

# Your child's first appointment at the Ophthalmic / Orthoptic Clinic

**If your child wears glasses please bring them with you.**

The Ophthalmology team consists of Ophthalmologists (doctors), Orthoptists and Optometrists (opticians). Your child will be assessed by one or more of the team who will test the vision of each eye, check the balance between the two eyes, the focusing of the eyes (glasses test) and examine the inside of the eyes.

To do this it is necessary to instil (put) drops into your child's eyes, this will dilate the pupil and blur the near vision. The drops may take up to 30 minutes to be effective. The blurred vision may take 2-3 hours to wear off and the pupil may take 24 hours to return to the normal state. Your child can go back to school providing you make the teacher aware of the fact that drops have been used.

Any treatment, as a result of the examination will be discussed with you and a further appointment, if required, will be made before you leave. Please be aware the full examination could take between 1 - 2 hours.

Only adults with parental responsibility can consent to drops being instilled. When you attend with the child if you are not the legal guardian and do not have parental responsibility you will have to provide proof of parental responsibility to consent to the drops being instilled.

## Feedback

Your feedback is valuable; from this we can improve the care we provide. Have your say – the Friends and Family feedback forms are on the reception desk. Any completed forms can be put straight into the feedback box. Your completed form is anonymous. Thank you.



# Useful contact details

The Orthoptic Department  
Blackpool Victoria Hospital  
Tel: **01253 953457**

To rearrange your appointment please phone **01253 953540**.

For general enquiries about the appointment please phone the Orthoptic Department on **01253 953457**.

Hospital Switchboard: **01253 300000**

## Patient Relations Department

The Patient Relations Department offers impartial advice and deals with any concerns or complaints the Trust receives. You can contact them via tel: **01253 955588** or by email: **bfwh.patientrelations@nhs.net**

You can also write to us at: **Patient Relations Department, Blackpool Victoria Hospital, Whinney Heys Road, Blackpool FY3 8NR**

Further information is available on our website: **www.bfwh.nhs.uk**

## References

Details of the references used in writing this leaflet are available on request from: **Procedural Document and Leaflet Coordinator**  
**01253 953397** or **bfwh.trustpolicyteam@nhs.net**

### Options available

If you'd like a large print, audio, Braille or a translated version of this leaflet then please call: **01253 955520**



Our Four Values:

