

# News Round

Issue 295 ● Friday December 4th 2015

**DON'T MISS IT:**



Watch our new Agachoo flu video [here](#)

# Wear a Christmas jumper for charity

**STAFF** are being asked to get into the festive spirit at work by having a Christmas Jumper Day to raise money to enhance patient care.

Staff on the Children's Ward are already geared up to show off their festive favourites and are calling on hospital colleagues to join them on Friday, December 18 for a £1 donation, which will go towards patient care across the Trust.

Clinical staff who are unable to take part can still make a donation for wearing festive pin badges, jewellery or headgear if appropriate as directed by their line manager.

Head of Fundraising and Voluntary Services, Caroline Scholz, said: "Wearing a Christmas jumper for a day at work is a fun and easy way to get into the seasonal spirit while raising money for a great cause.



"We're asking as many people as possible to join us for one day and help us raise money for our patients."

Any staff who wish to sign their ward or department up to take part in the Christmas Jumper Day for

Blue Skies Hospitals Fund can register by calling the Fundraising team on Ext 7381 or dropping in between 9am and 5pm Monday to Friday. Funds can be raised for specific areas of the Trust at your request.

## Great and Safe Place to Work survey launch

CREATING a Great and Safe Place to work is one of our key priorities and a core part of achieving this is how we engage with our staff.

In September we launched our new **Great Place to Work Survey** which we will run on a quarterly basis. This new survey which has been re-designed in collaboration with

Wrightington, Wigan and Leigh NHS Foundation Trust, will ensure we get more detailed responses than before.

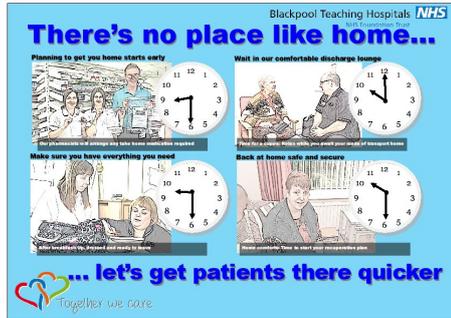
Names are randomly selected each quarter and those staff chosen for this quarter will be asked to respond between December 1<sup>st</sup> and December 31<sup>st</sup>. The survey will take

around 10-15 minutes to complete.

All responses are anonymous and totally confidential. We also said we would keep staff informed at regular intervals about the progress we are making in terms of staff engagement and have published our second Staff Engagement Update newsletter which is available [here](#).

## No Place Like Home campaign

THE Unscheduled Care Division is working hard to promote early discharge from each ward on a daily basis. As part of this they have launched a No Place Like Home poster



campaign to remind staff and inform patients about the benefits of safe early discharge. The campaign aims to improve the quality of patient care in two ways. Firstly by ensuring we reduce the proportion of patients being transferred to other hospitals or to their homes late in the day and secondly by providing ward beds early enough in the day to allow the timely movement of patients from the Emergency Department and Acute medical Assessment Unit.

## Still time to take part in Trust fun run

THERE is still time to take part in the Trust's first 5km fun run which takes place tomorrow, Saturday. The run, for staff and their family and friends (aged 16 or older), is in association with Thornton Cleveleys Running Club and is at Stanley Park, Blackpool. The run starts at 11am in the arena but staff are asked to check in from 10am. Medals will be given to all finishers and trophies will be awarded to the winners. The entry fee is £5 with net profit going to Blue Skies Hospitals Fund. Please contact Hannah Corless if you would like to take part on Ext 7638 or just turn up on the day.

## Trust launches new look website

THE Trust has recently upgraded its externally facing website. The new website has been designed with the input of patient and staff representatives to improve the user experience. This includes easier navigation, improved security, compatibility with mobile devices while also being easier to update. More functionality will be added to the website over the coming weeks and all feedback is welcomed. All departments are asked to check their pages and provide the web team with any changes they require to their areas of the site. If you have any queries please contact Paul Fearnley, the Trust's Web and Digital Media Manager, on Ext 1188.

## ClinicalKey trial feedback call

HAVE you taken advantage of the Trust's ClinicalKey resource? If so then please complete the following survey at <https://www.surveymonkey.com/r/ClinKeyBTHtest> to give your views on the resource. ClinicalKey is Elsevier's flagship online resource for medical education and evidence based practice articles and staff who have been using it are saying that it is an extremely useful resource.

