

Health Matters

Keeping you informed about the news and views of Blackpool Teaching Hospitals



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Issue 129, Friday, December 9, 2016

Welcome from the Interim Chief Executive

HELLO and welcome to your Health Matters newsletter.



As many of us are making plans for a fun filled Christmas and looking forward to the festivities we are asking you a spare a thought, and a gift, for those less fortunate.

Our charity, Blue Skies Hospitals Fund, has launched an appeal to try to provide a Christmas present for every patient in Blackpool Victoria and Clifton Hospital on Christmas Day. This is a massive undertaking as we expect to have around 800 people staying with us over the festive season. To make a difference, all you need to do is pick up an extra present while doing your Christmas shopping and we will do the rest. Full details are on Page 8.

We have also teamed up with the Salvation Army and Co-op stores to help local vulnerable people this Christmas.

We are putting together emergency food parcels to help support people who, for whatever reason, may need this provision especially over the Christmas period. For full details on how you can help see Page 7.

Wendy Swift,
Chief Executive (Interim)

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Blue Skies Hospitals Fund has launched its Christmas Present Appeal with The Gazette, Blackpool, and is appealing to the local community to support the charity to put a smile on the faces of those who are in hospital on Christmas Day.

Health Matters is also available online at www.bfwh.nhs.uk

You can sign up to receive our fortnightly news bulletin directly to your inbox by clicking on the following link: www.bfwh.nhs.uk/healthmatters

Any comments ideas or suggestions? Please contact: Ingrid Kent, Communications Department, on 01253 956 875 or communications@bfwh.nhs.uk

How NHS staff have been Going for Gold



The Patient Tracker Team

GOLDEN stars of the health service were honoured in the 10th annual Celebrating Success Awards organised by Blackpool Teaching Hospitals NHS Foundation Trust.

This year's event broke all records with more than 450 entries including 150 in The Gazette's Patients' Award category which sees people who have received treatment nominate both clinical and non-clinical staff.

The event had an Olympic theme of 'Going for Gold' and the finalists truly shone.

Funded entirely by generous sponsors, the ceremony was held in the Empress Ballroom at the Winter Gardens in Blackpool on Friday, November 25, and included staff from across the Fylde

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coast and North Lancashire. Wendy Swift, Chief Executive (Interim) of the Trust, said: "Our Celebrating Success Awards recognise the exceptional work that is carried out by our staff.

"We are privileged to have these highly committed members of staff who strive for excellence and are constantly working to provide the best care possible for our patients."

Chairman of the Trust, Ian Johnson, added: "This year's winners demonstrate the breadth of talent within our Trust.

"I wish to congratulate all of our finalists for their dedication to patient care and for constantly striving to improve the services we provide."

Clinical Team of the Year

Winner - CT Department
Runners-up - Emergency Department and the Early Supported Discharge

Non Clinical Team of the Year

Winner - Patient Tracker Team
Runners-up— Corporate Bench and e-Rostering team and the Catering Department

Unsung Hero

Winner - Adam Dugdale
Runners-up - Natalie Davidson, Sharon Vickers and Sharon Ellis

Innovation and Service Improvement

Winner - The Extensive Care Service
Runners-up - Alex Murphy and the Fylde and Wyre Falls Car

Together We Care

Winner - Anthony Freestone
Runners-up - Dr Peter Hayes and the Specialist Continence Service and Home Delivery Team

Employee of the Year

Winner - Dr Venu Kollipara
Runners-up - Rachel Ebert and Gill West

Golden Heart

Winner - Ruth Boardman and Rena Shanahan
Runners-up - Paul Tilling and Mr Andrew Duncan

Patients' Award

Winner - Mr Jawad Islam
Runners-up - Ward 7 (now part of Ward 15B) and the District Nursing Team, Lytham

Chairman's Award

Winner - Anthony Freestone
Runners-up - Alex Murphy and Mr Andrew Duncan



All dressed for yuletide



Workers from Barton Grange install the tree



BLACKPOOL Victoria Hospital has taken on a really festive look as a 20 foot tree has taken pride of place in the Main Entrance.

The tree and decorations were kindly donated by Barton Grange Garden Centre, Preston who have been associated with the Trust for many years.

Kath Robinson, manager of Christmas Installations at the garden centre, said: "The hospital entrance hall is an appropriate place to have a Christmas Tree because it makes people smile.

