

Health Matters

Keeping you informed about the news and views of Blackpool Teaching Hospitals



Keeping an eye on the service

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Issue 117, Friday, June 24, 2016

Welcome from the Interim Chief Executive

HELLO and welcome to our latest edition of the Health Matters newsletter.



We have been saying a special thank you to our team of volunteers this month who do a sterling job helping to keep the hospital running smoothly.

Our volunteers are a vital link between the services we provide and the patients we serve and we are always on the look-out to recruit more people to help provide this important role.

This month we are also appealing to cancer patients and carers to share their views on cancer services at a Word Café Listening Event.

Sponsored by Macmillan Cancer support, the event is being hosted by ourselves with the support of the local Blackpool and Fylde & Wyre Clinical Commissioning Groups and Blackpool Council.

Views and ideas gathered at the event will help influence the way in which services are provided on the Fylde coast.

Wendy Swift,
Interim Chief Executive

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Health Matters is also available online at www.bfwh.nhs.uk

You can sign up to receive our fortnightly news bulletin directly to your inbox by clicking on the following link: www.bfwh.nhs.uk/healthmatters

Any comments ideas or suggestions? Please contact: Communications Department, on 01253 956 875 or communications@bfwh.nhs.uk

Double joy for sisters

Kelly with baby Riley, right, and sister Samantha, with baby Issac



WHEN sisters Samantha Emery and Kelly Wareing joked that their babies would be born on the same day little did they realise that it would become a reality.

Both sisters gave birth on February 23 at Blackpool Victoria Hospital within six hours and a few minutes of each other – the first time two sisters are known to have given birth on the same day at the hospital.

The sisters were both cared for in adjacent beds in the Delivery Suite and they had the same midwife throughout their pregnancies.

Samantha, 28, and Kelly, 24, from Fleetwood, said they were amazed and delighted that their boys were born on the same day. Riley weighed 6lbs and 4oz and Issac weighed 6lbs and 2.5oz.

Samantha's due date was March 11 but her baby had to be induced on February 20 for medical reasons. She didn't actually give birth until 3.58am on February 23.

Kelly had a Cesarean Section on February 23 and gave birth to Riley at 9.51am.

Samantha said: "It was amazing. The odds were 125,000 to one! The staff made sure we were

together in the Delivery Suite. They were great."

Kelly said: "It's special that the boys share the same birthday. They will go to the same school and be in the same class. It's crazy. It feels like we've always had them."

Samantha said they had received great care at the hospital. She said: "Our midwife, Catherine Anderton, was wonderful. We could not have asked for a better midwife."

The former Fleetwood High School pupils said their mum, Trish Wareing, still couldn't believe it.

Kelly said: "All the way through our pregnancies she was joking that they'd be born on the same day. She went from having three grandchildren to five in one day. She sits between them going 'oh, oh!'"

Samantha is married to Greg and has three other children: Luke, seven, Skye, five and Ethan, three. Kelly is engaged to her fiancée Simon Young and Riley is her first child.

Moira Broadhead, Delivery Suite Manager, said: "We are delighted for Samantha and Kelly. It is unusual for two sisters to give birth in the same hospital on the same day."

Eye service marks 100 years



Marcia Morrell from the National Artificial Eye Service with patient, Mario Thompson

AN open day to mark 100 years of a Fylde coast organisation attracted visitors from far and wide.

The National Artificial Eye Service based on Bristol Avenue, Bispham, held the first of two open days it is hosting this summer to mark its centenary year and patient Mario Thompson travelled from Oxford to see the work of the specialists at the centre.

Mario, who is totally blind, enjoyed a tour of the site with his wife Judith and was given a talk about the history of the service.

He said: "I was brought up in India and had a glass eye when I six years old.

"That was a million miles away from the eyes that are made here and when I heard there was an opportunity to come and visit where they are made I was really happy to come."

Helen Lever, Operations Manager for the service, said: "We wanted to give people the opportunity to see what we do here and give some of our patients the chance to go behind the scenes."

The NAES dates back to the First World War and was originally known as 'The Army Spectacle Depot'.

However, as injured soldiers returned from the front the focus changed to the provision of artificial eyes for wounded and blinded men.

Until shortly after the Second World War the provision of artificial eyes was only available to service personnel and war pensioners, but with the arrival of the National Health Act in 1948, the specialised treatment involved was extended to all qualifying NHS patients.

Manufacturing of artificial eyes takes place in the Blackpool HQ.

Teams of technicians take the wax models and specifications provided by the Orbital Prosthetist (OP) and turn them into an artificial eye which matches the patient's natural eye.