## Christmas pay dates

THE Trust has announced its Christmas and New Year pay dates. For those staff members who get paid monthly the pay dates are:

- December 23
  - January 20, 2016
  - Returning to normal on Feb 24.
- Weekly paid staff with a contracted hours post will receive two weeks' pay on Friday, December 18, 2015.

## New and revised documents

NEW and Revised Procedural Documents which have been uploaded onto the Document Library in the last 60 days can now be accessed on the link below <http://fcsharepoint/trustdocuments/Documents/Forms/Uploaded%20in%20the%20last%2060%20days.aspx>

## Christmas Quiz invite

STAFF in the north of the Trust are inviting colleagues to take part in their annual Christmas Quiz being held at Ryelands Clinic on Wednesday, December 9 between 12.30-1.30pm. There is a lovely hamper full of goodies to share with colleagues for the winning team. Anyone wanting to sign up a team (Max 5 people) can enter by e-mailing [Judith.camp@bfwhospitals.nhs.uk](mailto:Judith.camp@bfwhospitals.nhs.uk)

## New consultant welcomed

DR Suboda Weerasinghe has been appointed as a Consultant Histopathologist at the Trust. Dr Weerasinghe has worked at Mid-Cheshire Hospitals NHS Foundation Trust as a Consultant Histopathologist for the past five years before joining our department. Dr Weerasinghe has a special interest in gastro-intestinal pathology and will be pathology MDT lead for Upper GI, Lower GI and CUP. We all look forward to working with Dr Weerasinghe in his new role.

## NHS pension newsletter

CLICK on the the link to read the November edition of the newsletter. [Read More...](#)

## How you can get your flu jab

STAFF are being urged to get their annual flu vaccine. Last year was our most successful campaign ever in that we achieved the national target for 75% of frontline staff needing to be vaccinated while also vaccinating 72.6% of our whole workforce which was our highest uptake ever and among the best in the NHS. This year we are aiming to maintain and improve this standard with a 75% target across the organisation. At the time of writing we have achieved 58% with Corporate Services reporting a figure of 95% and Research and Development 90% which are great returns. Up to date rotas are available on the flu vaccination site on the intranet [home page](#). The latest figures are:

- Adults & Long Term Conditions: 52%
- Clinical Support Services: 60%
- Corporate Services: 95%
- Facilities management: 52%
- Families Division: 45%
- Research and Development: 90%
- Scheduled Care: 59%
- Unscheduled Care: 66%



## BVH Christmas Fair invitation

THE Blackpool Medical Society is running a Christmas Market in HPEC on Thursday, December 10, 2015 between 4pm and 6.30pm. All staff and families are welcome to attend. If you would like to have a stall selling your goods at the market please contact Hayley Turner in The Undergraduate Office on Ext 5120 or email [hayley.turner@bfwhospitals.nhs.uk](mailto:hayley.turner@bfwhospitals.nhs.uk)

## Could you benefit from an apprentice?

ARE you looking for a keen, dedicated and willing apprentice for your area or department? The Trust is building an excellent workforce for tomorrow by offering external apprenticeships in all areas. Managers wishing to recruit an apprentice to can contact Dawn Werra 01253 953244 or email [dawn.werra@bfwhospitals.nhs.uk](mailto:dawn.werra@bfwhospitals.nhs.uk)



Dawn Werra, Karen Hodgson and Kirsty Hollings.

The Learning and Development Department is working in partnership with Blackpool and The Fylde College, offering apprenticeship qualification to all staff bands 1-4. To apply, or for further information, please contact Kirsty Hollings 01253 955246 or [kirsty.hollings@bfwhospitals.nhs.uk](mailto:kirsty.hollings@bfwhospitals.nhs.uk) The Trust is also running the Care Certificate national initiative for all new Healthcare Support Workers which is undertaken during the first 12 weeks of employment with the Trust. This initiative is now also being offered to all Buddy Mentors and existing support staff. The Certificate can be transferred between organisations and only has to be completed once. For further details, please contact Karen Hodgson on 01253

