

News Round

Issue 283 ● Friday June 19th 2015



Celebrating Success Awards 2015

Nominations are now open for the Celebrating Success Awards 2015

[View the intranet site](#) [Online application form](#)



Staff achievements ceremony launch

THIS year's annual Staff Achievements ceremony will take place on Monday, September 28, 2015, in the Lecture Theatre at Blackpool Sixth Form College.

As with previous years the ceremony, which recognises staff for long service and those who have gained qualifications during the year, will take place after the Annual Members and Public Meeting. At the ceremony certificates and prizes will be given to congratulate staff for their dedication to their role. The different awards are:

- **Long service:** recognising those who have given more than 20 years of NHS service
- **Personal achievement:** paying tribute to staff who have completed training courses over the past year.

Then there are three awards which staff can be nominated for by staff or members of the public.

- **The Dottie Hall Memorial Award:** This honour is open to staff within the surgical unit, from the surgical outpatient departments, secretaries, nursing staff, ward clerks, housekeepers, domestics etc, who have made a strong, positive impression on staff and patients due



to their exceptional level of care and attention.

- **The Cardiac Nurse of the Year Award:** All nurses and health care assistants who work within the Cardiac Division at the Trust are eligible for a nomination, as long as they have gone that extra mile in their work to help patients. The winner will be presented with a certificate and £200 personally from Mr Ramesh Gandhi, Wyre Public Governor and retired Cardiothoracic Surgeon. Ramesh's wife, May, will also kindly present £100 to the runner up along with a certificate

- **The Going the Extra Mile Award** is for someone, clinical or non clinical, who has gone the extra mile to support a colleague or is just someone who goes out of their way to look after others.

Staff who have given 20 years of service within the NHS as a whole, be it in this Trust or other organisations (up to and including September 28 2015) - will receive a

certificate in recognition of their commitment to health care. Those eligible will receive an invitation to the Staff Achievement Awards ceremony by Thursday August 3 2015. If you can't attend the event, your

certificates will be sent to you by post. Nominations are now open for you to enter your name for the personal achievement award.

These are given to staff who have gained a qualification linked to their work for example; an NVQ, GCSE, degree (or any other qualification), or have successfully completed a work-related course over the last 12 months up to and including Monday September 28 2015.

Chief Executive, Gary Doherty, said: "We have shown some real improvements over the past year and this is largely down to the hard work and dedication of all of our staff.

"The Staff Achievement Awards acknowledges and celebrates all the effort staff demonstrate daily to provide the best care to our patients."

The deadline for nominations is Friday August 21, 2015.

* FOR full details of how to nominate go to the dedicated web page [HERE](#)

Celebrating Success



THE Celebrating Success Awards 2015 are now open for entries and we are hoping for another record breaking year. This year we have introduced two new awards - The Together We Care Award and the Weightmans' Golden Heart Award and we really do want to encourage staff members to nominate individuals or teams in those categories. The Together We Care Award will be given to the individual or team that has embodied the Vision and Values of the Trust and the Weightmans' Golden Heart Award will recognise a member of staff whose efforts, expertise, passion, care, concern or kindness has changed, enhanced or even saved a life. The full list of awards is:

- Clinical Team of the Year – sponsored by Medstrom
- Non-clinical Team of the Year – sponsored by JE Harrison
- Unsung Hero – sponsored by Hempsons
- Innovation and Service Improvement – sponsored by ISS
- Employee of the Year – sponsored by Allcool
- Together We Care – sponsored by G2 Speech UK
- Weightmans' Golden Heart Award

To apply click on the link on the front page of this Newsround. The deadline is **Friday July 17, 2015**.

Staff take up security bike marking offer

STAFF took advantage of the chance to get their bikes security marked at a special event recently. The Trust's security team linked up with Blackpool Council and Lancashire Constabulary to offer a free service to help cyclists feel more secure about their bikes. Staff were given the chance to log their bikes with BikeRegister, a scheme that puts the details of your bike onto a secure online database, which all UK Police Forces have secure access to. If your bike is stolen you can 'flag' it as stolen on the database, via your online account. BikeRegister also provides protection for buyers and sellers of second-hand bikes. The ownership document (downloadable via your account) is your Log Book and provides proof of ownership for any potential buyer.

