

# YOUR health

Blackpool Teaching Hospitals NHS Foundation Trust

The newsletter for Foundation Trust members

Issue 19 | December 2013

▼ Chairman's Award Winners,  
The Gastroenterology Department



## Celebrating Success Awards 2013

BIGGER AND BETTER THAN EVER BEFORE

**page 3:** "The sixth staging of the event saw a record 228 nominations from a wide range of acute and community staff from the Trust all praising the hard work of colleagues for the way they care for others and promote health in Blackpool."

# Chairman's Welcome

**WELCOME to the latest edition of the Trust's 'Your Health' newsletter.**

It has once again been an extremely busy time for the hospital and its staff, with a number of achievements and developments to report on.

We have seen a number of achievements since the last newsletter with two of the Trust's major events – the Annual Members and Public Meeting and the Celebrating Success Awards and Celebration Ball - both featured in this newsletter.

I am delighted that the Trust received the highest possible rating for its Patient Led Assessment of the Care Environment (PLACE) audit which highlights the quality of the environment of all our hospitals. This is testament to the hard work of our staff and is something we are very proud of.

Recent visitors to Victoria Hospital cannot have failed to notice the ongoing development of the new multi storey car park and new main entrance which are both nearing completion.

Car parking is an issue that has affected so many people for some time and this new facility will be a massive

improvement for patients and their families visiting the hospital and we look forward to its opening shortly.

Another recent development to note is the new £680,000 midwife-led maternity unit which opened at Blackpool Victoria Hospital this summer. Giving state-of-the-art birthing facilities to new mums on the Fylde coast, the unit offers four spacious en-suite birthing rooms, two with pools, and will be a home from home environment making the birthing experience as normal as possible.

We have a busy time ahead and if you want to keep up with all that's going on you can now follow the Trust on Twitter @BlackpoolHosp or on our Facebook page. You can also sign up to receive our new e-newsletter, every two weeks, via the front page of our internet site.

I am very proud of the achievements of the Trust and I look forward to meeting many of you at our Foundation Trust events over the coming months.



Ian Johnson, Chairman

## Useful contacts:



Membership Office:  
Tel: 01253 306673  
[members@bfwh.nhs.uk](mailto:members@bfwh.nhs.uk)



Governors:  
Tel: 01253 306673  
[governors@bfwh.nhs.uk](mailto:governors@bfwh.nhs.uk)



Trust's website:  
[www.bfwh.nhs.uk/members](http://www.bfwh.nhs.uk/members)



Trust's Freepost Address:  
FREEPOST: RRZB RRAU TGET  
Blackpool Victoria Hospital,  
Whinney Heys Road, Blackpool FY3 8NR

# Celebrating Success Awards 2013

**THIS year's  
Celebrating Success  
Awards proved to  
be bigger and better  
than ever before.**

The sixth staging of the event saw a record 228 nominations from a wide range of acute and community staff from the Trust all praising the hard work of colleagues for the way they care for others and promote health in Blackpool.

Amongst the winners was Mr Kiri, Lead Consultant in Breast Surgery at Blackpool Victoria Hospital, who picked up the Gazette's Patient Award after being nominated by Betty Crighton, a former Mayor of Blackpool, who lavished praise on him for the care he had given her.

Mr Kiri, who was presented with his trophy by The Gazette's Head of Content, Andy Sykes, said: "I am really honoured to win The Gazette's award.

"For an individual to win such an award, I am truly proud, but I wouldn't have been successful if it wasn't for the support of the breast care nurses I work with. As a team we are trying to surpass national standards."

Winners and runners up were presented with their trophies during the glittering ceremony at the Tower Ballroom, following performances from the Langley Dance Centre and the newly-formed NHS Choir.



▲ Radiowave Unsung Hero Award  
winner Julie Birdsall



▲ The Gazette Patient Award winner  
Mr Kiri

Ian Johnson, Trust Chairman, said: "I thought it would be a difficult job to choose the winners this year, but it's you who do the difficult job."

"There were 228 entries into this year's awards, but there probably should have been 2,000 entries and worthy winners from across the Trust. The level and quality of entries has been absolutely outstanding."

