

The Ups and Downs of Parenting

by Blackpool Teaching Hospitals - Tuesday, January 10, 2012

A Support Course for New Parents.

Frequently asked questions:

What topics will be discussed?

- Being a parent – what does that mean?
- Normal child development – their behaviour might not be nice but it is normal... whatever that is!
- The importance of play and how play affects a child's behaviour.
- Love, praise and encouragement – can we praise our children too much?
- The importance of listening to our children.
- Behaviour management – ways to fix the problem, or a chance to share ideas that should improve a child's behaviour.

How many weeks is the course?

6 weeks, 2 hours a week.

Do I have to be having problems with my child already to attend?

No, definitely not! Many parents have found this course useful in helping prevent problems.

Will there be childcare?

We provide a limited number of childcare places in our crèches, with fully qualified staff.

How many people will be in the group?

No more than 8.

Do I have to attend all the sessions?

Yes, because the course is like a jigsaw. When people attend all 6 sessions, they get all the pieces of the jigsaw and therefore see the whole picture. If any sessions are missed, some pieces are missing so the picture is not clear.

Can I bring a friend?

Yes, but please discuss it with the Health Visitors first to make sure the group will not be too big.

Could my partner attend?

Yes, definitely.

For further information contact Positive Parenting

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