Painting exhibition is a success

MR Kumar held a popular exhibition of his paintings at Blackpool Victoria Hospital this month. Mr Kumar, a celebrated artist, showed off a small selection of his watercolours that portrayed some local scenes from across the Fylde coast and Cumbria. Mr Kumar will be exhibiting again later this year helping to raise funds for the Blue Skies Hospitals Fund. If you would like to see the collection of Mr Kumar's paintings you can go online to www.smkpaintings.com



Mr Kumar at his exhibition of paintings.

Fancy joining the Trust choir?

THE Trust choir is looking for new members. The choir, which has been a great success over the past couple of years, is up and running again and rehearsing regularly. Any member of staff from anywhere in the Trust can join and everyone is welcome. If you would like further details please contact Paul Aspden on 951132.

E-learning support

ARE you using e-learning for Mandatory Training? Remember we have all the tutorials and user guides you need on our designated e-learning pages on oneHR, To access them please go to: <http://blackpoolhr3.multi2.sitekit.net/Mandatory%20Training/elearning.htm>.

* IF you are using e-learning to complete your mandatory training you need a username and password. Please use the flowchart below to acquire these:

<http://blackpoolhr3.multi2.sitekit.net/Documents/Mandatory%20Training/Guides/e-Learning%20Username%20and%20Password.pdf>

Gazette awards open

THE Gazette's Best of Health Awards are back and they are looking for the area's top healthcare



professionals. With 11 categories the annual awards aim to recognise and celebrate excellence in health care, in the public, private and voluntary sectors. This year's categories are: Doctor of the Year, Dentist of the Year, Midwife of the Year, Nurse of the Year, Therapist of the Year, Optician of the Year, Childcare Award, Unsung Hero Award, Carer of the Year, Elderly Welfare Award, Pharmacist of the Year. If you know a colleague who deserves an award, you can write to: Best of Health Awards, The Gazette, Avroe House, Avroe Crescent, Blackpool Business Park, Blackpool, FY4 2DP. Please include your own name and contact details, as well as the name, role/job title and contact details for the person you are nominating. Closing date is Friday July 17.

Team Carlos come together in memory of Carl

STAFF from the Lancashire Cardiac Centre have been raising money for charity in memory of a former colleague. The staff, who have called themselves “Team Carlos” have come together to raise money for good causes in memory of Dr Carl Humphries, a Consultant Anaesthetist, who sadly died from prostate cancer in 2014. The team recently handed over a cheque for more than £515 to Carl’s widow, Diana, for Prostate Cancer UK after a staff Christmas party. They have also raised more than £2,000 by taking part in two 10k races over the last few months.



Diana Humphries receives a cheque for Prostate Cancer UK from Cardiac Centre staff.

Trust supporting Lancashire cycle challenge

a better tomorrow

for BTH staff

THE Trust is supporting the Lancashire Cycle Challenge, a free incentive based staff cycling scheme run to encourage and support employees to discover the benefits of cycling. BTH will be competing with workplaces across Lancashire from June 8 to June 28 to win fantastic individual and team prizes, including cinema tickets for those who ride a bike for the first time in a year.

What do you have to do: Register today by following the link www.lovetoride.net/lancashire. Remember to register under your workplace; Blackpool Teaching Hospitals NHS Trust. For more details Hannah.corless@bfwhospitals.nhs.uk or phone 01253 957638.

Staff promote diabetes awareness

STAFF helped promote national Diabetes Week with an awareness stand this week. Those present gave advice to staff and visitors about diabetes to highlight the condition. A quiz was held with Lisa Elliott winning the first prize. Diabetes Week is organised by Diabetes UK and is a national campaign to raise awareness and increase support for people with diabetes. Diabetes is a common life-long health condition. There are 3.3 million people diagnosed with diabetes in the UK and an estimated 590,000 people who have the condition, but don’t know it. For more information visit www.diabetes.org.uk. This year’s topic looked at making sure young people maintained their regime when moving into adulthood.



Staff promote Diabetes Week.