All winners will receive £500 to be invested within their area of work for patient or staff benefit and the Chairman's Award winner receives a further £1,000.

The winners are as follows:

## **Clinical Team of the Year Award**

Winner: Gastroenterology

## **Non-Clinical Team of the Year Award**

Winner: BFH Hearty Lives Volunteer Health Mentor Project

## **Ward of the Year Award**

Winner: Critical Care Unit

## **Radio Wave's Unsung Hero Award**

Winner: Julie Birdsall

## **Employee of the Year**

Winner: Barbara Stevenson

## **Patient Experience Award**

Winner: Community Care Pathway

## **The Gazette's Patients' Award**

Winner: Mr Kiri

## **Chairman's Award**

Winner: Gastroenterology

# Staff Achievements Ceremony

THE Trust held its Annual Members' & Public meeting on Monday, September 23rd 2013, with Chief Executive, Gary Doherty, and Chairman, Ian Johnson, reporting on the Trust's successes over the past 12 months.

This was followed by the Staff Achievements Ceremony, where more than 250 members of staff from Blackpool Teaching Hospitals were rewarded for their loyalty and commitment to patients.

Staff from a wide range of roles across hospital and community services were presented with certificates, flowers and trophies by Mr Gary Doherty and Mr Ian Johnson at the annual event held at the De Vere Hotel.

There were four award presentations in total, which included the Long Service Award which recognised members of staff who had worked more than 20 years within Blackpool and North

Lancashire health services, and the Personal Achievement Award that celebrated staff who had gained a work based qualification in the last 12 months.

Mr Doherty said: "I am very proud to be the Chief Executive of this Trust and to see the fantastic work of our staff at this event, and

what I witness every day, only serves to reinforce that fact.

"It is only right that we celebrate a lot of people for a lot of hard work that they do to help provide the best care possible for local patients."

There were also awards which honoured members of staff who have made a strong positive impression on staff and patients due to their exceptional level of care



▲ Anne Smith, Chairman of Membership Committee (Lead Governor)



▲ Staff members receiving their Long Service Award

and attention, with the Cardiac Nurse of the Year Award and the Dottie Hall Memorial Award going to Samantha Kilmurray and Pamela Ridsdale respectively.

# Chief Executive's Assurance

**M**EMBERS of the public may have seen that the Trust has remained under scrutiny since the Keogh Review took place earlier in the year.

Most of the focus centres on the Trust's Mortality figures which show the Trust as having higher than expected death rates.

But I would like to assure people that the figures have improved and show the intensive work carried out during the past two years is having a positive effect.

We have implemented a number of initiatives which have covered every area of the hospital, and this is now showing a sustainable improvement in our figures and we confidently expect the data to be within the expected range by April 2014.

The Trust has also invested more than £1.5M in clinical staff.

Our Better Care Now scheme has developed a number of clinical pathways that impact most on mortality and morbidity figures and are focusing particularly on the first 24-36 hours of patient care to standardise and improve the treatments they receive and this is providing excellent results.

We have also been undertaking intensive work to deliver life-saving care within the community and developed a number of initiatives to provide care outside the hospital setting in particular for the frail elderly and those with long term conditions.

I realise that the Trust has been the subject of intense monitoring in recent months but the work we are undertaking will help us to become a stronger organisation.

## Board Meetings held in Public

**A**s part of the Trust's commitment to openness and accountability, Board meetings are now held in public on a regular basis.

Please note below the meeting dates for 2014:-

- Wednesday 29th January 2014
- Wednesday 26th February 2014
- Wednesday 30th April 2014
- Wednesday 21st May 2014
- Wednesday 30th July 2014
- Wednesday 24th September 2014
- Wednesday 29th October 2014

- Wednesday 26th November 2014

Staff, patients, the media and the public are encouraged to observe these meetings which provide an opportunity to learn about the work of the Board.

The agenda for each meeting will be posted on the Trust's website at least three days in advance of the meeting date.

Members of the public also have the opportunity to ask questions in relation to the agenda or reports and these should be submitted in writing to the Chairman at least 24 hours in advance of the meeting date.

