

A Happy New Year to all our staff



Radiology staff to the rescue for Shaun



Shaun Mecklenburgh, centre, with just some of the staff in radiology who helped get him a new bike after his was stolen.

KIND hearted radiology staff came to the rescue of one of their colleagues after finding he had his bike stolen.

Shaun Mecklenburgh, a radiology porter, cycles to Blackpool Victoria Hospital every day from his Fleetwood home and was shocked to see his bike stolen one evening.

But he was even more surprised when less than 24 hours later as colleagues chipped in to get him a new bike.

Shaun said: "I was amazed. It was such a shock that I must admit I had

a bit of a tear in my eye.

"It was a fantastic gesture and I can't thank everyone enough for what they have done.

"I need the bike to get me to and from work and I didn't really know what to do so when I was given a new one the next day it was brilliant."

The collection was led by Shaun's colleague Mark Neath.

He said: "We all know how he relied on that bike and we would never see a mate stuck. I started a

collection and within a few hours I had enough to get a new one which was advertised on the Trust's Market Place.

"People were offering me money long after I had enough and it was great to see so many people being so supportive."

Staff lottery prize passes £2,000

THE December draw of the staff lottery brought with a bonus for staff with a bigger prize fund and some extra winners.

The new top prize of £2,010 went to an anonymous winner who will no doubt be planning on the biggest of Christmas parties or New Year celebrations with family and friends. That's certainly the plan for the second prize winner, Vicki Gardner, who

scooped £570. She said she wasn't sure what to do with it yet but with Christmas on the doorstep "Santa's sack may have just got a little bit bigger."

Five other lucky staff members were bonus winners of an extra £100 prize each: Tina Blunden, Julie Flinders, Jeanette Munton, Karen Thomason and Charlotte Wilmot (Stroke Ward).



Vicki Gardner celebrates her Staff Lottery success.

Little stars put on Christmas concert



Pictures from the Happy Days Christmas Concert.

YOUNG singers and musicians from the Happy Days Nursery at Blackpool Victoria Hospital staged a special Christmas concert for patients and staff. The Trust's Patient Experience team came up with the idea for the carol concert. Kirsty Hollingworth, Setting Manager from Happy Days Nursery, said the children thoroughly enjoyed the experience. The children also made Christmas cards, which they handed out after the concert.

Ward 2's Sainsbury's boost

WARD 2 at Blackpool Victoria Hospital was given a special treat by the local Sainsbury's store to help with their Christmas celebrations. The supermarket donated a Christmas tree for staff and patients and even took the time to decorate it themselves as well. Ward Sister, Maria Jennings, said the staff and patients on the ward were extremely grateful to Sainsbury's for their support and passed on her thanks to the company.



From left: Paula Michelson and Terry Hawkes from Ward 2 with Sainsbury's PR Ambassador, Gaynor Fielding.

Christmas Carol Service success

THE story of the Nativity was told and voices were raised in song during the annual Christmas Carol Service at the Chaplaincy at Blackpool Victoria Hospital. Hospital Chaplains, Clive Lord and Graeme Harrison, celebrated Christmas past and present through readings, recollections and songs including Once in Royal David's City and Away in a Manger. Members of staff, volunteers and patients took part in the event on Christmas Eve. Christmas Carol Services were also held by the Chaplaincy team at Trust sites in Lytham, Bispham and Rossall as well as at Trinity Hospice. Wendy Hall, a soprano singer and Sister on the Trust's Neonatal Unit, gave a moving solo performance to round off the event.



Members of staff who took part in the annual Christmas Carol Service at Blackpool Victoria Hospital.

Safeguarding adults

THE next training dates for Safeguarding Vulnerable Adults & MCA/DOLS, are:

- January 15, 2015, Education Centre, Lecture Theatre, 9am-4.30pm-max 70 places
- February 10, 2015, Education Centre, Lecture Theatre, 9am-4.30pm-max 70 places

Book a place through OLM on 01253 955392 or olm@bfwhospitals.nhs.uk.

