

## Open and Honest Maternity Care in your Local Hospital



The *Open and Honest Care: Driving Improvement* programme aims to support organisations to become more transparent and consistent in publishing safety, experience and improvement data; with the overall aim of improving care, practice and culture.

Report for:

**Blackpool Teaching Hospitals  
NHS Foundation Trust**

June 2016

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This report is based on information from May, 2016

The information is presented in three key categories: safety, experience and improvement. This report will also signpost you towards additional information about the trust's performance.

# 1. SAFETY

## Maternity Safety Thermometer

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On one day each month we use the maternity safety thermometer, which is a nationally agreed tool to monitor care in maternity services. We use it to check to see how many women and babies experienced certain types of harm whilst in our care. It is called a safety 'thermometer' because it is a tool designed to take a sample of information available and so acts similarly to a 'temperature' check of safety, experience and improvement. This helps us to understand where we need to make improvements.

When we are using the term 'harm' in the context of maternity care it is important to understand that for many women these 'harms' are known complications of labour and birth and can not necessarily be avoided.

The maternity safety thermometer records whether any of four physical 'harms' occurred and asks three questions about women's experiences of maternity care. The four physical 'harms' we record information on in the maternity safety thermometer are;

- Severe tears in the skin and muscle around the vagina (also known as perineal tears or 3rd and 4th degree tears)
- Heavy blood loss following birth more than 1000mls (also known as post partum haemorrhage)
- Apgar score less than 7 at 5 minutes which is an indication of how well your baby was at birth (this is a score out of 10 where 2 points are given for each of the following: heart rate, breathing, colour, muscle tone and response to touch - 10 being the best score)
- Women who report having an infection starting between the onset of labour and 10 days of giving birth.

The term 'harm free care' (HFC) is the percentage of women who do not experience any of these 'harms' during their labour and birth as recorded in the maternity safety thermometer. The score below shows the percentage of patients who did not experience any of these harms measured in the Maternity Safety Thermometer and is known as harm free care. Please note the Safety thermometer harms identify data collected from women on one day per month and are a snap shot of the 'harms'. The breakdown of these results are shown below alongside the actual incidence of harms.

**85.1% of patients did not experience any of the four harms in this trust.**

For more information, including a breakdown by category, please visit:

<http://www.safetythermometer.nhs.uk/>

## Outcomes in our maternity service

Most women have a normal birth but some women need to have some help to give birth to their baby and have an operative birth. Operative birth could be a caesarean section, vacuum or forceps birth. Whilst having an operative birth can be potentially life saving there is great variation across the country. It is important to note that the need for an operative birth is dependent on risk factors and can vary in different populations so this information should not be used in isolation.

|                                 | Total number of births | Spontaneous vaginal birth | Planned Caesarean | Emergency Caesarean | Forceps | Vaginal Breech |
|---------------------------------|------------------------|---------------------------|-------------------|---------------------|---------|----------------|
| This month                      | 282                    | 57.5%                     | 14.2%             | 12.8%               | 4.6%    | 0.4%           |
| Actual numbers since April 2016 | 516                    | 59.9%                     | 11.6%             | 14.3%               | 5.4%    | 0.4%           |

The % figures for spontaneous vaginal births are triangulated to the mode of delivery with positive delivery outcomes for mother, baby and patient experience. All emergency caesarean sections are reviewed on an ongoing basis to ensure appropriate management and care is provided.

Of the 282 women who gave birth this month the following 'actual' harms occurred:

|  | Actuals |                               | Safety Thermometer |                               |
|--|---------|-------------------------------|--------------------|-------------------------------|
|  | Harms   | Total % of women giving birth | Harms              | Total % of women giving birth |
| Severe perineal tears (3 <sup>rd</sup> and 4 <sup>th</sup> degree) | 5       | 1.8%                          | 0                  | 0.0%                          |
| Post Partum Haemorrhage (more than 1000mls)                        | 9       | 3.2%                          | 2                  | 4.3%                          |
| Infection  | -       | -                             | 2                  | 4.3%                          |
| Apgar score less than 7 at 5 minutes                               | 4       | 1.4%                          | 4                  | 8.7%                          |

The number of stillbirths is recorded each quarter. The number of stillbirths which occurred in our Trust for the last quarter (1/16 to 3/16)

|                    |   |                 |       |
|--------------------|---|-----------------|-------|
| Actual Stillbirths | 0 | % of all births | 0.00% |
|--------------------|---|-----------------|-------|

## 2. EXPERIENCE

To measure women and families and staff experience we calculate percentages from surveys.