Phone number prefix

STAFF are being reminded about the need to ensure they publicise the Trust’s new single telephone prefix as by the end of May all numbers are 01253 95xxxx. All staff should to use the new prefix straight away and calls will come through to exactly the same extension when dialling from outside. If you have any queries please contact the ICT Service Desk on 01253 951016 or via email at it.servicedesk@bfwh.nhs.uk

Appraisal reminder

STAFF are being reminded to book their appraisals as soon as possible with just eight per cent of appraisals so far being recorded as complete across the Trust. The appraisal window is now open and will run until the end of August but so far less than 500 have been completed. Latest figures show that more than 5,000 appraisals have still to be started. This year’s appraisals are shorter and more compact so please ensure you book your appraisals in in good time.

New and revised documents

NEW and Revised Procedural Documents which have been uploaded onto the Document Library in the last 60 days can now be accessed on the link below <http://fcsharepoint/trustdocuments/Documents/Forms/Uploaded%20in%20the%20last%2060%20days.aspx>

Pre-retirement sessions

ARE you intending to retire within the next two years? If so then there is still time to book your place on our next specialist seminars. The next sessions are:

- BVH Education Centre, September 25, 2015, 9.30am–1pm
- Heysham PCC: October 12, 2015, 9.30am–1pm
- BVH Education Centre, December 1, 2015, 9.30am–1pm

Book your place through OLM on 01253 955392 or via olm@bfwhospitals.nhs.uk.

To read the latest copy of the new staff magazine click [HERE](#)



Payday parties are back!

DR Sukhbir Bhillar, a former member of staff on A&E who left the Trust five years ago has returned for a one off resurrection of the Payday Parties. Members of staff will remember the legendary payday parties run through the social club some years ago before Sukhbir left to work at Wythenshawe Hospital. They were joined not only by staff from this hospital but were so popular they also attracted other hospitals to join in. Sukhbir is back to raise money for the Royal College of Obstetricians and Gynaecologists who are extending their work to provide services for Women's Health GLOBALLY! Knowing how the Trust staff love a good party, he has organised one for June 26, 2015 at Walkabout in Blackpool with an after party at Flamingos. The party starts at 8pm with a "wear red" dress code. It's free entry and a free drink on arrival as well as drinks offers all night AND £150 behind the bar courtesy of MESS. All you have to do is bring your NHS ID card. The party will go on until the early hours at Flamingos from 1.30am. Anyone who would like to support Sukhbir in his fundraising efforts can go to his fundraising page at:

<https://mydonate.bt.com/fundraisers/teambhullar>

Basic Life Support training

STAFF are being reminded about the importance of undertaking their Basic Life Support (BLS) training as current compliance figures are low. The Trust's Resuscitation Department is aiming to improve the figures and has been holding sessions. It is essential that anyone whose current BLS certificate is expired and who are registering as **RED** for their compliance on their OLM matrix **MUST** attend one of the sessions below as a matter of urgency. Those staff whose certificate is due to expire and registering as **AMBER** on their OLM matrix **MUST** attend a BLS session within the next month to prevent their BLS compliance transferring to **RED**.

Training sessions available are as follows:

- June 29: Simulation & Skills Centre, BTH – 1:30-4:30pm.
- July 3: St Annes Health Centre, 9am - 12:30pm.

Staff who require this training **MUST** book onto an above session via the resuscitation department website at www.bfwh.nhs.uk/resuscitation.

Bogus caller warning

THE Trust has been made aware of several bogus calls in the past couple of days requesting information about staff. Two males, allegedly called David Minor and James Henderson, have called community-based offices saying they are working on specific projects for the Trust and needed the details of agency staff working in the departments. Once challenged about why they need the information the caller has put the phone down quickly. As a general rule staff are advised to **NOT** divulge any information whatsoever about colleagues or patients over the phone to unknown callers. If staff feel uneasy about the authenticity of a caller they should try to take their name, phone number and the details of the request and immediately alert their line manager.

