

YOUR health

Blackpool Teaching Hospitals **NHS**
NHS Foundation Trust

The newsletter for Foundation Trust members

Issue 17 | January 2013

◀ Dr Poulter meets with
obstetrics staff during a tour
of the Delivery Suite.



“A Shining Example...”

HEALTH MINISTER VISITS OUR WOMEN AND CHILDREN'S SERVICES

page 3: “Health Minister, Dr Daniel Poulter, described Blackpool’s women and children’s services as “a shining example the rest of the country could learn from” during a visit to Victoria Hospital. Dr Poulter, Under Secretary of State for Health, toured the recently opened £13.5M Women and Children’s Unit where he met with staff and patients.”

Chairman's Welcome

WELCOME to the latest edition of the newsletter for members of Blackpool Teaching Hospitals NHS Foundation Trust.

You may have seen that we have a new name for the newsletter which we now call Your Health.

We feel this better describes the work of the Trust overall after its merger with community services in April 2012.

The new year will see a number of exciting new developments at the Trust including a fantastic new entrance area and multi storey car park which we hope will be a

massive improvement for patients and their families.

As you can see we have a busy time ahead and if you want to keep up with all that's going on you can now follow the Trust on Twitter @BlackpoolHosp or on our Facebook page. You can also sign up to our new e-newsletter Health Matters via the front page of our internet site that will be sent to you every two weeks.



Ian Johnson, Chairman



New Chief Executive

GARY Doherty has been appointed Chief Executive of Blackpool Teaching Hospitals and will take up his post on April 1st.

Gary has worked in the NHS for 20 years and is currently Deputy Chief Executive of Wirral University Teaching Hospital NHS Foundation Trust.

He said: "I am absolutely delighted to have been appointed Chief Executive of Blackpool Teaching Hospitals. The Trust has a great range of secondary and tertiary services and with the recent merger of community services it gives us real opportunities to ensure we can meet the whole healthcare needs of our patients."

Ian Johnson, Chairman of Blackpool Teaching Hospitals, said:

"We are very pleased to have appointed Gary as our new Chief Executive. He is very experienced and has an excellent track record in delivering clinical and service improvements for the benefit of staff and patients."

Gary will replace former Chief Executive Aidan Kehoe who left the Trust in November to take up a Chief Executive role in Liverpool.



▲ The new Chief Executive of Blackpool Teaching Hospitals NHS Foundation Trust, Gary Doherty

Useful contacts:

 
 Membership Office:
 Tel: 01253 306673
 members@bfwh.nhs.uk

 
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 Tel: 01253 306673
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 Trust's website:
www.bfwh.nhs.uk/members


 Trust's Freepost Address:
 FREEPOST: RRZB RRAU TGET
 Blackpool Victoria Hospital,
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Health Minister praises Blackpool's family services

HEALTH Minister, Dr Daniel Poulter, described Blackpool's women and children's services as "a shining example the rest of the country could learn from" during a visit to Victoria Hospital.

Dr Poulter, Under Secretary of State for Health, toured the recently opened £13.5M Women and Children's Unit where he met with staff and patients.

He was told about the innovative work taking place across hospital and community services to improve the lives of families across the Fylde Coast and said he was "very impressed" with what he had seen.

He heard about the unit's award winning improvement work which has seen caesarean rates significantly fall, breastfeeding rates increase and smoking in pregnancy reduce.

The visit included a tour of the children's out-patients area and sensory room, children's wards, adolescent unit, neo-natal unit and delivery suite where he met with patients and staff.

Following the tour of the unit Dr Poulter met with several staff including hospital and community midwives, health visitors, school nurses, paediatricians and obstetricians.

The Minister told them: "I am genuinely very impressed with the integrated and joined up approach I have seen today which will help to ensure every child in

Blackpool receives the very best start in life. The focus on preventative and integrated care from the moment a woman gets pregnant, through their ante natal care, birth, health visiting and early years is fantastic and is something that should be shared across the rest of the country."

Pauline Tschbotoko, Head of Service for Women and Children's Services, said: "We have worked extremely hard to integrate our services, particularly since the transformation of hospital and community services in April last year.

"It is very pleasing to know that our work is being recognised nationally as an example of good practice."



▲ Dr Poulter meets mum Suzanne Parkin whose twins Bradley and Joshua are being cared for on the neo-natal unit



▲ 13-year-old Aran Bottomley meets Dr Poulter during his tour of the Adolescent Unit



▲ Dr Poulter meets Sister Caroline Kitchen

New dawn for Blackpool emergency department

WORK is well underway on the next phase of a new emergency department area at Blackpool Victoria Hospital.