The answers are:

- Extremely Likely
- Likely
- Neither
- Unlikely
- Extremely Unlikely

The calculation is simple:

The % is all the 'extremely likely' and 'likely' answers added together, then divided by all answers (see above).

### Women and Family Experience

#### The Friends and Family Test

The Friends and Family Test requires all women, at 36 weeks, (ante natal), after the birth, (Labour/Birth), prior to transfer from hospital (Post natal in hospital) and on discharge from the midwife, (post natal at home) to be asked: How likely are you to recommend the maternity service to friends and family?

|                     |      |                                |
|---------------------|------|--------------------------------|
| Antenatal           | 96%  | This is based on 80 responses. |
| Home Birth          | 100% | This is based on 56 responses. |
| Postnatal           | 95%  | This is based on 38 responses. |
| Community postnatal | 100% | This is based on 30 responses. |

\*This result may have changed since publication, for the latest score please visit:

<http://www.england.nhs.uk/statistics/statistical-work-areas/friends-and-family-test/friends-and-family-test-data/>

In the maternity safety thermometer we also ask women three questions about their experiences in relation to feeling safe during labour. We are aware they make up only two aspects of feeling safe, and once again are only a 'temperature' check of how safe women are feeling. The questions are

'Were you left alone at a time that worried you by a doctor or midwife, during labour?'

'If you raised concerns about safety, were you satisfied with the response, during labour and birth?'

'Were you ever separated from your baby?'

This month we asked 26 women how they felt using the Maternity Safety Thermometer. Their responses are in the table below;

| Questions (Taken from maternity Safety Thermometer)  | Yes | No   |
|--|-----|------|
| Were you left alone by midwives or doctors at a time when it worried you during labour and birth?      | 0%  | 100% |
| If you raised a concern during labour and birth about safety did you feel that it was taken seriously? | 98% | 2%   |
| Were you ever separated from your baby?  | 13% | 87%  |

Any baby who needs blood sugar monitoring has their blood taken, which requires baby to be taken to the Neonatal Unit. Although mums can go with baby, some mothers prefer not to.

## A woman's or family story

Comments from May NHS Friends and Family Test returns:

"The staff were incredibly sensitive to the needs of surrogates and families. I felt cared for and the staff were professional and kind. You have made a potentially difficult time one of joy. Thank you."

"Everything was explained and the birth process was easy and as stress free as possible. Midwives were helpful and understanding, caring and helpful. The service was great and homely. A very big thank you for all in delivery."

"Everyone who looked after me has been amazing. During the delivery/labour the midwives were lovely (Jess, Lucy and Emily). Everyone has been very clear and informative about everything which made me more comfortable when making decisions."

## Staff experience

We also ask staff questions similar to the Friends and Family Test. We ask staff to think about their recent experiences of working in our maternity service and to answer 3 questions. This is based on 9 responses;

- |  |        |
|--|--------|
| 1. I would recommend this service as a place to work   | 100.0% |
| 2. I would recommend the standard of care from this service to a friend or relative if they needed treatment | 100.0% |
| 3. I am satisfied with the quality of care I give to the patients, carers and their families                 | 100.0% |

The scores are calculated as the number of 'Strongly Agree' + 'Agree' responses divided by the total number of responses (Strongly Agree, Agree, Neither agree nor disagree, Disagree, Strongly disagree)

## 3. IMPROVEMENT

Improvement story: we are listening to women and their families and are making changes to improve the service.

Baby death charities and parents who have experienced baby loss have worked with the Trust's bereavement specialist nurse to refurbish Blackpool Victoria Hospital's bereavement room.

The Forget-Me-Not suite in the hospital's Delivery Suite of the Women and Children's Unit has been redesigned in a bid to ease the trauma faced by the women, their partners and family members who need to use it. The room is designed to provide a comfortable and sensitive environment where women can feel supported and able to grieve in less clinical surroundings.

Women and their partners who have lost their baby after 16 weeks of pregnancy will be cared for in the new-look suite. Bereaved parents have raised the money for the room both individually and with the help of the stillbirth and neonatal death charity SANDS. Bereavement charity 4 Louis have also helped by funding most of the furniture and accessories.

## 4. SUPPORTING INFORMATION

### Supervisors of Midwives

The Supervisors of Midwives are experienced midwives with at least 3 years since qualifying as a midwife,

**The national agreed ratio of Supervisors of Midwives to Midwives is 1:15**

Our Supervisors of Midwives to Midwives ratio is **1:12** which is better than the national ratio and supports the trust ethos of staff development, to ensure care is provided by competent, skilled staff.