Pre-retirement sessions

ARE you intending to retire within the next two years? If so then book your place on our next specialist seminar being held on February 5, 2015, between 9.15am and 1pm in the Education Centre, Lecture Theatre, Blackpool Victoria Hospital. Book your place through OLM on 01253 955392 or via olm@bfwhospitals.nhs.uk.

Courageous conversations

IS there a difficult issue you need to approach with another member of staff? If so the Trust holds a course called Courageous Conversations. The courses last two hours with the next one on January 26 at BVH between 9.30-11.30am. Book your place through OLM on 01253 955392 or via olm@bfwhospitals.nhs.uk.

CELEBRATING EXCELLENCE IN NURSING



Enter the awards to:

- Share your knowledge and innovation
- Influence best nursing practice
- Gain recognition from your peers
- Win up to £1,500

Have you improved patient care by:

- Developing a new solution to a long term problem?
- Developing a new product or a new way to use an existing product?
- Improving service delivery?

Closing date 16 January 2015

Enter at www.nurseawards.co.uk

Landmark for Trust research trial

THE 100th recruit for an international clinical trial has been secured by the research team at the Trust. Dottie O'Donnell, a Ward Clerk from the Surgical Assessment Unit (SAU) at Blackpool Victoria Hospital, was responsible for recruiting the 100th patient. Staff working on the 'HALT-IT' trial have been looking at treatments for patients who have suffered gastrointestinal (GI) bleeding. If anyone wishes to have more information on the HALT-IT trial please contact Emma Brennan, Critical Care Research Nurse, on 01253 951 519 or email emma.brennan@bfwhospitals.nhs.uk



Dottie O'Donnell, centre right, receives her prize for providing the 100th referral to the HALT-IT trial from Mr Simon Tucker, Mr Sam Guest and Emma Brennan.

Festive jumper fundraiser

STAFF from the Trust's recruitment, payroll and staff benefits departments at Blackpool Victoria Hospital held a Christmas Jumper Day last week in aid of charity. Staff raised £88 from the event which was in aid of the Trust's Blue Skies Hospitals Fund. More than 40 members of staff got into the Christmas spirit and took part in the event which helped raise valuable funds for the charity.



Staff from the recruitment, payroll and staff benefits departments who wore Christmas jumpers for the Blue Skies Hospitals Fund.

Information Governance training

ALL staff are required to undertake annual information governance training aimed at supporting individuals in understanding their responsibilities to protect the confidentiality of patient information. This must be completed as part of your mandatory training. If you have not completed this training within the last 12 months please do so now as a matter of priority by clicking [here](#). The Trust's IG toolkit target is 100% compliance and we are currently at 82.7%. Many staff are due to renew their training in January, February and March and are urged to do so ahead of the end of year date of March 31. If you need any help contact the Information Governance Helpdesk on 01253 953057 or 953266.

* THE Information Governance department would like all staff to take part in a survey to help them provide a better service.

The survey can be accessed here: <https://www.surveymonkey.com/s/PV3KRMM>

CDOP newsletter available

THE latest edition of the Pan Lancashire Child Death Overview Panel (CDOP) newsletter is now available. Please [click here](#) to view this.



Extensivist job vacancies

THE Trust has advertised several new posts as part of the Extensivist Service which it is launching shortly.

Wellbeing Support Worker

https://www.jobs.nhs.uk/xi/vacancy/4302b21d64597adaabb2e0806dbc5bee/?vac_ref=913622012

Care Co-ordinators

https://www.jobs.nhs.uk/xi/vacancy/a79fe47e84a3ee536bf2aee199ab4968/?vac_ref=913622130

Admin Co-ordinator

https://www.jobs.nhs.uk/xi/vacancy/90fd148f85d2e3b129673228f3ef05eb/?vac_ref=913622322

Incident Report training

THE Trust has added a further four dates to the Incident Report Training schedule.

The dates are:

- Friday, January 16, 2015: 2.30pm, Lifelong Learning Suite of HPEC
- Thursday, January 22, 2015: 9.30am, Lifelong Learning Suite of HPEC
- Tuesday, January 27, 2015: 2.30pm, Lifelong Learning Suite of HPEC
- Friday, February 5, 2015: 9.30am, Lifelong Learning Suite of HPEC

For further details contact Lynn O'Sullivan, Assistant Risk Co-ordinator, on 01253 953667.