## Christmas trees for charity

TRUST Consultant, Andrew Duncan, is once again selling Christmas trees for charity. Last year Mr Duncan sold 103 trees with a donation of profits of £1,472 going to Prostate Cancer UK in memory of former colleague Carl Humphries who sadly died from the disease in 2014. The Nordmann fir trees come from a firm in Yorkshire and are of excellent quality. Mr Duncan hopes to sell 120 trees this year and the sizes range from 4-8 foot. If you would like any further details please phone or email Andrew Duncan on 07542 369268 or



[mr.duncan@bfwhospitals.nhs.uk](mailto:mr.duncan@bfwhospitals.nhs.uk) or Elaine Duncan on 07900 215725 on [elaine.23.duncan@btinternet.com](mailto:elaine.23.duncan@btinternet.com)

## Food donations welcome

THE Patient Experience Team at Blackpool Victoria Hospital is preparing to collect food and blankets to give to patients who live alone and are on a low income at Christmas. Team members will be in the main entrance at BVH on Tuesday, December 15. Local charities have been invited to have a display to raise awareness of the work they do and what support will be available over the Christmas period for people living on the Fylde coast. The Patient Experience team would like to invite staff, visitors and members of the public to donate tinned soup, baked beans, bags of dry pasta and rice, tinned tomatoes, instant mash potato, tinned sponge puddings, small cereal boxes, teabags, coffee, UHT milk and unwanted blankets. These will be passed on to The Salvation Army, who will co-ordinate the distribution of a small hamper and blanket to patients, who live alone, are on a low income and do not have family nearby and are discharged from hospital between Christmas and New Year. The Patient Experience Team can be contacted on 01253 955520 or 01253 953548.

To read the latest copy of the new staff magazine click [HERE](#)



## Visitor support packs available

AS winter well and truly takes hold the Trust will find more relatives, holding bedside vigils and spending more time in the hospital. This will make the Trust's "visitor support pack" even more beneficial. The



support pack' is a gift for carers and family members spending long periods at a patient's bedside. Its contents are designed to make them more comfortable at a difficult time and include items such as snacks, information leaflets, toiletries, a blanket and a book of puzzles to help pass the time. Instead of going for walks outside to gather their thoughts relatives often choose to stay indoors in the winter and so the need for the visitor support packs tends to increase. The packs are offered free of charge to the families of patients when the staff at the hospital feel it would be of benefit to them. All the contents are gathered following donations including funding from the Trust's Blue Skies Hospitals Fund. The packs are available on request when a member of staff feels a carer / family member would benefit. To request a pack: In Hours (9am-4pm) Tel Ext 5648 or Ext 7399. Out of Hours (evenings, nights and weekends): contact the duty chaplain via switchboard.

## Tree of Lights ceremony

THE Trust will be hosting the annual Tree of Lights ceremony on Monday, December 7<sup>th</sup> at Blackpool Victoria Hospital to help families pay tribute to lost loved ones in the run up to Christmas. If you would like to attend the Tree of Lights event, which starts at 7.30pm, or make a donation to the Tree of Lights Appeal, please request a leaflet from the Fundraising Office at Blackpool Victoria Hospital on 01253 957381 or email [blueskieshospitalsfund@googlemail.com](mailto:blueskieshospitalsfund@googlemail.com). Last year's event saw a record number of people attending the event, and more than £2,800 was raised to benefit bereavement care.



## Division highlights staff engagement

THE Unscheduled Care (USC) Division is committed to creating a great and safe place to work for all of its staff. They have been listening to the concerns and issues of their junior doctors and plan to have regular open forums for all the trainee medical staff to attend as they wish, in order to promote information and idea sharing. These forums will be hosted by USC Senior Managers. All trainee medical staff working within Unscheduled Care are welcome to attend the sessions and active participation is welcomed. This is your opportunity to shape the USC medical provision of the future by sharing your concerns, ideas and solutions. The first event is scheduled for Tuesday, December 15 at 2pm in the Education centre. If you would like to attend or can't make the date but have an idea you wish to share please email Susan Hegarty at [susan.hegarty@bfwhospitals.nhs.uk](mailto:susan.hegarty@bfwhospitals.nhs.uk)

## Pre-retirement sessions

ARE you intending to retire within the next two years? If so then there is still time to book your place on our next specialist seminars. The next sessions are:

- BVH Education Centre, February 1, 2016, 9am-1pm
- BVH Education Centre, June 20, 2016, 9.am-1pm

Book your place through OLM on 01253 955392 or via [olm@bfwhospitals.nhs.uk](mailto:olm@bfwhospitals.nhs.uk).