The Service is hosting another open day on July 29. If you would like to attend please email info@naes.nhs.uk and leave your contact details.

Diana De Gilio, centre, with Sandra Peet, left and Nicola Seymour



A LOTTERY winner, whose cousin's wife survived bowel cancer, has donated £10,000 to a support group based at Blackpool Victoria Hospital.

Diana De Gilio, 70, who won £1m on the lottery, wanted to support Sandra Peet's bowel cancer support group, Phoenix, with a cash donation.

Her cousin Brian and his wife Sandra, from Kirkham, are both founding members of the Phoenix Bowel Cancer Support Group.

Diana won the EuroMillions Mega Friday on May 27 while on a visit to Britain from her home in New Zealand and her first charity gift was presented to the Phoenix group on June 15, at the hospital.

Diana said: "I knew what Sandra had been through and I knew they had this group going. People go through hell so it's good that the group is there for them."

Sandra, a founding member of the Phoenix group

which has been in existence since March 2015, said: "I just can't believe it – the fact that Diana has thought to give us this donation is amazing. It will make a big difference to the group as we are all volunteers. We have more than 30 members."

Brian said: "It's wonderful. Diana is the sort of person who likes to go out and have a good time and she wants others to have fun as well. This gift is something special and it's something for us to build on."

Diana, who has three daughters, seven grandchildren and seven great-grandchildren, sold her house, her car and everything else she owned in 2001 to hit the road to tour New Zealand in a camper van.

Phoenix founder member, Nicola Seymour from Blackpool, added: "I'm excited and overwhelmed by Diana's generosity. I'm still in shock that someone from New Zealand who has won the lottery is doing this for us."

Praise for our band of helpers

HUNDREDS of Fylde coast volunteers working across the NHS have been praised for their help within the organisation.

Blackpool Teaching Hospitals NHS Foundation Trust has more than 400 volunteers covering a wide range of roles and Interim Chief Executive, Wendy Swift, paid tribute to them as the Trust celebrated National Volunteers Week.

She said: "Our volunteers are an essential part of the Trust and help maintain vital links between services and the people of the Fylde coast.

"We are fortunate to have the support of a large and committed number of volunteers who do outstanding work to support the Trust and whose connection with their community gives a greater understanding of the people we serve."

The Trust has volunteers covering a host of areas including their successful 'navigators' who direct patients and visitors around the Blackpool Victoria and Clifton Hospital sites. Other roles include health mentors, hospital radio presenters, patient panel members and general ward helpers.

The Trust is always looking to recruit new volunteers and is currently looking for more navigators and people to work in a shop that is being built in the new outpatients area at Blackpool Victoria Hospital.

Jane Icton, Volunteers Co-ordinator at the Trust, said: "We are building a new shop which



Volunteers Valerie Flaherty, Jess Dowd and Mags Kelly with Voluntary Services Officer Catherine Henshaw

will raise money for our Blue Skies Hospitals Fund charity.

"We need people who will be able to work in the shop on a regular basis and would love to hear from as many people as possible who feel they could offer a few hours a week."

One volunteer is Valerie Flaherty who worked in the NHS for more than 40 years before retiring recently.

She said: "I loved working in the NHS and after I retired I felt there was something missing so I offered to volunteer and I absolutely love it. It is nice to give something back but it also gives me something as well."

National Volunteers Week highlights the fantastic contribution made by millions of volunteers across the UK.

If you would like further information on how you can become a volunteer please contact the team on 01253 957994 or email volunteers@bfwhospitals.nhs.uk with your contact details. All volunteers must be aged 18 or over, though for some roles the minimum age is increased to 25 or over.

Have a say on cancer



David Buckle (centre) giving his views at the previous cancer listening event

CANCER survivors and carers are urging Fylde coast residents to have their say on cancer services.

David Buckle from South Shore in the resort is one of a number of cancer patients who want others to join them at a special 'World Café Listening Event'.

David, who is receiving treatment for prostate cancer from Blackpool Teaching Hospitals NHS Foundation Trust, described a previous 'listening' event in 2015 as "wonderful".

The event will be held at a venue (yet to be announced) in Blackpool on Monday, July 11. There will be two sessions, one starting at 1.30pm and another at 4.30pm. Refreshments will be served to allow all participants to get together between the sessions.

David said: "I would definitely encourage people to go – most certainly!"

"It is good to be able to share your views. The last meeting was wonderful. A trouble shared is a trouble halved.

"A lot of people were at the last meeting. I got up and made a speech to say the meeting had been excellent.

"The meeting will be good for carers too. These people's needs should also be recognised."