Car parking permits

THE annual renewal of car parking permits at Blackpool Victoria and Clifton will not take place this year. The parking permits will automatically be renewed by the car parking office and the system updated. It will not be necessary to issue a new permit except for staff who are not paid by the Trust and pay up front by cash, card or cheque. These staff will need to visit the car parking office prior to the expiry of their permit to renew, pay and collect their new permit. Staff with parking permits are reminded it is essential, should you change your vehicle, that you advise the car parking office and a new permit will be issued. It is also vital you have your permit as a back up to the barrier system and display the permit at all times.

Mayor visits Clifton Hospital

A MAYOR says a newly refurbished ward at Clifton Hospital will bring great benefits to local patients. The Mayor of Fylde, Councillor Kevin Eastham, and Mayoress Valerie Eastham, made the annual mayoral visit and tour around the hospital and saw the refurbished Ward One and a new gym, which has been specially created to help patients with their rehabilitation. Ward One reopened last month with a completely new paint scheme, layout and flooring. There is now a reception area for the ward to welcome visitors along with a new station where nurses can monitor patients. The day room has been opened up to create more space and easier access for patients. It also features a patio doorway into the gardens so nurses can take patients for walks.



The Mayor and Mayoress of Fylde on their visit to Clifton Hospital.

Pair take on 'Decembeard' challenge

TWO members of staff helped raise the profile of men's health by taking part in 'Decembeard'. Jacob Castle and Andrew Brown, who both work at Blackpool Victoria Hospital, took part in the campaign which aims to raise money and awareness of bowel cancer, the UK's second biggest cancer killer, with over 100 people being diagnosed every day. The campaign started in 2011 and has continued to gain publicity, with a number of celebrities taking on the challenge this year, helping to raise the charity's profile and the fund-raising target. Jacob, who has previously raised money for the Movember charity, said: "I lost my grandmother to cancer recently and Andrew lost his father and we just thought this was a good way of raising some money. It does feel strange because although I've had a bit of stubble before I've never had a full beard and it does feel strange." Andrew, a clinical scientist, added: "I've never even thought of having a beard before and it is a bit itchy I have to be honest but hopefully it will be worth it in the end." If you would like to sponsor the pair they have a fundraising site at www.justgiving.com/Andrew-Brown71. For more information about the campaign visit www.beatingbowelcancer.org/decembeard



Jacob Castle, left, and Andrew Brown who took part in Decembeard.

January pay dates reminder

THE January payday is on Wednesday, January 21, 2015 and February will revert back to the normal final Wednesday of the month – February 25, 2015. Weekly paid staff will be paid today, January 2, 2015 and will include monies for the week ending December 28 and adjustments for the estimated week.

Credit Union offers for staff

TRUST staff are reminded that they can become a member of the Blackpool, Fylde & Wyre Credit Union and take advantage of the area's hub for low cost loans and high interest rate savings. Trust staff can sign up to a regular savings account directly through their payroll and it's easy to sign up right now by filling in a simple form here <https://www.bfwcu.co.uk/machform/view.php?id=13776>



RCN free event offer

THE Royal College of Nursing - North West Lancashire West Branch Event - is holding a free event entitled 'Putting Patients First' at the De Vere Hotel in Blackpool on January 29 2015. To download a poster advertising the event please click on the following link: [View the Leaflet](#)

New 'The Pulse' magazine

PLEASE see the attached version of the new Trust magazine which has been named The Pulse after feedback from staff <http://www.bfwh.nhs.uk/departments/comms/docs/publications/thepulse/The%20Pulse%20Issue%201.pdf>. The magazine replaces Grapevine and includes all the regular features that used to appear in that publication. The scope of the of the magazine has now been expanded to include more in-depth features and pictures about teams and individuals from around the Trust who are following the new Trust values and helping to meet our strategic objectives. As a result of feedback from the recent staff survey on communications, The Pulse also now includes pages devoted to topics such as Lessons Learned, Information Governance, Health and Safety and Health and Wellbeing in an effort to reduce the number of separate newsletters sent to staff.

