

For Parents looking after a Child with a Fractured Humerus

Emergency Department Patient Information Leaflet



Options available

If you'd like a large print, audio, Braille or a translated version of this leaflet then please call:

01253 955588

Our Four Values:

People Centred

Positive

Compassion

Excellence

LOOKING AFTER A CHILD WITH A FRACTURED HUMERUS

A broken bone can be known as either a fracture, crack or break.

Your child has broken the upper bone in the arm - the HUMERUS.

TREATMENT

These breaks heal very well. Usually a 'collar and cuff' bandage is applied, although occasionally a special type of Plaster Cast is needed.

Care of the Plaster Cast is dealt with on a separate card.

The 'collar and cuff' should be worn under the clothes at all times.

The skin in the elbow crease can get very sore so be sure to keep this dry.

You should give regular Paracetamol as advised to ease any pain.

Exercise is very important.

You should encourage your child to bend and straighten his/her fingers regularly as soon as he/she is able to do so.

Movement of the shoulder and elbow should also be encouraged.

The Trust recognises the importance of multi agency working to safeguard children and young people.

If you are concerned about the welfare of a child or young person please contact Children's Social Care on:

For children living in the Blackpool area:

Monday – Friday 9.00am – 5.00pm

Tel No: 01253 477299

Out of hours and weekends

Tel No: 01253 477600

For children living in Wyre, Fylde, Lancaster or Morecambe

Monday – Friday 9.00am – 5.00pm

Tel No: 08450 503 009

Out of hours and weekends

Tel No: 0845 602 1043

'Protecting Children is everybody's business'



Useful contact details

Main Switchboard: **01253 300000**

Patient Relations Department

The Patient Relations Department offer impartial advice and deal with any concerns or complaints the Trust receives. You can contact them via:

Tel: **01253 955589**

email: **patient.relations@bfwh.nhs.uk**

You can also write to us at:

**Patient Relations Department, Blackpool
Victoria Hospital, Whinney Heys Road,
Blackpool FY3 8NR**

Further information is available on our website: **www.bfwh.nhs.uk**

References

This leaflet is evidence based wherever the appropriate evidence is available, and represents an accumulation of expert opinion and professional interpretation.

Details of the references used in writing this leaflet are available on request from:

**Procedural Document and Leaflet
Coordinator
01253 953397**

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