

Blackpool Teaching Hospitals NHS Foundation Trust

Universal **Services**

School Nursing

Delivering Public Health Information Leaflet for Children, Parents and Carers



Each School Nursing Team is led by a Specialist School Nurse Practitioner.

A Specialist School Nurse Practitioner is a Registered Nurse who specialises in child and adolescent health, working with the school and wider community.

What does the School Nursing Team do?

School Nursing teams promote the health and wellbeing of all school-age children and their families. They work with Health, Education, Social Services and Voluntary agencies.

The team provide parent drop-in clinics in most Primary Schools and confidential pupil drop-in clinics in High Schools. The days and times of these are advertised by the school. This allows you or your child the opportunity to discuss any concerns or worries you or they may have in regards to their health.

Health Promotion and Education

School Nurses deliver a range of Health Promotional Programmes to pupils within education settings in a variety of different ways. This can be through classroom teaching including drama, role play, one to one, health events and parents evenings. Health messages are delivered in an interesting and fun way that is age appropriate.

We are able to provide individual advice to you and your child on a variety of health issues, for example:

- Managing your child's medical conditions in school.
- Healthy lifestyles, healthy eating and exercise.
- Behaviour and relationships.
- Growth and development.
- Bedwetting.

We are happy to discuss any health related matters and can provide contact details for other relevant services as appropriate.

National Child Measurement Programme (NCMP)

The Department of Health recommends every schools participation in the National Child Measurement programme. This involves recording the height and weight of all children in Reception and Year 6, if you agree to participate.

You will receive further information regarding this at the appropriate time.

Immunisations

During the time your child is in High School, they will be offered routine vaccinations following the Department of Health schedule.

These vaccinations will take place in school and will be delivered by the School Nursing Team.

You will receive information about these immunisations when your child is in the relevant school year.

Confidentiality

The School Nursing Team have a duty to keep information confidential. They are often the first point of contact for young people via:

- Pupil Drop-in.
- Teaching sessions in school.

Nurses are guided by the Nursing and Midwifery Council Code of Conduct and are under no obligation to inform Teachers, Parents or Carers of issues arising from consultations. They will always encourage the young people to inform Parents or Carers. However, if there is a risk of significant harm, like all other professionals, School Nurses are obliged to follow Safeguarding procedures.

School Nursing Team Contact Details:

Blackpool Area Clinics:

- Blackpool North Moor Park Health and Leisure Centre 01253 651740
- Blackpool Central Whitegate Drive Primary Care Centre 01253 651982
- Blackpool South
 South Primary Care Centre 01253 651719

Fylde and Wyre Area Clinics:

- Garstang 01995 602535
- Poulton 01253 651530
- Thornton 01253 821457
- Fleetwood 01253 306067
- St Annes 01253 953920
- Ansdell 01253 657330
- Kirkham 01253 657960
- Freckleton 01253 657230

Lancaster and Morecambe Area Clinics:

- Carnforth: 01524 738907
- Heysham Primary Care Centre: 01524 518565
- Morecambe (Queen Victoria Centre): 01524 405720
- North Lancaster (Ryelands): 01524 519517
- Ashton Community Care Centre (South Lancaster): 01524 518947

Options available

If you'd like a large print, audio, Braille or a translated version of this leaflet then please call: **01253 655588**

Patient Relations Department

For information or advice please contact the Patient Relations Department via the following:

Tel: 01253 655588 email: patient.relations@bfwh.nhs.uk

You can also write to us at: Patient Relations Department, Blackpool Victoria Hospital, Whinney Heys Road, Blackpool FY3 8NR

Further information is available on our website: **www.bfwh.nhs.uk**

Travelling to our sites

For the best way to plan your journey to any of the local sites visit our travel website: www.bfwhospitals.nhs.uk/departments/travel/

Useful contact details

Main Switchboard: 01253 300000

For contact information please see in side this leaflet.

Department of Health: www.doh.gov.uk

References

This leaflet is evidence based wherever the appropriate evidence is available, and represents an accumulation of expert opinion and professional interpretation.

Details of the references used in writing this leaflet are available on request from: **Policy Co-ordinator/Archivist 01253 303397**





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