Blue Skies office move

THE Fundraising and Voluntary Services office has moved. The team is now based at the old Pharmacy on the Main Corridor of Blackpool Victoria Hospital, opposite Berry Offices. The phone numbers remain the same.

KNOWLEDGE BANK IS A **FREE** SEARCH TOOL FOR MICROSOFT OFFICE APPLICATIONS THAT HELPS YOU FIND THE THINGS YOU NEED TO KNOW **FAST!**

KNOWLEDGE BANK OFFERS:-

- ◆ **QUICK SOLUTIONS TO IT CHALLENGES**
- ◆ **"JUST IN TIME" BITE-SIZED IT TRAINING**
- ◆ **VIDEO DEMONSTRATIONS**



KNOWLEDGE BANK



SO WHY NOT HAVE A GO:-

[HTTP://FCSHAREPOINT/DIVISIONS/CORPORATESERVICES/ITTRAINING/PAGES/ITSKILLSKNOWLEDGEBANK.ASPX](http://fcsharepoint/divisions/corporateservices/ittraining/pages/itskillsknowledgebank.aspx)

Log in to the knowledge bank

User ID

If you currently use the IT Skills Pathway enter your User ID here

Log in

Forgotten your user ID? Enter your e-mail address in the User ID field above and click

Reminder

If you don't have a login, click **Register**

If you have not used the IT Skills Pathway site before click register to take you to the registration page



FURTHER GUIDANCE IS AVAILABLE ON THE KNOWLEDGE BANK HOMEPAGE

FOR ANY QUERIES PLEASE EMAIL IT.TRAINING@BFWHOSPITALS.NHS.UK

KNOWLEDGE BANK IS BROUGHT TO YOU BY THE HEALTH INFORMATICS EDUCATION & TRAINING TEAM AS PART OF THE IT SKILLS PATHWAY.

MOVING and HANDLING KEY TRAINERS UPDATE

Simulation and Skills Centre
Thursday 5th and Friday 6th March 2015

Thursday 19th and Friday 20th March 2015

Thursday 7th and Friday 8th April 2015

All courses: 9.30am – 4.30pm

This 2 day refresher course is designed to update existing Key Movers to maintain their competencies to continue as a trainer for their area.

Course content

- BARIATRICS
- RISK ASSESSMENTS
- RELEVANT LEGISLATION
- PRACTICAL PROCEDURES
- THE SPINE & BACK INJURY
- EFFECTIVE TRAINING SKILLS
- POLICIES AND PROCEDURES
- MOVING AND HANDLING AIDES
- ERGONOMICS & ANTHROPOMETRICS

To book a place on this course please e-mail

OLM@bfwh.nhs.uk

MANAGING AND UNDERSTANDING GRIEF **3 DAY STUDY COURSE**

WHAT DO
I SAY?

WHO
LOOKS
AFTER
ME?



Facilitators: Megan Murray Bereavement Support Nurse
And Michelle Boland Bereavement Support Nurse
The Family Division
Telephone - 01253 306877

Course 1

Day 1 THU 22nd January 2015 8.30 – 17.00 HPEC
Day 2 THU 12th February 2015 8.30 – 17.00 HPEC
Day 3 THU 5th March 2015 8.30– 17.00 HPEC

Course 2

Day 1 FRI 16th January 2015 8.30 – 17.00 HPEC
Day 2 THU 14th May 2015 8.30 – 17.00 HPEC
Day 3 THU 4th June 2015 8.30– 17.00 HPEC

ALL BOOKINGS ARE TAKEN BY LEARNING AND DEVELOPMENT

Email: olm@bfwh.nhs.uk Booking hotline: 01253 655392

NHS Employee Online Discount Code **NHPLLP2501**

Save*
10%

Use the exclusive online discount code NHPLLP2501 this month to get a further 10% off many web prices at Lloydspharmacy.com

Enjoy
The LloydsPharmacy Online Team

“kickstart your healthy lifestyle”

