

# For Parents looking after a Child with Broken Fingers or Toes

## Emergency Department Patient Information Leaflet



### Options available

If you'd like a large print, audio, Braille or a translated version of this leaflet then please call:

**01253 955588**

Our Four Values:

People Centred

Positive

Compassion

Excellence

# **LOOKING AFTER A CHILD WITH BROKEN FINGERS OR TOES**

A broken bone can be known as either a fracture, crack or break, all of these terms mean the same.

## **TREATMENT**

The treatment for a broken finger or toe is quite straight forward.

The broken finger / toe is strapped to the finger / toe next to it and in this way the uninjured one acts as a splint.

This strapping should be kept on at all times.

If the strapping becomes wet or falls off, the two fingers or toes will need to be restrapped.

There is no need to return to the Accident and Emergency Department for this - you may restrap it using elastoplast or similar tape.

You should give Paracetamol as advised to ease any pain.

It is important to encourage your child to exercise the affected fingers / toes by gently bending and straightening them as soon as he / she is able to do so.

## **FOLLOW-UP**

Your child will be seen in the next Fracture Clinic or Accident and Emergency Clinic.

The Trust recognises the importance of multi agency working to safeguard children and young people.

If you are concerned about the welfare of a child or young person please contact Children's Social Care on:

**For children living in the Blackpool area:**

Monday – Friday 9.00am – 5.00pm

**Tel No: 01253 477299**

Out of hours and weekends

**Tel No: 01253 477600**

**For children living in Wyre, Fylde, Lancaster or Morecambe**

Monday – Friday 9.00am – 5.00pm

**Tel No: 08450 503 009**

Out of hours and weekends

**Tel No: 0845 602 1043**

**'Protecting Children is everybody's business'**





## Useful contact details

Main Switchboard: 01253 300000

## Patient Relations Department

The Patient Relations Department offer impartial advice and deal with any concerns or complaints the Trust receives. You can contact them via:

Tel: 01253 955589

email: [patient.relations@bfwh.nhs.uk](mailto:patient.relations@bfwh.nhs.uk)

You can also write to us at:

**Patient Relations Department, Blackpool  
Victoria Hospital, Whinney Heys Road,  
Blackpool FY3 8NR**

Further information is available on our  
website: [www.bfwh.nhs.uk](http://www.bfwh.nhs.uk)

## References

This leaflet is evidence based wherever the appropriate evidence is available, and represents an accumulation of expert opinion and professional interpretation.

Details of the references used in writing this leaflet are available on request from:

**Procedural Document and Leaflet  
Coordinator  
01253 953397**

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# **0800 612 9156**