

Patient Anaemia Record

Anaemia is a decrease in the amount of red blood cells or haemoglobin in the blood, reducing the ability of blood to carry oxygen. Studies have shown that patients do better after surgery when they are not anaemic. In order to reduce the risk of anaemia in our patients a new service has been initiated to improve the quality of care you receive and improve recovery after surgery.

To help you in your journey through surgery and recovery we are monitoring your blood results closely for evidence of anaemia. Anaemia can be due to many causes but a common cause is lack of iron. If you fall into this category we will start you on iron tablets. Intravenous iron can be given if tablets are found to be unsuitable. Where anaemia is due to other causes, your GP can coordinate with other specialists in Blackpool to investigate and treat as necessary.

Please could you assist us by completing this record as you proceed on the anaemia pathway towards surgery and show it to the nurses when you attend the Cardiac Out-Patient clinic.

Upon discharge from the Cardiac Day Case ward

You may have been advised to take oral iron tablets, three times a day. Please continue to take them for 3 months unless you are advised by your GP or Surgeon to discontinue taking them.

The results from your blood tests will be reviewed by your GP and they may contact you to discuss your treatment further.

You will be given a blood test request form to check if the oral iron (or any other treatment received) has been successful, please take this to the Pathology department at Blackpool Victoria Hospital a few days before your Out-Patients appointment with the Cardiac Surgeon. They are open Monday to Friday 8:30 – 16:45, no appointment is necessary.

Cardiac Surgery Out-Patient Clinic

Your surgeon will review your most recent blood test, to see if you have responded to any treatment you may have had.

If the iron tablets are effectively raising your iron levels then the cardiac surgeon will advise you to continue with them for 3 months, otherwise, depending on your medical history, you may be referred to South Shore Clinic to receive Intravenous (IV) Iron. A date for the treatment will be given to you at the clinic, along with a consent form and a blood request form which will be given to you following the iron infusion. Please take this form to Pathology to recheck your blood results 3 weeks after your IV iron administration. They are open Monday to Friday 8:30 - 16:45, no appointment is necessary.

If you have any questions or concerns about the leaflet, please contact the Cardiac Specialist Nurse on Tel: 01253 957718 or 01253 300000 and ask Switchboard to Bleep 825.

Patient Record

Please return this booklet to the Pre op Clinic nurses just before your surgery or send it to: Erica Bates, Senior Clinical Perfusionist, Cardiac Theatres, Blackpool Victoria Hospital, Whinney Heys Road, Blackpool FY3 8NR

Write patient details or affix identification label

Hospital Number:

Name:

Address:

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Date of Birth:

NHS Number:.....

| Iron tablets started | Date | Yes | No | |
|--|------|-----|----|---|
| Did GP contact you to discuss results further? | Date | Yes | No | Outcome: (delete as appropriate) Iron tablets Folate replacement B12 injections |
| Any referrals made? | Date | Yes | No | Haematology referral Gastro referral Other: |
| Blood test before Outpatient Appointment with Cardiac Surgeon? | Date | | | |
| Did cardiac surgeon continue iron tablets? | Date | Yes | No | |
| Did cardiac surgeon prescribe IV iron | Date | Yes | No | |
| IV iron administration | Date | | | |
| Blood test (three weeks after IV iron) | Date | | | |

Notes:

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Approved by: **Medicine Management Committee**
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