Save up to
1/3



Sooth your skin



Online Ordering Process

Step 1

Go online at
Lloydspharmacy.com

Step 2

Select your products

Step 3

Go to the checkout and
insert the voucher code

Step 4

Get your order delivered
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Buy online at www.LloydsPharmacy.com

***Terms and Conditions:** • The NHS Employee discount is not available on the following products: Infant formula milk, nappies, training pants, Bio-Oil, alli and prescriptions (NHS and private) plus any product which we deem inappropriate for the NHS Employee discount • Code valid 01.01.15 – 31.01.15 • Voucher code to be added at checkout • The NHS Employee discount is not available on “Deal of the Week” or “Deal of the Month” or “Fragrance of the Week” or Mega Deals • Only valid at www.LloydsPharmacy.com

Did you know?

A Specialist Stop Smoking Service for Staff is available on site!

We are the only Specialist Stop Smoking Service in Blackpool and with our support you have the best chance of quitting.



For more information please contact...

- Chris or Claire on 7303
- Bleep 738
- Call us direct 01253 951570

**BLACKPOOL
STOP SMOKING SERVICE**

T: 01253 951 570

stop.smoking@blackpool.nhs.uk



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a better tomorrow

Transforming End of Life Care Study Days - 2015



Morning: 9.30 - 12.30 End of Life Care Workshop

By the end of this session you will:

- Be able to identify the national 5 key enablers
- Describe what a plan of care for the dying person includes
- Understand the importance of advanced care planning
- Know how to apply the AMBER Care Bundle to improve patient care on your ward
- Demonstrate how the above can be put into practice

Afternoon: 1.30 - 3.30 Sage & Thyme

This foundation level communication course is designed to:

- Help recognise psychological distress
- Communicate honestly and compassionately

This course is available to all staff, whatever your role is in the Trust.

Dates & Venue

| | |
|-------------------------------------|--------------------------------------|
| Thursday 22 nd January | Wednesday 24 th June |
| Wednesday 25 th February | Wednesday 16 th September |
| Monday 30 th March | Wednesday 21 st October |
| Wednesday 22 nd April | Wednesday 18 th November |
| Wednesday 27 th May | Friday 4 th December |

All in rooms 3 & 4, HPEC (Education Centre) at Blackpool Victoria Hospital

To register on either or both of the sessions please email OLM at: OLM@bfwhospitals.nhs.uk
Please specify which session you wish to attend in your email.

Certificates will be provided to delegates who complete each session.

Hospital Public Health Training

FREE half day sessions delivered by the public health team.

Blackpool Teaching Hospitals 
NHS Foundation Trust

'Healthy Weight': Identification and brief advice training for people who require non-specific dietary advice

Training includes:

- ✓ Obesity prevalence and impact on the Trust and NHS
- ✓ Risk factors of being overweight or obese
- ✓ Identifying patients who require additional support using body mass index(BMI)
- ✓ Current healthy eating guidelines and interventions
- ✓ How to give brief advice
- ✓ How to refer to the community weight management services in Blackpool

Dates:

- 20th January 2015 (9am-11:30am)
Stimulation and Skills, room 6
- 18th February 2015 (9am-11:30am)
Stimulation and Skills, room 2
- 23rd March 2015 (9am-11:30am)
Education Centre, room 6

Tobacco use: How you can make a difference – Identification and Brief Advice' Training

Training includes:

- ✓ Impact smoking has on patient health and the Trust
- ✓ How to assess and record smoking status
- ✓ Nicotine replacement therapy
- ✓ Trust Smokefree policy
- ✓ Brief advice
- ✓ Referring to the Community Stop Smoking Service
- ✓ Electronic cigarettes

Dates:

- 14th January 2015 (9am-11:30am)
Stimulation and Skills, room2
- 2nd February 2015 (9am-11:30am)
Stimulation and Skills, room 2
- 6th March 2015 (9am-11:30am)
Education Centre, room 6

'Alcohol use: How you can make a difference – Identification and Brief Advice' Training

Training includes:

- ✓ Alcohol Units
- ✓ The physical, psychological and social effects of drinking alcohol
- ✓ Identifying patients who require further support or information
- ✓ How to give brief advice
- ✓ Referring to Alcohol Liaison Nurse Specialists

Dates:

- 26th January 2015 (9am-11:30am)
Education Centre, room 6
- 27th February 2015 (9am-11:30am)
Education Centre, room 6
- 11th March 2015 (9am-11:30am)
Stimulation and Skills, room 2

Please select the training you would like to attend by circling your preferred option.