"In a way it also helps with patient care because it brings joy to people who see it. As a local company we like to help our community and we are delighted to be able to do this for our local NHS."

The artificial tree is built in situ and this year the theme is winter wonderland with snow, white decorations and illuminated deer.

Facilities Manager, Sandra Rudd, said: "This is the third year we have been lucky enough to be given a tree display from the garden centre. Our patients, visitors and staff benefit from such a lovely display over the Christmas time."

Barton Grange also donated two more trees to the Trust – one in the outpatients department and the other to the Blue Skies Hospital Charity's Tree of Lights Remembrance Service.



Kath Robinson

Clifton fair raises cash for care

CLIFTON hospital's Christmas fair raised more than £2,500 for patient care.

With stalls including Christmas gifts, crafts, books, cake and chocolate, visitors enjoyed a variety of festive entertainment too.

The Soundwaves choir performed Christmas carols to the crowd and there was a popular tombola and a raffle – with a host of local businesses providing fantastic prizes.

Local comic Bobby Ball attended with his wife Yvonne and Councillor Brenda Blackshaw also popped in to show her support.

Clinical matron at Clifton, Courtney Bickerdike, said: "I want to say a big thank you for everyone's generosity and support.

"The support from local business was amazing and their kind raffle prize donations played a big part in the amount we raised. As ever, the staff worked above and beyond to put such a great day together. It was a great turnout."



Brian Foster and David Rafferty act as Santa's Elves at the Clifton Christmas Fair

Christmas event success

A CHRISTMAS fair at Blackpool Victoria Hospital this week also proved to be a roaring success.

Once again, there was a wide variety of stalls selling Christmas gifts and crafts with a wide selection of tasty treats on offer. There was plenty for the youngsters to do as well with the chance to meet Santa and Elsa from Frozen. The winner of Lytham's Got Talent, Jade Leigh, wowed the crowds with her stunning voice. Medical students at the hospital were praised for their support.



Food packs to help patients



Andrew Heath with Co-op team leader Lisa Wildman and Beverley Taylor

THE Trust is teaming up with the Salvation Army and Co-op stores to help local vulnerable people this Christmas.

The Trust is asking staff and the public to donate food at a special event at Blackpool Victoria Hospital on December 13.

In addition, the Co-op are making provision for food to be donated at two of their Blackpool stores and are providing additional items to make up food packs.

The packs, which will consist of items with a good shelf life such as tinned food and pasta, will be handed out to Trust patients at Blackpool Victoria and Clifton Hospital who are discharged over Christmas and New Year and may have difficulty buying groceries.

Food will also be donated to the Salvation Army's Bridge Project which helps and supports the most vulnerable in the local community.

Leading the campaign is Blackpool Teaching Hospital's Head of Patient Experience, Andrew Heath.

He said: "It is fantastic that we are able to once more support the Salvation Army Bridge project.

"We will also ensure that our patients are being

discharged safely with the knowledge that we have been able to go the extra mile and provide additional nutritional support.

The Co-op's area manager, Zoe Holden, said: "As a community retailer, we're delighted to be helping Blackpool Teaching Hospital and the Salvation Army this Christmas.

"Our customers are always keen to support local causes and we're sure they'll be eager to donate essential food items while in store this December."

Beverley Taylor, Bridge Project Manager, said: "It is fantastic to partner with the Trust and the Co-op to support people in food poverty.

"Our emergency food parcels will help support people who, for whatever reason, may need this provision especially over the Christmas period."

A food drive will be held on the mezzanine level of Blackpool Victoria Hospital from 11am-2pm on December 13, with help and advice from Age UK, The Samaritans, Mental Health Helpline, Lancashire Fire and Rescue and Lancashire Constabulary as well as a Listener booth.

Food can be donated at Co-op, Coastal House, 9 Abingdon St, Blackpool FY1 1DG and Co-op, 108 Normoss Road, Normoss FY3 8QP until December 18.



Plea for festive gifts

BEING in hospital at Christmas is not the ideal present for anyone but unfortunately for around 800 people this year they will be staying with us over the festive season.



a present on Christmas Day.

It's natural to just think of children, but the truth is that the majority of patients in hospital, during winter are over the age of 50.

Blue Skies Hospitals Fund has just launched its Christmas Present Appeal with The Gazette, Blackpool, and we hope that our local community will, once again, support us to put a smile on the faces of those who are in hospital on Christmas Day. Some of those gifts will last the whole year and all will be much treasured.