Sponsored by Macmillan Cancer support, the event is being hosted by Blackpool Teaching Hospitals with the support of Fylde and Wyre Clinical Commissioning Group, Blackpool Clinical Commissioning Group and Blackpool Council.

Deborah Loftus, Lead Nurse for Cancer and End of Life Care at Blackpool Teaching Hospitals, said: "All participants will be invited to speak and listen because the experience of patients and carers is very important to us."

Views and ideas gathered at the event will help to influence the way in which services are provided on the Fylde coast.

If you would like to take part in the World Care Listening Event please contact Marion Bennie, Cancer Improvement Facilitator at Blackpool Teaching Hospitals, on 01253 953 365 or email marion.bennie@bfwhospitals.nhs.uk



Crash mum thanks hospital heart team

A MUM-of-one whose life was turned upside down in a tragic accident two years ago has made a generous donation to a hospital charity in thanks for the lifesaving care she received.

Sandy Nevinson was walking her dog with her cousin Jess Quayle near their homes in Ulverston, Cumbria, in July, 2014, when the pair were struck by a car.

The impact killed Jess, 19, and left Sandy, who was 25 and working as a beauty therapist at the time, with life threatening injuries.

Sandy's mum Stephanie explained: "Sandy was airlifted to Preston and it really was touch and go – we needed to find a specialist who would be able to take care of her. We didn't think anything could be done to save her.

"She had a lot of injuries, including an aortic transection, which is a tear in her heart, her pelvis was fractured at the front and at the back, and she had broken her femur."

Cardiothoracic Consultant Andrew Duncan, who works at the Lancashire Cardiac Centre based at Blackpool Victoria Hospital, stepped in to perform Sandy's life-saving heart surgery, and repairs were made to her leg while she was undergoing the operation.

Stephanie, 48, said: "If it wasn't for Mr Duncan or the North West Air Ambulance, Sandy wouldn't be here. We are so grateful to them for saving our daughter."

Each year the community of Ulverston gathers for a charity fashion show, in aid of a local charity selected by the Traders' Association.

Following Sandy's accident and recovery, the Association chose to raise money for the North West Air Ambulance and for the Heart of Gold Charitable Fund at Blackpool Teaching Hospitals NHS Foundation Trust – a charity fund managed by Blue Skies Hospitals Fund which raises money to enhance patient care at the Lancashire Cardiac Centre.

NOTICE OF ELECTION

Blackpool Teaching Hospitals NHS Foundation Trust Election to Council of Governors

Constituency	Number of Governors to be elected
PUBLIC	
Blackpool	Four
Fylde	One
Lancashire and Cumbria	One
Wyre	Two
STAFF	
Clinical Support	One
Community Health Services (North Lancashire)	One
Medical and Dental	One
Nursing and Midwifery	Two

- Nomination forms can be obtained from the Returning Officer from Tuesday, 21st June 2016, between the hours of 9 am to 5 pm:-
 - via email at:- members@bfwhospitals.nhs.uk;
 - via telephoning:- the Membership Office on 01253 956673;
 - via post from:- The Returning Officer, Corporate Assurance, 1st Floor Main Entrance, Blackpool Teaching Hospitals NHS Foundation Trust, Whinney Heys Road, Blackpool, FY3 8NR.
- Completed nomination forms must be returned to the Returning Officer by 5 pm on Thursday, 7th July 2016:-
 - via email at:- members@bfwhospitals.nhs.uk;
 - via post from:- the above address.
- Should any nominee wish to withdraw their nomination, they must submit this in writing to the Returning Officer by 5pm on Tuesday, 12th July 2016.
- Ballot papers will be distributed to qualifying members on Wednesday, 27th July 2016.
- Completed ballot papers must be received by the Returning Officer, at the above address, by 5 pm on Tuesday, 16th August 2016.
- Ballot boxes will be available at the following sites:-
 - Queen Victoria Centre, Thornton Road, Morecambe, LA4 5NN
 - Gillow District Nursing Offices, Slyne Road, Lancaster, LA1 2HT
 - Garstang Medical Centre, Kepple Lane, Garstang, PR3 1PB
 - Clifton Hospital, Pershore Road, Lytham St Annes, FY8 1PB
 - Lytham Primary Care Centre, Warton Street, Lytham, FY8 5EE
 - Fleetwood Health and Wellbeing Centre, Dock Street, Fleetwood, FY7 6HP
 - Main Reception, Blackpool Teaching Hospitals, Whinney Heys Road, Blackpool, FY3 8NR.

If you require a pre-paid envelope to return your completed nomination form in, please contact the Membership Office via email at: members@bfwhospitals.nhs.uk or by telephoning 01253 956673.