Name: _____ Job title: _____ Telephone: _____
Dept/Ward: _____ Line Manager: _____ Email: _____

Please return completed forms to: Health Education Practitioner, Public Health Team, Berry Offices, Blackpool Victoria Hospital, FY3 8NR, 01253 306480. Alternatively email details to publichealthtraining@bfwh.nhs.uk

HYPERMOBILITY MASTERCLASS

HYPERMOBILITY MASTERCLASS

27 FEBRUARY 2015
10:00AM-4:30PM

THE DEVERE HOTEL
EAST PARK DRIVE
BLACKPOOL

For more details and to book a place
visit:

www.eventbrite.co.uk/e/hypermobility-master-class-tickets-14079418921

Aim:

To present current perspectives and service development opportunities in relation to Joint Hypermobility Syndrome / Ehlers Danlos Syndrome – Hypermobility Type. The master class will cover the spectrum of those affected; from children to adults and relevant comorbidities.

Who should attend:

The Master Class is intended for health professionals including consultants, specialist trainees in rheumatology as well as paediatrics, GP's, physiotherapists, occupational therapists, and any health professional who wish to advance their knowledge and understanding of hypermobility and the Joint Hypermobility Syndrome/Ehler-Danlos Syndrome-Hypermobility type.

Take advantage of the early Bird rate. Book before January 14th 2015

LEARNING & DEVELOPMENT

JANUARY 2015 - DROP-IN DAY

Dear All

Just a reminder that the Learning & Development team are hosting the first of their 2015 monthly 'Drop-In Days' on:-

Monday 19th January 2015 @ the Simulation Skills Centre, BVH
9.00am – 5.00pm

If you are not sure where you are with your Mandatory Training, you are non-compliant or approaching non-compliance in some or all subjects, please come along. We can check your compliance and advise you with the next steps.

Practical Training is also available on the day, please see below:-

Moving & Handling Update

There will be four sessions (each 1hour 15mins) during the day: -

9.00am
10.30am,
1.00pm,
2.30pm

No requirement to book – but please turn up at least 5 minutes before the start of the session.

Basic Life Support Update Training

There will be a trainer available from 9.00am -4.00pm

There is no requirement to book, please drop in between the above times.
There may be a short wait. (Each session is 20-30minutes)

Workbooks

You can collect workbooks from us and we can also sign them off for you once completed. We do have a quiet room available for anyone who would like to come along and complete the workbook



(Mandatory 3 Yearly)

Conflict Resolution & Breakaway Techniques Refresher

Available to all front line staff (face to face contact with patients and public)
who have previously undertaken:
Conflict Resolution

Clinical Skills Room - Moor Lane Mills - Lancaster:

Friday 23rd January 2015
Tuesday 10th February 2015
Thursday 26th February 2015
Monday 9th March 2015
Thursday 26th March 2015

Training room 2, Derby Rd Offices – Wesham:

Thursday 15th January 2015
Thursday 29th January 2015
Friday 6th February 2015
Monday 16th February 2015
Tuesday 3rd March 2015
Friday 20th March 2015

AM session: 10am – 12:30pm

PM session: 1:30pm – 4pm

- **Please ensure that you wear appropriate clothing e.g. non-slip, fully enclosed flat heeled footwear and clothes (crew / polo t-shirt) that allow freedom of movement without compromising safety or modesty. No jewellery to be worn during training.**
- **Please note: T Shirts will be pulled during practical session**
- **Participants should be fit to undertake the physical exercises that form part of the Breakaway techniques in order to complete the course. Participants in any doubt as to the suitability of attending the course should speak to the trainers.**

To book your place, please contact Learning & Development on 01253 953175 or email

OLM@bfwhospitals.nhs.uk