## Conflict resolution training

A NUMBER of Conflict Resolution training sessions are being held over the coming weeks. The four hour sessions, which are part of the mandatory training list, are taking place on December 11, and 14. All sessions run from 9am - 1pm in HPEC Rooms 3 and 4. To book go to [OLM@bfwhospitals.nhs.uk](mailto:OLM@bfwhospitals.nhs.uk) or phone 01253 955392 or 953175.

## Staff Christmas lunch

The staff Christmas lunch in Oliver's restaurant will be held on **Thursday, December 10 from 11.30am to 1.30pm**. Tickets for the three course meal are available from the staff restaurant until December 9. Tickets for a three course meal are £6 in advance or £7 on the day.

## Risk management training

THE Risk Management Team is offering Incident Reporting Training and Managing Incidents and Root Cause Analysis Training for any member of staff wishing to attend either. Please see the posters below for dates and booking details:

[Incident Training November Dates 2015](#)

[Managing and RCA Training November Dates 2015](#)

## Resilience training dates

ALL staff are invited to attend one of a number of training sessions being run by the Trust's Organisational Development team. These sessions are designed to support staff to be at their best during challenging times and to cope with the pressures they face covering areas such as resilience, mindfulness and dealing with stress. See full details [here](#). To book a place on a session please email [helen.hampson@bfwhospitals.nhs.uk](mailto:helen.hampson@bfwhospitals.nhs.uk).

## Blues Skies prize winners announced

BLUE Skies Hospitals Fund is pleased to reveal the name of the Blue Skies Teddy which has generated great interest across Blackpool Victoria Hospital.

The Trust charity set up a stall on the mezzanine in the Main Entrance in November calling on staff and the public to name a large teddy, and to guess how many sweets were in the Blue Skies



TOP: Paul Davies and Jess Dowd help sell Christmas goods at Blackpool Victoria Hospital.  
LEFT: Damiano Ricchiuti collects his sweets.

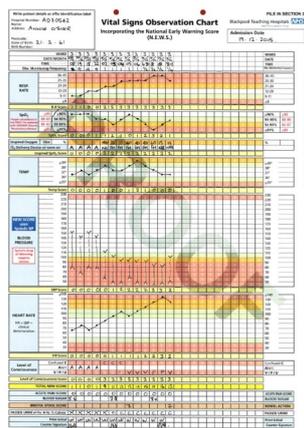
Jar. The teddy, which had been donated by a Blue Skies supporter, was named.... **RUSTY**. Congratulations to Mrs Wolfenden of Blackpool who has been into the Fundraising Office to collect him.

Well done also to Occupational Therapist Damiano Ricchiuti who correctly guessed that there were 217 sweets in the jar. The stall, which also sold home-made cakes, Beanie Babies, Christmas baubles and the charity's Christmas Cards, raised a total of £451 which will go back into enhancing patient care across the Trust. Many thanks to everyone who donated their cakes and time.

## National Early Warning Score coming

IN January the Trust will be switching over to using patient observation charts which are in line with the National Early Warning Scores. The National Early Warning Score was developed by the Royal College of Physicians as a way to create consistency in detecting if a patient's condition is deteriorating. So far it has been adopted by more than 80% of UK Trusts. The decision to bring Blackpool into line with other UK Trusts has

been taken after careful consideration and evidenced through audit and untoward incident reporting. The scores are slightly different for some of the vital signs and there is an additional observation to monitor (inspired oxygen). The new charts will run from January 19, 2016 when the old style charts will be unavailable and only the new charts can be used. To help facilitate this copies of the new charts will be sent to wards from December 22 and drop in sessions will be organised for wards throughout January. For more information contact Louise Kippax-Davies on Ext 2036.



## Call for Baxter pumps

PLEASE could all areas contact the Equipment Library on Ext.5323 if they have a Baxter Volumetric pump that is finished with, or if there are any on their area not in use. The Library has a critical shortage at some times either because of an increased clinical need or because areas are not returning pumps as required. Please make every effort to help the department.