When completed the new Rapid Assessment Area, will bring tremendous improvements for patients in terms of better facilities, patient privacy and dignity and advanced environmental conditions.

The £550,000 Rapid Assessment Area will be situated at the back of the emergency department replacing the A&E offices.

Directorate Manager for emergency and acute medicine, John Quinn, said: "The new assessment area, along with the recent refurbishment in the major emergency area, means the unit will meet the demands of the 21st century.

"We have now got the space to manage patients in a better and even more dignified way.

"These facilities have improved what we are doing and staff are getting used to the new surroundings which have given



▲ Philip Davies and Gary Bickerstaff – Project Manager for Laing O'Rourke

patients an improved environment and enhanced the standard of care they receive."

The new Rapid Assessment Area will complete the major refurbishment work which has been ongoing since September.

"Patients have always been at the forefront of our minds during this work, but as

patient demand changes it has become necessary to rejuvenate what was a tired environment to make the new emergency department fit for purpose. We can give patients the highest possible care in the best possible surroundings."

Capital Projects Manager, Philip Davies added: "The new Rapid Assessment Area will give a 10 bedded ward for patients needing observation over a 24 hour period. We set a demanding six-week construction schedule because we are in the winter period, but we are on target for completion in February.

"Project engineers Laing O'Rourke are experienced at working with this hospital and have delivered quality work within the strict time restraints."

Cancer patients set to benefit from new Unit

CANCER patients are set to benefit from a new Oncology and Haematology Unit at Blackpool Victoria Hospital thanks to Blue Skies Hospitals Fund. The Unit is now near completion in an area which was Theatres 3 and 4, and representatives from the Trust charity Blue Skies Hospitals Fund and the League of Friends of Blackpool Victoria Hospital were shown around the site at the end of last year.

Directorate Manager for Specialist Medicine, Karlyn Forrest said: "We're getting very excited now that the finish line is in sight. The Unit will have such a rapid turnover but the new environment should mean a more streamlined service for patients. We'd like to say a huge thank you to Blue Skies Hospitals Fund, the League of Friends of Blackpool Victoria Hospital and the Kay Kendall Leukaemia Fund for helping us to bring this project to fruition. It really is so appreciated and



the impact it will have on patients will be incredibly positive."

The Unit will provide a much bigger area for patients to sit in whilst receiving



▲ Members of the Trust executive team, nursing staff, League of Friends BVH and Blue Skies Hospitals Fund view the site.

treatment and should offer more privacy."

The Unit is costing around £500,000 in total and Blue Skies Hospitals Fund is putting £195,000 towards the costs, with the League of Friends BVH providing a further £125,000 thanks to a kind legacy left by a lady called Doris Mitchell. It is set to open shortly with phase two of the project later in 2013. The Kay Kendall Leukaemia Fund also donated £21,373 towards the build which will be spent on furniture and equipment for the Haematology Day Unit.

A Night of Awards and Celebration

TRIBUTES were paid to the crème-de-la-crème of Blackpool NHS staff at a fantastic night of celebration at the Tower Ballroom.

The sixth Celebrating Success Awards ceremony and ball was hailed a great success as more than 560 people gathered to honour the passion, enthusiasm and commitment our staff provide to all our patients.

A record 216 entries were received in 2012, including more than 40 nominations for The Gazette's Patients' Award which was won by bereavement nurse Megan Murray.

This award is especially poignant as it is voted for by patients and truly reflects the high level of care received from the Trust.

After receiving the award Megan said: "I feel very surprised and honoured to be given this award. I feel I am just doing my job. To see people get some comfort and get back



▲ Winner of the Gazette's Patients' Award with Ian Johnson and Aidan Kehoe

to work and something like their normal lives in some cases gives me great satisfaction."

Chairman, Ian Johnson said he had been incredibly impressed by the good examples of work outlined at the awards.

"As one of the judges I can tell you how difficult the shortlist decision was. The standard of entries was so impressive we had an almost impossible task to come up with a final list of contenders.

"But although it was a challenging task it was also a pleasurable one

and I was amazed at the incredibly high standard of care and dedication shown by all the nominees.

"Congratulations to all the winners and runners up from the evening – but everyone who was nominated should feel very proud.

"I would also like to thank all our sponsors without whom it would not be possible to reward great practice in this way."