In fact, of the 682 patients who woke up on hospital last Christmas, 601 were aged above 51 and just 29 were aged 21 or under.

Smyths Toys has kindly offered to donate some toys for the younger patients in hospital, therefore the main focus of this appeal is to try to put a smile on the faces of those older patients in hospital, making sure they're not forgotten about.

Blue Skies relies on the generosity of supporters all year round. Through your donations they make a huge difference to our community and to the people who provide care, research and holistic support.

To make a difference, all you need to do is pick up an extra present while doing your Christmas shopping, bring it unwrapped to the M&S shop or Blue Skies office at Blackpool Victoria Hospital or reception at Clifton Hospital and the hardworking staff there will do the rest.

The aim of this appeal is for every patient in Blackpool Victoria and Clifton Hospital, to receive

The blood you donate gives someone
another chance at life.

**GIVE THE GIFT OF LIFE
DONATE BLOOD**



Blood Donor Sessions

Patients need blood 365 days a year so the Blood Service is asking for everyone to consider giving blood this winter. Don't just leave it to someone else. Make a date to donate. The following sessions will be taking place in December.

Friday, December 9

Community Centre
Cleveleys
1.45pm - 3.45pm and 4.45pm - 7.15pm

Wednesday, December 14

The Great Hall at Mains
Little Singleton, Poulton le Fylde
1.45pm - 3.45pm and 4.45pm - 7.15pm

Friday, December 16

Scout and Guide Hut
Bispham, Blackpool
1.50pm - 4pm and 5pm - 7.30pm

Monday, December 19

St Anne's YMCA
St Anne's
1.45pm - 3.45pm and 4.45pm - 7.15pm

Thursday, December 22

Millfield School
Thornton Cleveleys
10am - 12.30pm and 1.45pm - 3.45pm

Wednesday, December 28

St Pauls Church
Marton, Blackpool
10.30am - 12.30pm and 1.45pm - 4pm

Thursday, December 29

Sea Cadets Hall
Fleetwood
10.30am - 12.30pm and 1.45pm - 4pm

Thursday, December 29

St Oswald's Parish Church
Preesall
10.15pm - 12.30pm and 1.45pm - 4pm

Friday, December 30

Community Centre
Kirkham
10.30am - 12.30pm and 1.45pm - 4pm

**You can also call 0300 123 23 23 or
visit www.blood.co.uk**

Save a life, give blood

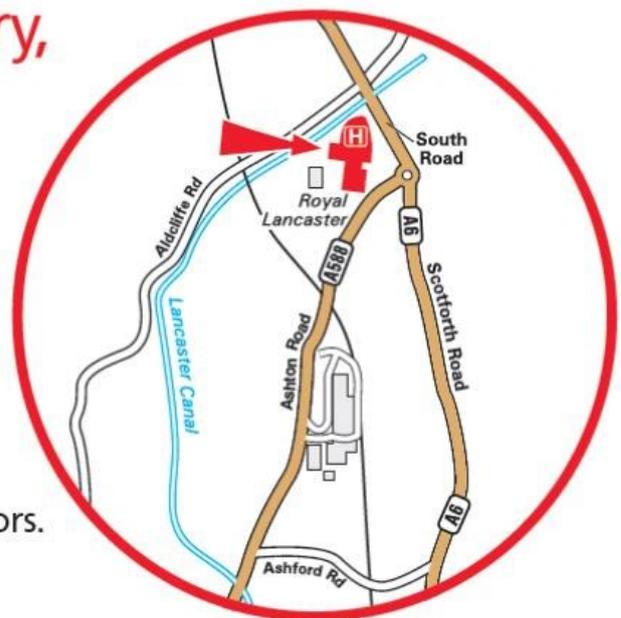
Each blood donation can help save or improve the lives of up to 3 people.

You can donate blood at:

Lancaster Donor Centre

Royal Lancaster Infirmary,
Ashton Road,
Lancaster, LA1 4RP.

- Open Monday to Friday.
- Appointments are available between 08.50 and 19.45.
- Centre is inside the Lancaster Royal Infirmary.
- Free parking is available for blood donors.
- Free Wi-Fi access.
- Refreshments provided after donation.



Book an appointment
visit blood.co.uk
or call **0300 123 23 23**