## Sign up for Bench work

THE Trust has reinstated a Bench system and staff are now able to seek and accept shifts across all divisions providing greater opportunities to gain experience and enhance their development in different work environments. We are looking for highly motivated and committed Registered Nurses and Health Care Assistants to join our Trust Bench. You will have a can do attitude, be flexible and enjoy working with people of a similar mind who are as motivated as you are to deliver high standards of care in a supportive, responsive and friendly environment. In return we will offer:

- Flexible hours to suit you
- Optional weekly pay
- Regular or occasional work
- Variety of work in all clinical areas/ settings

Hours worked will need to comply with the Working Time Directive. If any staff are interested in joining the Trust Bench themselves or know of family or friends who would be suitable to join the Bench please contact Natalie Hill on Ext 3282 or Jessica Kozakiewicz on Ext 3346.

## The colour Purple

THE Ashton Memorial in Lancaster will be illuminated purple tonight (Friday) for #purplefriday to raise awareness of IBD. Maureen Huddlestone from the North Locality is behind this with help from Lancaster City Council

**CROHN'S AND COLITIS AWARENESS WEEK 1-7 DEC**

# save money

**GET YOUR BEST MOT PRICE**

**MJT CARS**

— Your road to a better service —

**MJT CARS - BISPHAM**

**£30.00**



**QSMC - BLACKPOOL & ST.ANNES**

**£27.50**



**MILLINS GARAGE**

**MOT & WINTER CHECK FOR £30.00**

**GET THESE OFFERS NOW ON TEXT TUESDAY**

**IF YOU HAVEN'T SUBSCRIBED SIMPLY**

**TEXT 'TUESDAY BPOOL  
PLUS YOUR NAME' TO 60777**

**Terms and Conditions:**

One standard text of 12 pence or less to register | All messages received are free | Data will not be shared with any third party  
You will be registered for all text tuesday offers | You can opt out via sms at one standard text rate of 12p or less  
[www.texttuesday.co.uk/legal](http://www.texttuesday.co.uk/legal) for company info | NHS ID required for cats tickets offer

**OFFERS VIA TEXT TUESDAY**



**WWW.TEXTTUESDAY.CO.UK**

Blackpool Teaching Hospitals **NHS** presents  
NHS Foundation Trust

**THE ANNUAL  
MEDICAL PHOTOGRAPHY DEP'T**

# **STAFF CHRISTMAS QUIZ**

**Wednesday 16th December 2015**

**12.30pm - 1.30pm**

**Education Centre Lecture Theatre**

**FREE TO ENTER**

Prizes sponsored by Unison

**MAXIMUM OF FOUR PEOPLE TO A TEAM**

THE WOMEN'S UNIT *would like to share with you*

# A SERVICE OF REMEMBRANCE

*for all our babies that have died over the years.*

**SUNDAY 6th DECEMBER 2015 at 3pm**

*(Doors open from 2.40pm)*

THE BARONIAL HALL  
BLACKPOOL'S WINTER GARDENS

*There will be a small candle lighting ceremony.  
If you would like us to light a candle and are unable to attend,  
then please send a stamped addressed envelope to:-*

Megan Murray, Bereavement Support Nurse,  
c/o The Women's Unit, Blackpool Victoria Hospital  
Whinney Heys Road, Blackpool FY3 8NR

if you require further information  
then please contact **MEGAN** on **01253 956877**



## Need to earn some extra money?

### Come and work on the Nurse Bench at BTH

To join the Trust Bench and make yourself available for extra shifts simply contact Ryan Harris in the Resourcing team on Ext 7993 for more details.

# Abbott Glucose Meter Training

Training sessions will take place on the following dates:

**Wednesday 25<sup>th</sup> November 2015** in the Clinical Skills Centre, Room 7 at:

- 12:30
- 13:15

**Wednesday 9<sup>th</sup> December 2015** in the Clinical Skills Centre, Room 6 at:

- 10:30
- 11:15
- 12:00



Are you a **Think Glucose Link Nurse** or a **Medical Devices Key Trainer**?

If so, have you received your glucose meter training from Abbott within the last twelve months?

**If not you must attend a training session as soon as possible**

Places are limited. In order to book your place, please contact Michelle Bennett, Point of Care Co-ordinator via email:

[michelle.bennett@bfwhospitals.nhs.uk](mailto:michelle.bennett@bfwhospitals.nhs.uk) or telephone: (01253) 95 7511



# Courageous Conversations

Is there a difficult issue you need to approach with another member of staff?