For further information about Board meetings, please contact Judith Oates, Foundation Trust Secretary, on 01253 306856 or [judith.oates@bfwhospitals.nhs.uk](mailto:judith.oates@bfwhospitals.nhs.uk).

# PLACE Assessment

**THE Trust has thanked volunteers who helped assess local sites as part of the national Patient Led Assessment of the Care Environment (PLACE) programme. The volunteers are largely provided by the local Healthwatch organisation.**



▲ PLACE Assessment Team

PLACE, previously the Patient Environment Action Team (PEAT) study, was changed to ensure it was an independent 'patient led assessment' with the patient's voice playing a significant role in the result of the survey.

Environmental assessments are carried out at ward and departmental level from a patient perspective with each PLACE visit generating a score in the areas of cleanliness, food & hydration, privacy, dignity and confidentiality and buildings & grounds.

Nigel Fort, Assistant Director of Clinical Support and Facilities Management at the Trust, said: "The Trust has been extremely fortunate in working in partnership with external patient assessors who have made this new process possible. With their help we have achieved scores in all the above areas that were higher than National Average."

## Receipt of 'Your Health' Newsletter

**DURING the current financial climate the Trust is constantly looking at ways of reducing costs.**

A way in which savings could be achieved within the Membership & Governors Office would be to change to an electronic format whereby members would receive their copy of the 'Your Heath' newsletter via email. Also, where

there are multiple recipients in one household, we could look at sending only one copy. Please indicate below if there are multiple recipients at your address and if you are happy to receive one copy.

Kindly fill in the details below and indicate which format you would prefer to receive your copy of the members' newsletter.

Freepost, RRZB-RRAU-TGET, Membership and Governors Office, Trust Headquarters, Blackpool Victoria Hospital, Whinney Heys Road, Blackpool FY3 8NR



Member's full name:

Preferred Method of Contact: Email:  Post:  (please tick)

Member's address:

Member's email address:

(please write clearly)

How many recipients at this address?  (please state)

Are you happy to receive one copy per household? Yes:  No:  (please tick)



# Car Park Topping Out

**WEIGHING more than 23,500 tonnes and containing enough concrete slabs to stretch from Blackpool to Preston, the Trust's new multi-storey car park celebrated a major milestone recently.**

A topping out ceremony was held by contractors Willmott Dixon which saw Blackpool FC players, Steven Davies and Bradley Orr, unveil a plaque to mark the goal of the last slab going into the major building.

Trust Chairman, Ian Johnson, said that the work represented great teamwork to construct such a major

project at a hospital without impacting on the vital, lifesaving work which went on around it daily.

He said: "This car park means a lot of things to us. It will also help us recruit new staff who want to be able to get to work and park on site and it will also be a fantastic bonus for patients and visitors who will no longer find themselves driving around the site looking for spaces."

Building work started late last year and the first five floors of the car park will be handed over to the Trust shortly, ready for it to be



▲ Blackpool FC players, Steven Davies and Bradley Orr unveil a plaque

opened to the public and staff in January.

The remaining levels will open in February. The building also includes a new main entrance to the hospital, which will feature retail outlets.

Blackpool Victoria Hospital's new car park will boast 1,120 spaces.

## Maternity Unit Opens

**BLACKPOOL Victoria Hospital opened its new £680,000 midwife-led maternity unit in August.**

The state-of-the-art facility offers four spacious en-suite birthing rooms, two with pools, and is a home-from-home environment making the birthing experience as normal as possible.

The team at Blackpool Victoria believe this is an exciting and significant change giving women real choices about how and

where they want to deliver their baby.

The unit will run independently but is alongside the delivery suite within the hospital's Women and Children's Unit.

For the first time mums can now choose to either have their babies at home; in the hospital delivery suite or in the new unit which is staffed by midwives but with less medical intervention during birth.

Matron, Janet Danson-



▲ The Midwife-Led Unit Team

Smith, added: "This is a really exciting time for women giving them control over the type of birth they want. They now have the option of delivering within the safety of the hospital but with the philosophy of a home confinement. As far as choice goes, it does not get better than that."