For full details of all the winners on the evening please go to www.bfwh.nhs.uk/about/success/default.asp#

Hospital flu video goes viral!

WHEN the Trust's, Communications Assistant, Lee Rayner was asked to create a video to raise awareness about flu vaccinations he came up with an innovative theme of a porter receiving adulation from his bosses and colleagues after having the jab.

And the result was the video received adulation worldwide!

His video, depicting porter Phil Smith becoming a hero for a day after getting the vaccine, became a massive YouTube hit, and now he is the face of the flu fighter campaign.

The video went viral and was seen by Chief Executive of the NHS Commissioning Board, Sir David Nicholson. The red carpet was rolled out and Phil hopped on a train to the NHS Commissioning Board's HQ in Leeds where he was greeted by applause and adulation for his flu jab heroics.

Now the film is being relaunched for the

national Flu fighter campaign advising all NHS staff to protect patients, family and themselves.

Sir David Nicholson said: "The video produced by Blackpool Hospitals was an innovative way to drive home a very important message about staff flu vaccinations. It's important for NHS staff to get vaccinated - not only to reduce the risk of flu being passed on to patients and visitors but also to help ensure services can continue to run smoothly and efficiently throughout the winter months."

And if you want to join Phil's fans simply log on to: <http://www.youtube.com/watch?v=E-FZ8LYxoZQ>

Marie Thompson, Director of Nursing and Quality at Blackpool Hospitals Trust, said: "We have had a fantastic response to the vaccination programme since this video was launched with 80 per cent of Blackpool Victoria Hospital staff being vaccinated compared to 69 per cent last year."

Flu fighter continues to encourage all NHS staff with direct patient care to be vaccinated against flu this season to protect themselves and vulnerable patients in their care. Patients, especially those in an at risk group are encouraged to speak to their GP or other health professionals about the flu vaccination.



▲ Phil Smith, the face of Flu fighter



We want to hear what you have to say about health and social care services

Blackpool LINK is an independent organisation that helps local people to get involved in how Blackpool's health and social care services are planned and run, whether they're provided by the NHS, Local Authority, a private company, social enterprise or charity.

That's where you come in - because hearing your views and experiences are the key to getting services improved. When we've listened to what residents, organisations and groups from around Blackpool have to say about issues that affect them, their friends or family, we can look into how services might be improved for everyone.

It can be as simple as having a confidential discussion or you can opt to hear from us regularly, come along to presentations on topical issues or you can even join a working group. The choice is yours.

Whether it's to find out more about what Blackpool LINK is already doing or to register your interest in contributing, please contact us now - the details are below.

Blackpool LINK

Blackpool Enterprise Centre

Lytham Road Blackpool FY4 1EW

Tel: 01253 345445 Fax: 01253 362977

Email: link.admin@groundwork.org.uk

www.blackpoollink.org.uk

Special First Christmas for Miracle Mum



A TEENAGE Blackpool Mum who had a cardiac arrest at 25 weeks pregnant has enjoyed her first Christmas at home with her new baby, thanks to the life saving efforts of a local medic.



▲ L-R Stephanie Kyle with baby Kelsey-Leigh with Anthony Freestone

Stephanie Kyle (18), from South Shore, came into Blackpool Victoria Hospital on May 9th 2012 for a routine glucose tolerance test when she started to feel unwell and collapsed in the hospital toilets.

Anthony Freestone, Head of Resuscitation, was first on the scene and managed the incident on the day. He has been shortlisted for a national life saver award due to his quick actions. Speaking about what happened he said: "As soon as I found out she was pregnant everything changed. We had to put her in a special position to take the pressure off the chest and oxygenate the baby.

"Stephanie had Wolf Parkinson White syndrome which meant her heart had gone into different rhythms, so we had to shock her four times with the defibrillator to get her pulse back.

"She then had to be rushed in for an emergency C-section to give her and the baby the best chance.

"Kelsey-Leigh was very premature, she

was tiny just 1 lb 14oz, and she was very poorly so had to be taken straight to the Special Care Baby Unit after she was delivered.

"I haven't seen her since then so it's very rewarding and a fantastic outcome to see them both alive and well today and living the dream."

Both mother and baby are now fighting fit and looking forward to spending their future together. Baby Kelsey-Leigh is now a healthy weight at over 11lbs, and Stephanie has an implantable cardioverter-defibrillator (ICD) placed in her chest, which will detect any cardiac arrhythmias in the future and correct it by delivering a jolt of electricity.