Are you a manager needing to discuss something sensitive with a team member?

Is there a performance issue with a member of your staff that you need to tackle?

**Need some advice?**

DATE	TIME	VENUE
7 <sup>th</sup> January 2016	09:30 – 11:30	Education Centre, Room 1, Blackpool Victoria Hospital
26 <sup>th</sup> January 2016	14:00 – 16:00	Whitegate Health Centre, Room 3, 150, Whitegate Drive, Blackpool

To book please email Learning and Development at [OLM@bfwhospitals.nhs.uk](mailto:OLM@bfwhospitals.nhs.uk)

# Blackpool Victoria Hospital Christmas Markets 2015

Free Parking  
available for  
visitors from  
4:45pm

Thursday 10<sup>th</sup> December 2015 in the Education  
Centre, 4:00pm – 6:30pm

A variety of stalls including:

Jewellery ~ Makeup ~ Christmas Decorations ~ Cupcakes  
~ Crafts ~ Handbags ~ Homemade cards ~ Mince Pies

Plus many more!

**There will be a raffle on the day and you  
will have a chance to win some amazing  
prizes including:**

Sunday lunch for 4 at Buca Di Beppo in the De Vere Hotel, a  
necklace from Beaverbrooks, an i-Pod Nano and a round of  
golf for two at Lytham Green

Plus many more prizes!

**First prize will be a brand new tablet!**

(Kindly donated by Spire Health)

Come along and visit Santa in his grotto and meet the  
characters from Frozen! This is an event not to be missed!



## GET A REAL TREE FOR CHRISTMAS AND SUPPORT PROSTATE CANCER UK

- PREMIUM NORDMANN FIR TREES
- UK Grown
- No needle drop
  
- 4ft 1.2m £30
- 5ft 1.5m £35
- 6ft 1.8m £42
- 7ft 2.1m £49
- 8ft 2.4m £56
  
- Base Log fixer £4



To reserve a tree email [mr.duncan@bfwhospitals.nhs.uk](mailto:mr.duncan@bfwhospitals.nhs.uk) or phone/text 07542369268 (Andy) or 07900215725 (Elaine). Available 27<sup>th</sup> November onwards. All profits to Prostate Cancer UK.

# Learning Disability Guide Meeting

Thursday 10<sup>th</sup> December 2015  
2.00 – 3.30pm  
Cardiac Lecture Theatre

Items for discussion are:

What are reasonable Adjustments?

Meet a service user and listen to their individual story.

If you are able to attend or if you are unable to attend but are interested in becoming a **Learning Disability Guide** please contact [Sally.Richardson@bfwhospitals.nhs.uk](mailto:Sally.Richardson@bfwhospitals.nhs.uk)



## Mediation Support

*Conflict at work? Perhaps you could access the in-house confidential and impartial Mediation Service?*

### What is mediation?

Mediation is a process used to help improve working relationships. It is about listening to both sides of a dispute and trying to come up with a solution, through negotiation, which will be acceptable to all. It recognises that all disputes are capable of resolution no matter how long standing.

Mediation is voluntary and completely confidential. It is entirely independent from any HR processes (i.e. no records are kept on your file), and the content of any mediation discussions are not disclosed to HR or any other third party.

The mediation process brings people together in the presence of an independent, impartial, skilled, third party representative whose role is to help individuals agree their own constructive solutions. A mediated agreement also signals a fresh start!

### About our mediation service

The Trust has a team of accredited mediators who have been professionally trained. The mediators come from a wide range of roles from across the Trust and the service is open to all staff.