## Choose Well This Winter!

**THE Trust is appealing to local residents not to go to A&E departments this winter unless they genuinely have a very serious or life threatening health problem.**

Every year hospitals report that an increasing number of people are using A&E, when there are more suitable health services available. This is costing the NHS millions of pounds that could be spent on other services, and taking up A&E doctors' and nurses' time that could be spent on those with the most serious of illnesses.

The Choose Well campaign aims to encourage people to find a more appropriate service for minor injuries and ailments and asks the public to think about how serious their health problem is and then choose the right service.

- For very minor problems such as a hangover, indigestion, or a grazed knee, people should self-care
- For minor infections, coughs and colds, advice can be given by local pharmacies
- For ailments such as stomach pain and vomiting, a persistent cough or ear pain, call your GP surgery, or if the surgery is closed contact the 'out-of-hours' GP service, or visit your local walk in centre or minor injuries unit. Details can be found at [www.nhs.uk/choosewell](http://www.nhs.uk/choosewell) and a mobile phone friendly web-link is also available at <http://bit.ly/nhsnwQR>
- If you are not sure which service to choose, call NHS Direct on 0845 4647 or your GP's out-of-hours service or visit NHS Choices at [www.nhs.uk](http://www.nhs.uk).



## Feedback from Consultation 12

**THE last Consultation Corner focussed on Improving Members Contact with Foundation Trust Governors.**

We received some valuable feedback which will help us to make improvements to members contact with their Governors.

Half of the respondents said they were not aware of who their Governors were. In future newsletters, we will be highlighting each constituency's Governors and giving details about who they are. The Governors are listed on the website at: [www.bfwh.nhs.uk/about/governors.asp](http://www.bfwh.nhs.uk/about/governors.asp)

Two thirds of respondents stated they would like more access to Governors. The Trust is currently looking at holding Governor Forums in the new entrance at Blackpool Victoria Hospital once the building work has been completed.

Two thirds of respondents stated they would be happy for Governors to contact them and gave their preferred way of contact.

The majority of respondents stated they would be happy to be contacted by a Governor whilst an inpatient in the hospital and would consent to such a visit at their specific request. Most stated that the best time for this visit to take place would be at the patient's specific request or outside of normal visiting hours. Two thirds stated the Trust should develop a code of conduct for Governors visiting inpatients.

We are constantly trying to improve communication with our members, so if you have any suggestions please contact the Membership & Governors Office on 01253 306673 or email [members@bfwh.nhs.uk](mailto:members@bfwh.nhs.uk)

# Fourth heart operation brings new lease of life

**A LADY from Leeds was given a new lease of life thanks to pioneering heart surgery at the Lancashire Cardiac Centre.**

Ann Iqbal (52), travelled across the Pennines to have her fourth and hopefully final operation on her heart to replace a leaking valve. She was referred from Leeds Royal Infirmary, after multiple infections had caused her to require specialist cardiothoracic surgery.

Before the operation Ann struggled to breathe, and couldn't even have a conversation without getting out of breath. Now she can talk for a sustained length of time without being breathless, and feels the healthiest she's been in recent years.

"It's all too good to be

true, I can't quite believe it. My life has completely turned around, I'm surprised at how much better I feel now." Anne said.

She continued: "Words cannot explain the treatment Mr

Zacharias and his team have given me at the centre. Every member of staff I have come into contact with seems very positive, friendly and like they really want to help you and make you feel better. They've been wonderful."

Ann started experiencing heart problems at 20 years of age, as the result of contracting rheumatic fever as a child.

Cardiothoracic Surgeon, Mr Joe Zacharias, said:

changing Lives



▲ Ann with Staff Nurse, Sophia Smith, and Student Nurse, Crystal Boulton, who looked after Ann whilst she recovered in the Lancashire Suite.

"It is very rewarding to be able to offer a minimally invasive solution to a very difficult problem.

Mrs Iqbal has had three previous operations through her sternum and following the last one had an infection that left her breast bone infected. A further operation would have had very high risks.

It was great to be part of the team that could offer a solution that changed the quality of her life so dramatically."

