-breaking year for the awards scheme with more than 500 nominations, including 200 nominations from patients. Winners and runners up for each award category will be announced at the Trust's awards night. Here is a selection of photographs from the event. All of the photographs can be viewed on the website — [www.bfwh.nhs.uk](http://www.bfwh.nhs.uk)



**Cancer Services team hosts cake competition**

**Macmillan  
‘Cake Off’  
funds will  
boost care**



Members of the Cancer Services team at the coffee morning

A ‘CAKE OFF’ competition and Coffee Morning at Blackpool Victoria Hospital raised funds for Macmillan Cancer Support.

The event was organised by the Trust’s Cancer Services team and hospital volunteers.

Karen Kay, a shift manager in Emergency Department at Blackpool Victoria Hospital, was the winner of the Cake Off with her M&Ms cake.

Karen said Macmillan had supported her family when her much-loved stepdad Granville Bridge was ill.

She said the entire team was "brilliant". Christine Jesson from Carleton and Apryl Jesson from Blackpool were just two of the visitors who enjoyed the cakes earlier on Monday morning.



Christine Jesson and Apryl Jesson enjoying the M&Ms cake



The winning M&Ms cake



Karen Kay with her award-winning M&Ms cake



## Lucky 13 for Carmel

A BLACKPOOL runner completed her thirteenth marathon in aid of the Trust's charity.

Carmel Sullivan, 51, ran the Berlin Marathon to raise money for Blue Skies Hospitals Fund's Heart of Gold Fund, for the Lancashire Cardiac Centre, in memory of her partner Mick Edge's father George who sadly died in the Cardiac Intensive Care Unit (CITU), based at Blackpool Victoria Hospital, in April.

Carmel was delighted as she ran the marathon in three hours, 17 minutes and 35 seconds — her fastest time in six years.

In thanks for the care George received on the unit, Carmel said she wanted to raise money for the centre.

She said: "After my partner Mick's dad George sadly died, I knew straight away that I wanted to give something back for the excellent care he had received. I had always wanted to run the Berlin Marathon and thought it was the perfect opportunity to raise money for the unit."

Mick is also a runner, but due to an injury, he has currently hung up his marathon trainers.

He said: "Everyone on the CITU (Cardiac Intensive Care Unit) was fantastic. They were all crying when dad passed away. They kept us all informed every step of the way and they tried every avenue to save dad but he sadly passed away on April 3 this year. The team were the 'Premiership' of care."

Interim Head of Fundraising, Ann Hedley, said: "I'm always humbled by people who turn their own misfortune into something so positive.

"Obviously, Mick and Carmel have suffered a sad loss and yet they have taken the dedication of the staff who looked after George on board and Carmel decided to take on the challenge. We want to thank Carmel for thinking of other patients and their families. The monies raised will go towards providing additional equipment and services outside of the NHS remit."

You can still sponsor Carmel by visiting: <https://www.justgiving.com/fundraising/michael-edge1>.

The BMW Berlin Marathon was held on September 24.

**Main picture: Carmel Sullivan and Mick Edge.**

# Give us your views on local health services

PEOPLE can share their views on local NHS services during October with day and evening drop-in sessions planned to take place across the town.

NHS Blackpool Clinical Commissioning Group (CCG), the organisation that 'buys' and plans health services across the town, is once again running its drop-in sessions to give people the chance to share their experiences (good or bad), about the services they receive.

The sessions are usually held during working hours but following feedback from some members of the public, an additional evening session has now been planned to give more people an opportunity to share their views.

This dedicated evening session will be held at Sainsbury's Supermarket on Talbot Road. The sessions are an ideal opportunity to provide feedback on a recent experience of an NHS service or give views on the CCG's plans and priorities.

The sessions operate on a drop-in basis and so there is no need to make an appointment. Simply visit one of the below locations at the specified time:

- Tuesday, October 10, 10am - noon, Central Library, Queen Street, FY1 1PX
- Thursday, October 12, 11am - 1pm, Anchorsholme Library, Luton Road FY5 3RS
- Monday 16 October, 6pm-7pm, Sainsbury's Supermarket, Talbot Road, FY1 3AJ

Dr Amanda Doyle, a Blackpool GP and Chief Clinical Officer at NHS Blackpool CCG, said: "Good or bad, we really value the views of



Dr Amanda Doyle

Blackpool residents and want to make sure that everybody has an opportunity to share theirs with us.

"The Your Voice sessions are an ideal opportunity to talk face-to-face with a member of our engagement team.

"All of the views and experiences gathered will help us to make sure that Blackpool residents receive services of the highest standard, now and in the future."

If you are unable to attend one of these planned sessions but would like to share your views on local services you can do so via the CCG's website at: [www.blackpoolccg.nhs.uk/yourvoice](http://www.blackpoolccg.nhs.uk/yourvoice)

# Research team adds to leading paper

BLACKPOOL Teaching Hospitals NHS Foundation Trust contributed to a national research project that won a prestigious British Medical Journal (BMJ) award.

The Trust's Research and Development team worked on the study which looked at the value of using certain antibiotics for patients with asthma. Researchers from the Trust contributed to the study which was led by Imperial College, London.

The AZALEA (Azithromycin for Acute Exacerbations of Asthma) clinical trial won the 'UK Research Paper of The Year' category of The BMJ Awards 2017 in London, after careful selection by the judging panel.

Dr Tarek Saba, a respiratory consultant for the Trust, said: "The study looked at whether specific antibiotics could help patients with asthma.

"We wanted to see if routinely prescribing antibiotics would improve patients' treatment and outcomes. It was a very well run and well organised study. The study found that prescribing antibiotics didn't make any difference so we now have strong evidence to say that we shouldn't be routinely be giving patients antibiotics.

"It won the 'Paper of the Year' which is fantastic. As a respiratory research department, we were one of many hospitals around the country



Michelle Stephens

contributing data. We are thrilled and delighted that we were part of this high quality study.

"It gives us a strong sense of satisfaction that the data we have produced is of such a high quality and that the paper has had such a successful outcome."

Judith Saba, the research nurse who coordinated the trial at Blackpool Victoria Hospital, said: "The result of the trial is important because we work with people who have chronic lung disease. It's good to have this new information."

Philomena Shooter, a research nurse who worked on the trial, said: "We screened a huge amount of patients to see if they could participate in the study. It was hard to find patients who would be suitable. It answered a very important question about antibiotics."

Michelle Stephens, Manager of the Trust's Research and Development department, added: "We would like to thank all of the patients who took part in this study and by taking part they have contributed to us having improved knowledge that routinely prescribing antibiotics does not make any difference patients' treatment and outcomes.

"Without our patients these developments cannot be made."



# The Butterfly Ball 2017

**The perfect night for your Christmas Party**  
**Winter Wonderland theme**

Friday 1st December 2017 – 7pm til late – The Hilton Hotel Blackpool  
 Three course dinner, DJ, Photographer, Games & Raffle  
 Dress Code: Black Tie or Lounge Suit / Ball Gown or Cocktail Dress



Live Music from  
 Blackpool's  
 premier band  
*Touch the Pearl*



Tickets: £40 per head  
 inc. entry into exclusive  
 prize draw  
 For more information  
 and tickets call  
 Blue Skies Hospitals Charity  
 on 01253 957381



Raising money to support the Blue Skies' Peace of Mind Dementia appeal, enhancing care for patients with Dementia

Charity number: 1061670