"Anthony is my best friend, he saved my life and then he saved Kelsey", she said.

"I can't thank him enough and all the hospital staff that have been with us along the way. Everybody's been amazing and I owe a lot to them."

Read their story in full at:
<http://goo.gl/4V8IA>

Volunteers News

A TEAM of volunteers who give patients, visitors and staff at Blackpool Victoria Hospital valuable health tips is looking for more members.

Following on from a successful funding bid from the British Heart Foundation and the start of the “Hearty Lives Blackpool” project the Public Health Team at the Trust is now seeking to extend the number of volunteer Health Mentors so more people can be helped to lead a healthier lifestyle.

The volunteers are given specific training to enable them to raise people’s awareness of various factors linked to the topics of tobacco, alcohol and obesity.

The scheme has been a great success and since January 2011, the team of volunteers have given out information and supported patients, visitors and staff at Blackpool Victoria Hospital who would like to quit smoking, reduce their alcohol intake, eat more healthily or increase their level of physical activity.

The volunteers also signpost and refer people to local services if they require more extensive support to enable them to make changes in these particular behaviours.

Tracey Englishby, Health Mentor Co-ordinator, said: “We have recently received funding from the British Heart Foundation to expand our successful Volunteer Health Mentor project which will enable us to have health information points throughout the hospital.



▲ Team of Health Mentors with Tracey Englishby, Coordinator (far right)

“This will give us more opportunities to talk to people about improving their health and well-being including healthy eating, staying active, stopping smoking and alcohol advice. Our current volunteers are doing a fantastic job, and as we recruit more volunteers we will be able to give advice and support to a lot more people.”

The Trust’s Public Health Facilitator, Rachel Swindells, said: “The Health Mentors have been amazing and the scheme has been a real success story. In a short period of time they have engaged with almost 4,000 people at the Health Information Points at two of the Trust’s Outpatient departments and with the mobile information trolley visiting patients on the ward.

“The extra funding means we can see more people and the more volunteers we have the better.”

If you are interested in becoming a volunteer Health Mentor or would like more information about the project, please contact Tracey Englishby, Health Mentor Co-ordinator, on 01253 305904 or email tracey.englishby@bfwh.nhs.uk

Awards Round Up

THE Trust celebrated a number of achievements in 2012 with several awards.

A scheme to help mums in Blackpool overcome perinatal depression has won a prestigious Nursing Times award.

The scheme, called Hello Baby, beat off stiff competition to win the Child and Adolescent Services category in the profession's most highly regarded awards ceremony.

'Hello Baby!' is an intensive five-week parent/infant interaction and attachment course aimed at mums with very young babies from birth to four months old who, were identified antenatally with perinatal depression (PND), have developed PND after birth or have identified attachment and bonding difficulties.

The award was collected by Health Visitor Deborah O'Dea who said: "I am delighted that hello Baby has been recognised in this way.

"The programme has produced some excellent results in Blackpool and is something that other areas of the country are looking to implement as well."

Liz Holt, the Trust's Director of Community Services, praised the team.

She said: "Blackpool Health Visiting Service has worked very hard over the past 18 months as one of 26 first wave early implementer sites to deliver the new vision for health visiting and I am delighted that this hard work has received the recognition it deserves."

The Trust saw two other projects shortlisted in this category. The Trust was



▲ From Left: Director of Community Services, Liz Holt, and Health Visitor Deborah O'Dea, collect the Nursing Times Award from Jenni Middleton, editor of Nursing Times.

also highly commended in the Team of the Year Award for its dedicated day surgery unit.

The Trust also won the HSJ Award in the Efficiency in the Administrative and Clerical Services category for its work with providing mobile technology for Community Clinicians in Community Health Services.

The awards saw a huge number of entries, so to win was a fantastic achievement.

The benefits of clinical staff using mobile technology whilst in the community are far reaching, but include reduced back to base travel, increasing staff productivity and access to up-to-date information at point of contact.

The Trust's communications team was voted the best in the NHS when it won the 'Best Communications or Engagement Team' in the Association of Healthcare Communications and Marketing Awards 2012. They beat off some strong competition from NHS organisations across the UK to win the prestigious title.

Membership Seminars

THERE has been one membership seminar since our last issue.

On Wednesday, November 21st 2012, Dr Lau, Consultant Medical Oncologist, hosted an informative and well attended seminar on 'Lung Cancer'.

The presentation given during the above seminar can be viewed on the website at www.bfwh.nhs.uk/members/events.asp

Thank you to all our members who make the time to attend.