Basic Life
Support



Care Certificate launched

THE Cavendish Review - an Independent Review into Healthcare Assistants and Support Workers in the NHS and Social Care Settings (July 2013) - recommended the development of a Certificate of Fundamental Care – the 'Care Certificate', to prepare staff for their roles within care settings. The Care Certificate was introduced in April 2015 and has been designed in partnership with Skills for Care, Skills for Health and Health Education England. Implementation has commenced at the Trust, with all new Health Care Assistants being supported to undertake the Care Certificate within the first three months of employment within the Trust. Please see the attached booklet - http://bfwnet/misc_notices/2015/Care%20Certificate%20publication.pdf - which provides more information about the Care Certificate and its aims and objectives which all Health Care Assistants should read. For further details about the certificate please contact Karen Hodgson, Workforce Development Manager, on 956417, or by e-mail Karen.hodgson@bfwhospitals.nhs.uk

Lytham Festival volunteer call

WOULD you like to be a volunteer at this year's Lytham Festival? The popular annual event has chosen Trinity Hospice to be its charity beneficiary this year but as part of the partnership volunteers are needed to help clean up after the event, between 11pm and 1am. Everyone who volunteers to help will be given a free pass for the festival so they can enjoy all the different events, including the famous Lytham Proms, when not volunteering. If you are able to help in any way and volunteer for any evening please contact Linzi Young, Head of Fundraising at Trinity Hospice on 01253 359376. Acts at this year's festival include McBusted, Faithless and Elaine Paige.

Contractors on site at BVH

STAFF working at Blackpool Victoria Hospital are being advised that three members of staff from Walker Fire will be on site for two to three weeks from Monday, June 22. They will be on site to service all the fire extinguishers in all areas of the hospital. Staff are advised that the contractors will all be wearing BFWH Identification fobs.



The 6th Annual
Jane Clough
MEMORIAL
GOLF TOURNAMENT

Will be played on

Thursday 16th July 2015

at

Stanley Park Golf Club

Entry fee

£25

1st TEE @8.30am

(Entry feeto be paid in full by Monday 6th July 2015,
this includes course fee and donation)

Bacon/ Sausage Barms, Tea / Coffee and Raffle

BOOK EARLY TO AVOID DISAPPOINTMENT

For further information and registration, contact:

Mary Bird

07909 528 074 or bleep 818

"Be part of a memorable day"



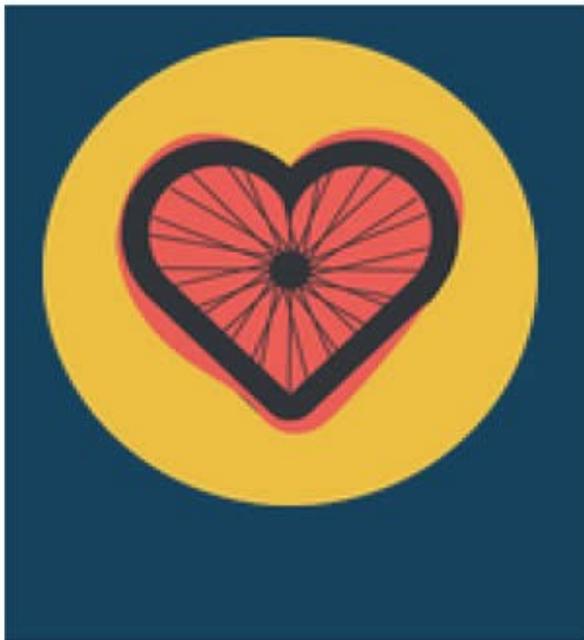
LOVE TO RIDE LANCASHIRE



Blackpool Teaching Hospitals NHS Trust is encouraging all staff from all Trust sites to take part in the Lancashire Cycle Challenge. This is a FREE competition between other organisations across Lancashire to see who can get the most people cycling for 10 minute or more over a three week period. There are a number of prizes to be won!

The challenge sruns from June 8th to June 28th 2015

Be a part of it! Together we can help influence the health and wellbeing of our workforce



How to get involved:

1. Register today by following the link www.lovetoride.net/lancashire. Remember to register under your workplace; Blackpool Teaching Hospitals NHS Trust.
2. Cycle once for at least 10 minutes during this three week challenge period. It's not about cycling the furthest nor about cycling to work. We just want as many people as possible to try riding a bike.