# Vintage Tea Parties

**VOLUNTEERS recently organised two vintage afternoon tea parties for Blackpool Victoria's wards 25 and 26 and Clifton Hospital's ward 11, complete with cakes supplied by local suppliers.**

The two parties were organised as part of the Blackpool Fairness Commission's '100 Acts of Kindness' campaign, which aims to mobilise people in our communities to do something kind for each other.

Jane Iceton, Voluntary Services Manager, said: "Everyone was so excited about



This new independent consumer champion for health and social care has been set up to help people who use these services in Blackpool. It offers them a powerful influence and voice in how they're planned and run - and signposts people to help them make choices about the many services available.

If you want to make your views known, would like further information about current services, or could help us give individuals and communities a stronger voice in influencing and challenging how services are provided in the area, contact us at Healthwatch Blackpool.

There are various ways for everyone to get involved, so please get in touch.

Telephone 01253 345445  
 Email [healthwatch.blackpool@groundwork.org.uk](mailto:healthwatch.blackpool@groundwork.org.uk)  
 Visit [www.healthwatchblackpool.co.uk](http://www.healthwatchblackpool.co.uk)  
 Follow us on Twitter @HealthwatchBpl  
 Like us on Facebook Healthwatch Blackpool



▲ Yardi Shevlov and Val Gilicz enjoying a cuppa

the vintage tea parties. The staff and patients really enjoyed themselves, it really made their day.

"The volunteers are so important to our work here at the Trust and I really can't thank them enough for all their efforts."

Dotty Delightful, owner of Blackpool's newest vintage store based on Church Street, played a major role in making the event possible and provided lots of decorations to really give the events a vintage feel.

Entertainment was in the form of a sing-along, organised by Trust volunteer, Yardi Shevlov and singer and volunteer, Val Gilicz.

There are currently more than 300 volunteers who regularly give up their time to support the Trust. We are always looking for new volunteers to give their time to support staff and patients across the Fylde coast.



▲ Jane Iceton, Volunteers Officer, with Casey Atkinson Volunteers Departments Volunteer

For those interested in becoming a volunteer please contact Jane Iceton on 01253 657994.

## A Blackpool NHS Human Resources team has scooped a prestigious national award.

**THE HR team won an award for its coaching and personal development in the Healthcare People Management Association's annual celebration event. The awards celebrate the best HR practices in all healthcare organisations across the country.**

Emma Dawkins, Assistant Director of HR and OD said: "It was a proud moment for the wider team from Organisational Development and our in-house coaches who not only offer coaching and mentoring, but also train line managers in coaching skills.

"This award provides recognition for the long term commitment that the Trust and the team have made to developing a coaching culture within the organisation."



▲ Staff from Blackpool Teaching Hospitals NHS Foundation Trust receive their Healthcare People Management Association award.

## National Award for Communications Department

**THE Trust's Communications team has recently celebrated winning a national award.**

The team won the Best Use of Video award in the UK Public Sector Communications Awards, beating off high quality entries from across the country.

The award was for last year's Trust flu awareness campaign video that was created by Communications Assistant, Lee Rayner and starred porter, Phil Smith.

The judges said the video was "a perfect example of how a well thought out video featuring humour to get across an important

message can make a real difference to a campaign."



▲ Lee Rayner receives the UK Public Sector Communications Award for the Best Use of Video category.

## Blackpool maternity team wins national Care Award

### THE Trust's Maternity

**Substance Misuse team won a top national award in the Women's Health category at the National Care Integration Awards for its Integrated Care Pathway for Pregnant Women who misuse substances.**

The team developed and improved the care and support given to pregnant women who misuse substances and this good practice has been recognised both inside and outside the Trust.

The changes have resulted in a dramatic reduction of the number of babies who require admission to specialised neonatal care for the management of withdrawal from drugs (Neonatal Abstinence Syndrome).

Marie Thompson, Director of Nursing and Quality at the

Trust, said:

"The Care Integration Awards is a highly prestigious national recognition of the high standards of quality that our Maternity Substance Misuse Team is providing to our local population,



▲ Members of the Maternity Substance Misuse team at Blackpool Teaching Hospitals NHS Foundation Trust who won the Women's Health category at the National Care Integration Awards.

"I'm extremely proud of the team and those that were also shortlisted for achievements as leaders in care integration."