The mediation service will:

- Provide an opportunity to resolve conflicts or issues in an informal setting
- Allow all parties to speak confidentially in a safe and secure environment
- Encourage mutual understanding to improve working relations in the future
- Focus on achieving a satisfactory solution for all

### What are the values and principles of mediation?

Our mediators are committed to ensuring the mediation service is credible, therefore, we have some clear principles which underpin this informal yet structured process. These are:

- impartiality & confidentiality
- independence
- equality of opportunity
- participation & collaboration
- non-discrimination & being non-judgemental

### Benefits of mediation

- Improves communication and working relationships
- Can provide solutions
- Reduces levels of stress within working relationships
- You can enter into mediation early in a dispute or after a formal process

#### Contact Details:

[mediation.service@bfwhospitals.nhs.uk](mailto:mediation.service@bfwhospitals.nhs.uk)

Or if you wish to speak with someone contact:

#### **Amanda Eagle**

Mediation Service Co-ordinator

DD Tel No:

Internal 1182 – External 01253 951182

#### **Samantha Landon**

Mediation Service Co-ordinator

DD Tel No:

Internal 6415 – External 01253 956415

*“Everything that irritates us about others can lead us to an understanding of ourselves”*

*Carl Jung*

# nhs only deal

**OFFER VIA TEXT TUESDAY**

## Sleeping Beauty

**FAMILY TICKET £48**

**(2 ADULTS & 2 CHILDREN)**

**AT THE CHARTER THEATRE**

**AVAILABLE DATES FOR THIS OFFER:**

**FRIDAY 18TH DECEMBER, 7PM SHOW**

**TUESDAY 22ND DECEMBER, 5.30PM SHOW**

**TO REGISTER FOR THIS TICKET OFFER SIMPLY**

**TEXT 'TUESDAY PANTO  
PLUS YOUR NAME' TO 60777**

**YOU WILL BE TEXT A UNIQUE CODE - ONE VALID PER MOBILE**

**Terms and Conditions:**

One standard text of 12 pence or less to register  
All messages received are free  
Data will not be shared with any third party  
You will be registered for all text tuesday offers  
You can opt out via sms at one standard text rate of 12p or less  
[www.texttuesday.co.uk/legal](http://www.texttuesday.co.uk/legal) for company info  
NHS ID required for cats tickets offer  
Certain tier tickets not available with this offer



**OFFER VIA TEXT TUESDAY**

**[WWW.TEXTTUESDAY.CO.UK](http://WWW.TEXTTUESDAY.CO.UK)**





# DROP IN DAYS

Come along to our drop in days in the Learning Suite, Education Centre –

Would you like to –

- Learn how to use a pc or tablet?
- Do your shopping on line?
- Do your banking on line?
- Know how to stay safe on line?
- Use Facebook and social media?
- Create documents on line?
- Improve your Maths or English?
- Learn more about money management?

These are just a few things you can learn, there are lots of other activities to do on a PC/tablet

If you are interested then please ask your manager to release you for around an hour between 9.00 and 4.00 pm on the following days –

29<sup>th</sup> October 2015

26<sup>th</sup> November 2015

15<sup>th</sup> December 2015

19<sup>th</sup> January 2016

No need to book a place just come along and see what you can find out.

If you would prefer to undertake this on a one to one basis please ask your manager who will arrange this for you at a suitable time.

Email – [UnionLearningRep@bfwhospitals.nhs.uk](mailto:UnionLearningRep@bfwhospitals.nhs.uk)

**inspire**  
Understanding features and benefits of products will help drive QOTW sales

## Deal of the Week & Fragrance of the Week/Month

All stores



**Thermacare**  
Back and Hip Wrap - £1.00 per wrap  
**£2.99** ~~£5.99~~ Pip/pan code 315-1637



**Half Price**

Fragrance of the Week



**Lady Gaga**  
Fame EDP 30ml  
**Now £9.99** ~~£25~~ Pip/pan code 37-1-9903

**Half Price**



**Betterlife**  
Footwarmer  
**£19.99** ~~£29.99~~ Pip/pan code Taran 019 11637 White 736-0296/Others 700-0318



**Half Price**



Exclusive to  
LloydsPharmacy  
**accént**  
Men's  
Compact  
Trimmer  
**£9.99** ~~£19.99~~  
Pip/pan code 736-0011