For more information please contact Hannah Corless on 01253 95 7638 or email: Hannah.corless@bfwhospitals.nhs.uk alternatively follow the link: www.lovetoride.net/lancashire



EQUALITY FOR ALL... ALWAYS!

by Celso Júnior

Equality and Diversity Training

Victoria Hospital, Blackpool

Half Day - All in HPEC

June 16th 9.30 – 12.30pm Room 1
July 15th 9.30 – 12.30pm Room 6
August 12th – 9.30 – 12.30pm Room 1
September 22nd - 1 – 4pm Room 1
October 21st – 9.30 – 12.30pm Room 1
November 17th 1 – 4pm Room 1
December 8th 9.30 – 12.30pm Room 1

Full Day – All 9.30 – 4pm in Room 1 HPEC

August 20th
September 28th
October 15th
November 12th
December 3rd

Rylands, Lancaster

Half Day – All in Parkview Room

July 7th 10 - 1 pm
August 11th 10 – 1pm
September 16th 1 – 4pm
October 7th 1 – 4pm
November 4th 10 – 1pm
December 10th 1 – 4pm

To book a place you **MUST** email: OLM@bfwhospitals.nhs.uk





TAX FREE
BIKES
for work

SAVE UP TO 42%

*on the value of a new bike
and cycling safety equipment.*



HOW IT WORKS.

Cycle Solutions is a way for you and your employer to take advantage of a 'Salary Sacrifice' scheme introduced by the UK Government to promote cycling and sustainable transport.

You can choose any adult bike along with a wide selection of safety and security equipment. Your employer will buy or lease the cycle and safety equipment and will then loan them to you in exchange for a monthly sacrifice made from your gross salary.

FIND OUT MORE

Cycle Solutions Roadshow will be at:
Blackpool Victoria Hospital on 1st July 2015 10:00am - 3:00pm

Orders can be placed from 8th June - 9th July 2015
www.cyclesolutions.co.uk/blackpool

For more information on our Cycle to Work Scheme:

0330 100 2480

info@cyclesolutions.co.uk

www.cyclesolutions.co.uk



Cycle **Solutions**

The Cycle to Work Scheme



Blackpool
Better Start

Save the Date!

for our first Annual Conference
for Early Years Professionals:

“A Better Start for Blackpool”

Tuesday 20th October 2015

Hilton Hotel, Blackpool

*Presentations from national and international
experts in early child development*

Networking opportunities

Specialist workshops

**Register your interest for this must attend conference
It's FREE to early years professionals**

*Email us at BetterStart.CECD@nspcc.org.uk with
'Conference' in the subject line*



[@CECDBlackpool](https://twitter.com/CECDBlackpool)
[#BBSCConf2015](https://twitter.com/BBSCConf2015)



PHOTOGRAPHY FOR BEGINNERS

10 week course

Wednesday 22nd July 2015

5.30 pm – 7.00 pm

ROOM 2 – Education Centre, BVH

FREE FOR UNISON MEMBERS
£50 FOR NON-UNISON MEMBERS

To sign up or for more information please e-mail -
UnionLearningRep@bfwhospitals.nhs.uk



Blackpool Teaching Hospitals **NHS**
NHS Foundation Trust

Conflict Resolution Training Dates 2015

Conflict Resolution Sessions for 2015 are now available for booking – see list below. Frontline staff who have not completed this training before MUST attend this FULL COURSE which covers the KEY principles of Conflict Resolution. To book your place please email course bookings on OLM@bfwhospitals.nhs.uk or Phone either 01253 655392 (internal 5392), or 01253 303175 (internal 3175).

Date	Timing	Venue
5 th June 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
17 th June 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
25 th June 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
10 th August 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
21 st August 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
26 th August 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
4 th September 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
14 th September 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
23 rd September 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
9 th October 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
14 th October 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
19 th October 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
2 nd November 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
11 th November 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
16 th November 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
2 nd December 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
11 th December 2015	09:00 – 13:00	Room 3-4 HPEC, BVH
14 th December 2015	09:00 – 13:00	Room 3-4 HPEC, BVH

Safeguarding Adults/ Mental Capacity Act/ Deprivation of Liberty Safeguards

Mandatory Training for all clinical staff

Blackpool Victoria Hospital Education Centre
Lecture Theatre:

August 10th: 9am - 5pm
September 18th: 9am - 5pm
October 30th: 9am - 5pm
November 26th: 9am - 5pm
December 17th: 9am - 5pm

Please book through L&D Dept on 01253 955294
Or by E Mail: olm@bfwhospitals.nhs.uk



Have you completed your **HOIST TRAINING** or do you need a **Key Mover** on your area?



