

Mental Health in Pregnancy

One third of our women have disclosed that they have had or currently have mental health issues when they present in maternity services

50% of children in Blackpool have varying degrees of poor attachment to their parents

For the 2nd year running Blackpool has the highest rates of prescribed anti depressants in the country

What we are doing now

Specialist Midwife
Obstetric mental health antenatal clinic
Screening for depression
Individualised multidisciplinary plans
Perinatal nurses
Intergrated mental health pathway

By January 2016

Commissioned Psychiatrist
Multidisciplinary mental health clinic
Cross boundary intergrated pathway
Introduction of generalised anxiety screening tool
Specific hand held records

In the future

Increase perinatal mental health nurses
Develop services for infant mental health 0-5 years
Universal promotion of perinatal bonding and attachment

What do we want



Perinatal bonding & attachment
Individualised support from women and families
Whole family approach



One Family