Seminar Dates for 2013

HERE are some important dates for your diary for the remainder of the year (all seminars will be held at Blackpool Victoria Hospital) and you will need to contact the Membership Office on 01253 306673 to book your place:-

Date & Time:	Venue:	Details:
Monday, 25th February 2013 2-3pm	Lecture Theatre Education Centre	Mr Phil Houlsdworth, Laboratory Operations Manager Seminar on "Topics in Pathology"
Thursday, 7th March 2013 10-11am	Lecture Theatre Education Centre	Dr Chetan, Consultant Gynaecologist Seminar on "Endometriosis"
Tuesday, 16th April 2013 7-8pm	Lecture Theatre Education Centre	Mr Ian Johnson, Chairman and Governors Seminar on "Governors Elections 2013"

Governor Elections in 2013

BLACKPOOL Teaching Hospitals NHS Foundation Trust will be seeking new elected governors in July 2013.

The Trust will be looking for new people to help drive forward the Trust's future plans with



▲ Group of current Governors

a number of vacancies arising on the Council of Governors due to resignations or terms of office ending.

Trust governors are members of the Blackpool Teaching Hospitals NHS Foundation Trust who are elected to represent their local constituencies, providing advice and support and to help influence the Trust's decision-making in terms of how it develops services for the people of Blackpool, Fylde, Wyre, North Lancashire and Lancashire & South Cumbria.

Ian Johnson, Trust Chairman, said: "The Council of Governors has an integral role to play and to ensure the Trust listens to the people they represent and meets their health needs. Governors are able to bring the voice of the local community and users of the hospital and community services to the very heart of the organisation. We are looking for

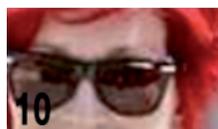
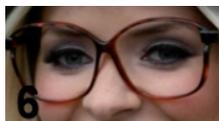
people who are passionate about health to become Governors to make a positive contribution to the future of our Trust."

The Trust will be holding some workshop sessions throughout March and April for those members interested in finding out more about the role of a Governor. These dates will be communicated to members when they have been arranged.

The Trust will also be dedicating a Foundation Trust Members' seminar to informing members of the whole election process. This will take place on Tuesday, April 16th 2013 at 7-8pm in the Lecture Theatre, Education Centre BVH.

If you are interested in becoming a Governor or attending the above seminar please contact the Membership and Governors Office on 01253 306673 or email jacinta.gaynor@bfwhospitals.nhs.uk

Specs Appeal



Please write your answers in here:

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

Send to: Freepost RRZB-RRAU-TGET,
Blackpool Teaching Hospitals NHS
Foundation Trust, Communications
Department, Blackpool Victoria Hospital,
Whinney Heys Road, Blackpool FY3 8NR

Name:

Address:

Postcode:

Preferred Tel No:

(Please tick as appropriate)

Public member Staff member

SHOWN above are 10 famous faces wearing glasses, all you have to do is name them.

The first all correct entry drawn on Thursday, March 28th 2013 will receive a £50 gift voucher courtesy of CDC printers of Poulton.

Last Edition's Winner

Congratulations to Marjorie Slater who won the picture quiz in the last edition of *Your Hospitals*, Marjorie of Blackpool said that it was "a pleasant surprise" and quite unexpected.

Marjorie wins a £50 gift voucher courtesy of CDC Printers of Poulton.



The correct answers were: 1. West Ham United
2. Barnsley 3. Swansea 4. Gillingham
5. Wycombe Wanderers 6. Leicester City
7. Nottingham Forest 8. Morecambe

New Blue Skies Ambassador announced

BLUE Skies has announced its newest fundraising ambassador. Liz Cassells was travelling from Barrow-in-Furness to Blackpool every day to visit her husband, Graham, before he lost his fight to leukaemia in January 2010. It was his hope that families who had to travel could have a place to stay on-site and Liz has helped bring this hope to fruition through numerous fundraising activities.

Liz said: "We've raised around £20,000 to date. We've done lots of fundraising from walks to parachute jumps to events. We raise our money to support Duncan House which is the house in the grounds of Blackpool Victoria Hospital. It enables

families of leukaemia patients to stay close.

"One hundred and sixty miles a day when your concerns are with your significant other is extremely stressful so to have somewhere like Duncan House seemed to be the correct answer.

"I'm always very humbled by the phone calls and letters I have received about it. Duncan House has made the most amazing difference to an awful lot of people. Any fundraising I do is well supported by a group of friends and family who are very creative in developing new fundraising ideas.