Hoist (Train the Trainer/Key Mover) sessions are available on the
10th September 2015

Classroom 4, Clinical Skills Centre.

As part of your Mandatory Training you will have attended Moving and Handling Sessions. This practical Hoist training session will equip you with the skills and competence required to operate a hoist, and will certify you as a Trained Trainer/Key Mover for the hoists on your own clinical area. The session will focus on the theory and practice of operating a hoist, the use of the Opera and Maxi Move models and will provide information on the use of other models within the Trust.

Training will be delivered by Robert du Toit, Clinical Trainer for Arjo Huntleigh. The sessions are for a maximum of 6 people.



To register please contact Jo Gregory, Acting Medical Devices Training Coordinator on ext.5790 or email: joanne.gregory@bfwhospitals.nhs.uk

Please state the session time you would prefer from the options below (both start and finish times are shown) and provide your name, location and a contact number.

09:30-10:30

10:30-11:30

12:30-13:30



If you find that you cannot attend *after booking a session* , please let Jo know as soon as possible so that your place can be offered to someone else!

Beginner Running Club

Join us for a Fun, Fit, Friendly run. Perfect for the social jogger

- Fully trained, friendly, knowledgeable leaders
- Manageable distances (around 5k max)
- Walking intervals included
- Challenges included to help improvement

If you are new to running, training for your first 5k, or nervous about joining a club, this is PERFECT for you!

Where: Salt Ayre Sports Centre

When: Every Monday and now Wednesday starting from 4th March 2015

Time: 6.30pm - 7.30pm

Cost: Free to members and £2 per session for non-members

Meet in the Café from 6.15pm. We will be staying for a social coffee afterwards, you are welcome to join us!

Contact Greg Sykes on 07791971134 or 01524 582630 for more information



#lovetolearn

Festival of Learning

29th June 2015

EVENTS

**EDUCATION CENTRE – ROOMS 3 & 4
LIFELONG LEARNING SUITE & THE LIBRARY
11.00 – 3.00**

STRESS BUSTING ACTIVITIES -

- **KNITTING/CROCHET FOR BEGINNERS**
- **CREATIVE ARTISTRY**
- **PHOTOGRAPHY TASTER SESSION**
- **STRESS APPS FOR YOUR I-PAD**
- **QUICK READS & 6 BOOK CHALLENGE**

MEZZANINE AREA – MAIN ENTRANCE

- **BARIATRIC SUIT**
- **MATHS MADE EASY**



Social Media Workshop

**HPEC Lecture Theatre
Tuesday July 7, 2015**

More and more people are using social media and the NHS has some fantastic examples of how it can be used to improve patient care. If you are considering starting to use social media, want to find out more or are already using it and want to develop your presence the Trust's Communications Team are on hand to help you understand the new policy. They are presenting this lecture to help your understanding and guide you through all you need to know about using social media and the most popular sites.

12– 1pm

Social media for beginners

- What is social media?
- Why should I be using it?
- The Trust on social media
- Using it as a professional - Jenny Clarke
- Using it as a trust department or team - Michelle Stephens
- Which one do I use?
- Do's and don'ts
- Twitter – getting you started - a step by step guide

1pm - 2pm

Making the most of social media

- Importance of keeping on top of things
- Monitoring tools
- Is it working? And what to do if it isn't
- Making the most of the conversation
- Tweet chats and other “tools” – incl going viral
- If it all turns sour – dealing with “trolls”



Please contact nathan.skelton@bfwhospitals.nhs.uk or ext 3538 to book a place as numbers will be limited.



Trinity's

illumathon 2015

Walk the lights fantastic

(LOVE)
80's

DRESS IN 80s FASHION
OR AS YOUR 80s ICON
TO CELEBRATE OUR 30TH BIRTHDAY

walk through Blackpool's
famous illuminations

Register at www.trinityhospice.co.uk
ladies only Entry fee £16



PARTY LIKE IT'S 1985 TO
CELEBRATE TRINITY'S
30TH BIRTHDAY

30 TRINITY
Hospice
Years of Care