# Seminars

**THERE have been five membership seminars since our last issue.**

On Monday, July 15th 2013, Mr Andrew Goacher, Clinical Change Facilitator and Mr Craig Tilley, Lead Pharmacist for Electronic Prescribing and Medicine Administrator hosted a very interesting seminar on '**How Electronic Ways of Working are Improving Patient Care**'.

On Friday, August 23rd 2013, Dr Andrea Whitfield, Consultant in Palliative Care and Sue Jones, Matron, hosted a very informative seminar on '**Dying Matters – Let's talk about it**'.

On Tuesday, September 3rd 2013, Mr Gary Doherty, Chief Executive, hosted a well attended '**Chief Executive's Question Time**'.



On Friday, October 4th 2013, Dr Anis Ahmed, Consultant Stroke Physician, hosted a well attended seminar on '**Stroke**'.

On Monday, November 18th 2013, Simone Anderton and Angela McKeane, Associate Nursing Directors hosted a very informative seminar on '**Dementia Care Provision Update**'.

The presentation given during the above seminars can be viewed on the website at [www.bfwh.nhs.uk/members/events.asp](http://www.bfwh.nhs.uk/members/events.asp)

Thank you to all our members who made the time to attend.

## Seminar Dates for 2014

**H**ERE are some important dates for your diary for this year. Please contact the Membership Office on 01253 306673 to book your place:-

Date & Time:	Venue:	Details:
Tuesday, January 28th 2014, 10am	Lecture Theatre, Education Centre, BVH	Mr Gary Doherty, Chief Executive, and member of the Executive Team. Seminar on "Chief Executive's Question Time."
Wednesday, February 12th 2014, 6.30pm	Lancaster (venue to be confirmed)	Mr Ian Johnson, Chairman, and Governors. Seminar on "Elections 2014 – The Role of a Governor."
Tuesday, February 18th 2014, 5.15pm	Lecture Theatre, Education Centre, BVH	Mr Ian Johnson, Chairman, and Governors. Seminar on "Elections 2014 – The Role of a Governor."
Monday, February 24th 2014, 6.30pm	Lecture Theatre, Education Centre, BVH	Mr Ian Johnson, Chairman, and Governors. Seminar on "Elections 2014 – The Role of a Governor."
* Friday, March 14th 2014 (time T.B.C.)	(VenueT.B.C.)	Dr Saleh, Consultant Ophthalmologist Seminar on "Glaucoma Awareness Week"

\* This seminar has yet to be confirmed, details will be sent out once confirmed.

# Governor Elections in 2014

**BLACKPOOL**  
Teaching Hospitals NHS Foundation Trust will be seeking new elected governors in

**June 2014, with a number of vacancies arising on the Council of Governors due to resignations or terms of office ending.**

Trust governors are members of Blackpool Teaching Hospitals NHS Foundation Trust and are elected to represent their local constituencies, providing advice/support and to help influence the Trust's decision-making in terms of how it develops services for the people of Blackpool, Fylde, Wyre, Lancashire & South Cumbria and the North of England.

Ian Johnson, Trust Chairman, said: "The Council of Governors has an integral role to play and to ensure the Trust listens to the people they represent and meets their health needs. Governors are able to bring the voice of the local community and users of the hospital and community services to the very heart of the organisation. We are looking for people who are passionate about health to become Governors to make a positive contribution to the future of our Trust."

The Trust will be holding some seminar/workshop sessions throughout February and March for those members interested in finding out more about the role of a Governor. These dates will be communicated to members once arranged.



