

Stoma Care Assessment Guide for Patients

Always ring a stoma care nurse with:

- Bleeding persistently from stoma
- New swelling of the stoma
- Ulceration on stoma
- Change in stoma colour from usual
- Prolapse – increased length of stoma
- Trauma / injury to stoma
- Continuous diarrhoea for more than three days (colostomy)
- Change from usual bowel function pattern (colostomy)
- No output for 4-6 hours together with abdominal pain / nausea (ileostomy)
- Liquid output and increased volume of more than 1000mls in 24 hours (ileostomy)
- Blood in urine or no urine (urostomy)
- Very dry or wet skin which stops the bag sticking
- Scaly, irritated itchy skin or rashes
- Weeping, smelly discharge or pus from skin
- Lumps or bumps or bleeding from the skin
- Ulceration on the skin
- Pain or discomfort to the skin
- New bulge or lump around the stoma (hernia)
- Appliance not sticking to the skin properly

Also if you:

- are new to the area
- are admitted to hospital with a stoma related problem
- have a change of stoma prescription needs
- are unable to care independently for stoma
- need advice on stoma management / function
- need advice around long term / existing skin problems
- have change in colour of urine (urostomy)

The team can be contacted on:-
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