**Cheryl**  
Stormflower EDT 50ml  
**Only £12.99** ~~£27~~ Pip/pan code 600-6261



**Half Price**

**CK One EDT**  
100ml  
**Only £19.99** ~~£29.99~~ Pip/pan code 736-0297



**Half Price**



**Bronchostop**  
Syrup  
**£5.99** ~~£9.99~~ Pip/pan code 079-0228



**Save 40%**



**Half Price**

**Betterlife**  
Massage Foot  
Spa  
**£14.99** ~~£20.99~~  
Pip/pan code 736-0297

\*Higher price will be charged from 20th December

**Obsession Men**  
EDT 125ml  
**Only £19.99** ~~£37~~ Pip/pan code 079-0006



**Half Price**

**Obsession Women**  
EDP 100ml  
**Only £19.99** ~~£38~~ Pip/pan code 079-0006



**Half Price**



**Nexium Control**  
20mg Tablets  
**£6.99** ~~£14.99~~ Pip/pan code 879-0272



**Save over 40%**

**Rihanna Nude**  
EDP 30ml  
**Only £9.99** ~~£19.99~~ Pip/pan code 700-9322



**Half Price**



### Grow Your Basket Size

Use our excellent deals of the week and month to up-sell to our customers.



**Fragrance of the month**  
**Vera Wang**  
Princess  
EDT 50ml  
**£19.99** ~~£50~~  
Pip/pan code 601-9434



**Half Price**

AA4 FOTM Strut Card will be available to order from [lloydspharmacypos.co.uk](http://lloydspharmacypos.co.uk).

In Association with Thornton Cleveleys Running Club

# BTH 5km Fun Run

## Family and friends welcome

BTH has organised a fun run for staff and their family / friends (aged 16 years or older)

**Date:** Saturday 5th December 2015

**Venue:** Stanley Park Arena and surrounding area, Blackpool

**Time:** Check in from 10am, 11am start

**Entry:** £5 (net profit going to Blue Skies Hospital Funds)



To secure your place please complete the entry form by following the link:

[5km Fun Run](#)

All entries are to be sent to Hannah Corless by the 30th November 2015:

**Address:** Berry Offices, Blackpool Victoria Hospital, FY3 8NR

**Email:** [bthhealthierworkforce@bfwhospitals.nhs.uk](mailto:bthhealthierworkforce@bfwhospitals.nhs.uk)

For more information phone: 01253 957638

## Transforming End of Life Care Study Days - 2016



### Morning: 9.30am - 12.30pm End of Life Care Workshop

By the end of this session you will:

- Be able to identify the national 5 key enablers
- Describe what a plan of care for the dying person includes
- Understand the importance of advanced care planning
- Know how to apply the AMBER Care Bundle to improve patient care on your ward
- Demonstrate how the above can be put into practice

### Afternoon: 1.30pm - 4.30pm Sage & Thyme

This foundation level communication course is designed to:

- Help recognise psychological distress
- Communicate honestly and compassionately

*This course is available to all staff, whatever your role is in the Trust.*

### Dates & Venue

Wednesday, 27 January 2016

Wednesday, 18 May 2016

Wednesday, 17 February 2016

Wednesday, 29 June 2016

Wednesday, 30 March 2016

Wednesday, 21 September 2016

Wednesday, 27 April 2016

Wednesday, 19 October 2016

Wednesday, 16 November 2016

**All in rooms 3 & 4, HPEC (Education Centre) at Blackpool Victoria Hospital**

To register on either or both of the sessions please email OLM at: [OLM@bfwhospitals.nhs.uk](mailto:OLM@bfwhospitals.nhs.uk)  
Please specify which session you wish to attend in your email.

**Certificates will be provided to delegates who complete each session.**



# Community Medicines Management Training



**Medicines management training is mandatory within the Trust for all community staff that administer or prescribe medicines.**

You are required to attend training with the Medicines Management Specialist Nurse every three years.

Sessions are being held at community sites, places are limited .

To book a place please email [OLM@bfwhospitals.nhs.uk](mailto:OLM@bfwhospitals.nhs.uk) or phone the booking lines 01253 955392 or 953175

Thursday 26th November 2015 at 2.00 pm  
Meeting Room S6, Blackpool Stadium

3rd December 2015 at 2.00 pm  
Large Meeting Room, Slyne Road, Lancaster

10th December 2015 at 1.30 pm  
Seminar Room, Lytham Primary Care Centre



## FIRE LECTURES

No need to book - just turn up

**December 2nd: Lecture Theatre, HPEC, BVH**  
10am - 11am

**December 9th: Lecture Theatre, HPEC, BVH**  
10am - 11am

**December 16th: HPEC Room 1, BVH**  
11am - 12noon

**December 23rd: HPEC Room 1, BVH**  
10am - 11am

No need to book - just turn up