▲ Group of current elected governors

If you are interested in becoming a Governor please contact the Membership and Governors Office on 01253 6673 or email

[jacinta.gaynor@bfwhospitals.nhs.uk](mailto:jacinta.gaynor@bfwhospitals.nhs.uk)

## Governor Election Results 2013

**In August 2013 Blackpool Teaching Hospitals announced the results of its latest round of Governor elections.**

The following candidates were elected:

### Blackpool Constituency – four vacancies

Mrs Carol Measures (newly elected)  
Mr Neal Brookes (newly elected)  
Mr Zacky Hameed (newly elected)  
Mr Robert Hudson (newly elected)

### Fylde Constituency – three vacancies

Mr Clive Barley (newly elected)  
Mrs Gillian Wood (newly elected)  
Mrs Sheila Jefferson (newly elected)

### Wyre Constituency – two vacancies

Mr Ramesh Gandhi (re-elected)  
Mr John Bamford (re-elected)

### North of England Constituency – one vacancy

Mr Sam Henderson Wallace (newly elected unopposed) (subsequently resigned)

### Nursing and Midwifery Constituency – two vacancies

Mrs Sharon Vickers (newly elected)  
Mrs Janet Briers (newly elected)

### Clinical Support Constituency - one vacancy

Mr Ashok Khandelwal (newly elected unopposed)

### Community Health Services (North Lancs) – one vacancy

Mr Michael Phillips (newly elected unopposed)

# Odd One Out



**SHOWN above are eight famous faces.** All you have to do is name the person or predominant character in each square, find the common link, then select the odd one out and state why.

The first all correct entry drawn after Friday January 24th 2014 will receive a £50 gift voucher courtesy of CDC Printers of Poulton.

## Last Edition's Winner

**CONGRATULATIONS to Staff member Julie Holcroft who works with the Chest Pain team in the Cardiology Unit here at Victoria Hospital.**



Julie's was the first all correct entry drawn from the "Home win" picture quiz in the last issue, she wins a £50 gift voucher courtesy of CDC Printers of Poulton.

**The correct answers were:** 1. The Cheltenham Gold Cup 2. The Ashes 3. The Calcutta Cup 4. The FA Cup 5. The Superbowl (Vince Lombardi Trophy) 6. The Claret Jug (Open Golf). The odd one out being: 5. The Superbowl, is the only one which isn't won in the British Isles.

Please write your answers in here:

- |         |         |
|---------|---------|
| 1. .... | 5. .... |
| 2. .... | 6. .... |
| 3. .... | 7. .... |
| 4. .... | 8. .... |

Link:

Odd one out, and why?:

Send to: Freepost RRZB-RRAU-TGET, Blackpool Teaching Hospitals NHS Foundation Trust, Communications Department, Blackpool Victoria Hospital, Whinney Heys Road, Blackpool FY3 8NR

Name: .....

Address: .....

Postcode: .....

Preferred Tel No: .....

(Please tick as appropriate)

Public member

Staff member

## Blue Skies fundraisers are abseil-utely inspiring

**M**ORE than 50 brave fundraisers abseiled down the Women and Children's Unit at Blackpool

### Victoria Hospital to improve healthcare for NHS patients.

A total of 53 people descended 60 feet in the Going for Gold Appeal Abseil Challenge organised by Trust charity Blue Skies Hospitals Fund in September.

Head of Fundraising, Kathy Ancell, said: "The day was absolutely fantastic and we even had nice weather. Everyone seemed to enjoy the abseil and it was a great visual event for the charity. It was a lot of fun and many of us even went down more than once."

"Thank you so much to everyone who took part. People are still collecting in sponsorship money so we'll know shortly how much we have raised."

Blue Skies Ambassador, Neil Bontoft, was one of those taking part. He said: "I really liked it after the first bit going over the top. It makes you think you could do an even higher abseil because once you are out there you're fine. You can jump away from the wall and everything; I really enjoyed it."

The Going for Gold Appeal strives to provide a Gold Standard of Care for patients of the Trust and aims to raise unrestricted funds to allow the charity to support areas which do not readily attract charitable donations.



▲ Blue Skies Ambassador, Neil Bontoft takes on the challenge.

## Local hospital supports bereaved families at Christmas time

**A**n annual event to help people remember their loved ones at Christmas time has celebrated its eighth year.

The annual Tree of Lights Ceremony, organised by Blue Skies Hospitals Fund and the Chaplaincy Team, was held at the beginning of December and gave the chance for members of the public to remember friends and family who are no longer with us.

Chaplaincy Team Leader, Rev. Graeme Harrison, said: "At Christmas time it can be hard for people who have lost loved ones, whether they are recently bereaved or it happened some time ago in the past. We hold the Tree of Lights Ceremony to try to help people mark Christmas time and remember those who are no longer with us."