▲ Blue Skies Ambassador, Liz Cassells.



"I would always encourage people to donate and help Blue Skies; it really is a fantastic

charitable organisation. Being asked to be an Ambassador for Blue Skies has left me a bit speechless; I had such a humbling feeling. You do what you believe you should do and knowing that it's so well thought of to be given that responsibility, from an amazing Fundraising Team, is very touching. I hope I do them proud."

The Blue Skies Ambassadors are featured in a series of videos on www.blueskieshospitalsfund.org.uk.

Porters climb a mountain to help stroke patients

A GROUP of six porters have climbed Mount Snowden to raise money after their colleague suffered a stroke.

Phil Smith, Dave Penswick, Tony Johnson, Mark Williams, Phil Birkett and Allan Devlin did the challenge in aid of Blue Skies Hospitals Fund to benefit patients on the

Stroke Unit, after their colleague, Mick Backhouse, was treated there last year. They raised £1,220.

Allan Devlin, who organised the fundraiser, said: "We wanted to do something to raise some money for the stroke ward after they looked after Mick so well. We did the challenge at the end of September 2012 and the



▲ The Porters present the cheque to the Unit.

lads who took part were brilliant. It was really tough but they never moaned, they just got on with things and did really well."

New Member Recruitment Form

Blackpool Teaching Hospitals **NHS**
NHS Foundation Trust

Membership is FREE, and it is easy to join. Simply complete this form and send it back to us at **Freepost, RRZB-RRAU-TGET, Membership and Governors Office, Trust Headquarters, Blackpool Victoria Hospital, Whinney Heys Road, Blackpool FY3 8NR**. Or visit our website and fill in the online form at: www.bfwh.nhs.uk

Your Details (Fields marked with "*" are mandatory)

*Title: *First Name:
*Surname:
*Address:

 *Postcode:
*Date of Birth: Home Tel.:
Mobile Number:

We would prefer to send you information about the Trust and membership issues by email. **Email address:** (please print clearly)

If you would prefer to receive this by post, please tick here:

We want to involve the whole community and build a membership that is representative of the region. The following information will help us know if we are achieving this.

Gender (please tick) Male: Female:
Are you in the same gender as the one at birth? (please tick) Yes: No:

Ethnicity (please tick)

White	Mixed
<input type="checkbox"/> White British	<input type="checkbox"/> White and Black Caribbean
<input type="checkbox"/> White Irish	<input type="checkbox"/> White and Black African
<input type="checkbox"/> White Other	<input type="checkbox"/> White and Asian
	<input type="checkbox"/> Other
Asian or Asian British	Black or Black British
<input type="checkbox"/> Indian	<input type="checkbox"/> Caribbean
<input type="checkbox"/> Pakistani	<input type="checkbox"/> African
<input type="checkbox"/> Bangladeshi	<input type="checkbox"/> Other
<input type="checkbox"/> Other	
<input type="checkbox"/> Chinese	Other: <input type="text"/>

Religion/Belief

Please state your religion/belief:

Do you consider yourself to have a disability? Yes: No:

Do you have any specific requirements for attending events? (e.g. mobility, hearing loop, sight aids, interpreter)

Please state here:

Your Areas of Interest

Please indicate any areas of healthcare that you would be interested in attending a seminar on

Please state here:

Status (please tick)

<input type="checkbox"/> Married	<input type="checkbox"/> In a civil partnership
<input type="checkbox"/> Single	<input type="checkbox"/> Divorced

Sexual Orientation (please tick)

<input type="checkbox"/> Heterosexual	<input type="checkbox"/> Gay
<input type="checkbox"/> Prefer not to say	<input type="checkbox"/> Lesbian

Getting Involved

As a member you can give as much or as little time as you wish. We have different levels of membership and these are detailed below:

Level 1 (please tick)
Receive members newsletter and voting information only.

Level 2 (please tick)
As level 1 plus taking part in surveys, consultations and questionnaires.

Level 3 (please tick)
As level 1 and 2 plus involvement opportunities, such as, attending seminars/events, taking part in discussion groups, volunteering for the Trust and/or standing for election to the Council of Governors.

Public Register

The Trust is required to keep a public register of its members. If you DO NOT wish your name to included, please tick this box .

Signature: Date:

(The data you supply will be used only to contact you about the Trust, membership or other related issue and will be stored in accordance with the Data Protection Act. Full details available upon request.)