

# For Parents looking after a Child with a Broken Wrist / Forearm

## Emergency Department Patient Information Leaflet



### Options available

If you'd like a large print, audio, Braille or a translated version of this leaflet then please call:

**01253 955588**

Our Four Values:

People Centred

Positive

Compassion

Excellence

# **LOOKING AFTER A CHILD WITH A BROKEN WRIST / FOREARM**

A broken bone can be known as either a fracture, crack or break. All of these terms means the same.

## **TREATMENT**

This break is treated with a Back Slab Plaster Cast (a temporary plaster of paris cast).

Care of the Plaster Cast is dealt with on a separate card.

You should give regular Paracetamol as advised by your health care practitioner to ease any pain.

Exercise is very important. You should encourage your child to bend and straighten their fingers regularly as soon as he / she is able to do so.

Movement of the shoulder and elbow should, also be encouraged.

## **FOLLOW-UP**

Your child will be seen in the next Fracture Clinic.

The type of Plaster Cast may then be changed if required.

The Trust recognises the importance of multi agency working to safeguard children and young people.

If you are concerned about the welfare of a child or young person please contact Children's Social Care on:

**For children living in the Blackpool area:**

Monday – Friday 9.00am – 5.00pm

**Tel No: 01253 477299**

Out of hours and weekends

**Tel No: 01253 477600**

**For children living in Wyre, Fylde, Lancaster or Morecambe**

Monday – Friday 9.00am – 5.00pm

**Tel No: 08450 503 009**

Out of hours and weekends

**Tel No: 0845 602 1043**

**'Protecting Children is everybody's business'**



## Useful contact details

Main Switchboard: **01253 300000**

## Patient Relations Department

The Patient Relations Department offer impartial advice and deal with any concerns or complaints the Trust receives. You can contact them via:

Tel: **01253 955589**

email: **patient.relations@bfwh.nhs.uk**

You can also write to us at:

**Patient Relations Department, Blackpool  
Victoria Hospital, Whinney Heys Road,  
Blackpool FY3 8NR**

Further information is available on our website: **www.bfwh.nhs.uk**

## References

This leaflet is evidence based wherever the appropriate evidence is available, and represents an accumulation of expert opinion and professional interpretation.

Details of the references used in writing this leaflet are available on request from:

**Procedural Document and Leaflet  
Coordinator  
01253 953397**

# **FREECLAIM**

compensation solicitors

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**[www.freeclaim.co.uk](http://www.freeclaim.co.uk)**

**Call 24 hrs for confidential advice after an accident and help on making a claim**

# **0800 612 9156**