"We want to thank everyone who donated to the Tree of Lights Appeal. This year money from the event will be used

to provide comfort care packs which are for relatives of critically ill patients."

To make a general donation

to the Tree of Lights Appeal, please send a cheque made payable to 'Blue Skies Hospitals Fund' to: Tree of Lights Appeal, Fundraising Office, Blackpool Victoria Hospital, Whinney Heys Road, Blackpool, FY3 8NR.



▲ L-R Clive Lord, Diane Stonier, Kathy Ancell, Nicci Hayes and Graeme Harrison at the Tree of Lights event.

# New Member Recruitment Form

Blackpool Teaching Hospitals **NHS**  
NHS Foundation Trust

Membership is FREE, and it is easy to join. Simply complete this form and send it back to us at **Freepost, RRZB-RRAU-TGET, Membership and Governors Office, Trust Headquarters, Blackpool Victoria Hospital, Whinney Heys Road, Blackpool FY3 8NR.** Or visit our website and fill in the online form at: [www.bfwh.nhs.uk](http://www.bfwh.nhs.uk)

## Your Details (Fields marked with \*\* are mandatory)

\*Title:  \*First Name:   
\*Surname:   
\*Address:   
  
\*Postcode:   
  
\*Date of Birth:  Home Tel.:   
  
Mobile Number:

We would prefer to send you information about the Trust and membership issues by email. **Email address:** (please print clearly)

If you would prefer to receive this by post, please tick here:

We want to involve the whole community and build a membership that is representative of the region. The following information will help us know if we are achieving this.

Gender (please tick) Male:  Female:

Are you in the same gender as the one at birth? (please tick) Yes:  No:

## Ethnicity (please tick)

<b>White</b>	<b>Mixed</b>
<input type="checkbox"/> White British	<input type="checkbox"/> White and Black Caribbean
<input type="checkbox"/> White Irish	<input type="checkbox"/> White and Black African
<input type="checkbox"/> White Other	<input type="checkbox"/> White and Asian
	<input type="checkbox"/> Other
 <b>Asian or Asian British</b>	
<input type="checkbox"/> Indian	<input type="checkbox"/> Caribbean
<input type="checkbox"/> Pakistani	<input type="checkbox"/> African
<input type="checkbox"/> Bangladeshi	<input type="checkbox"/> Other
<input type="checkbox"/> Other	
 <b>Chinese</b>	 <b>Other:</b> <input type="text"/>

## Religion/Belief

Please state your religion/belief:

**Do you consider yourself to have a disability?**

Yes:  No:

**Do you have any specific requirements for attending events?**  
(e.g. mobility, hearing loop, sight aids, interpreter)

Please state here:

## Your Areas of Interest

Please indicate any areas of healthcare that you would be interested in attending a seminar on

Please state here:

## Status (please tick)

- |                                  |   |
|----------------------------------|---|
| <input type="checkbox"/> Married | <input type="checkbox"/> In a civil partnership |
| <input type="checkbox"/> Single  | <input type="checkbox"/> Divorced               |

## Sexual Orientation (please tick)

- |  |                                  |
|--|----------------------------------|
| <input type="checkbox"/> Heterosexual      | <input type="checkbox"/> Gay     |
| <input type="checkbox"/> Prefer not to say | <input type="checkbox"/> Lesbian |

## Getting Involved

As a member you can give as much or as little time as you wish. We have different levels of membership and these are detailed below:

### Level 1 (please tick)

Receive members newsletter and voting information only.

### Level 2 (please tick)

As level 1 plus taking part in surveys, consultations and questionnaires.

### Level 3 (please tick)

As level 1 and 2 plus involvement opportunities, such as, attending seminars/events, taking part in discussion groups, volunteering for the Trust and/or standing for election to the Council of Governors.

## Public Register

The Trust is required to keep a public register of its members. If you DO NOT wish your name to be included, please tick this box .

Signature:

Date:

(The data you supply will be used only to contact you about the Trust, membership or other related issue and will be stored in accordance with the Data Protection Act. Full details available upon request.)