



XMAS
WISHES

Don't send christmas cards!
Donate to Blue Skies and make a
[Christmas Wish](#) to your colleagues.



Staff in Oliver's who helped serve up a superb Christmas dinner to colleagues this year.

Flu campaign hits first major target

THE Trust has passed its target to have more than 75 per cent of frontline staff vaccinated against flu this year.

We are also close to achieving the overall target of 75 per cent for all staff to be vaccinated which again, is a great achievement for the Trust.

We need just 290 more people to reach that figure.

Marie Thompson, Director of Nursing and Quality, said: "To reach 75 per cent is a fantastic achievement and I would like to thank everyone who has played their part in achieving this figure at this

stage of the year.

"I would urge anyone who has not yet had the flu vaccine to keep their eye on the Trust intranet for forthcoming vaccination dates or contact the Occupational Health Department for advice because although we are close to reaching our original overall target I would like to stress that we still want as many people as possible to have their flu jab this year.

"We have been informed that this year we are expecting a particularly virulent strain of flu which makes it all the more important that staff have

the vaccine to protect themselves, their patients and their own families."

Latest figures show that 70% of all staff, that is 4,482, have been vaccinated so far.

The divisional breakdown is:

- Unscheduled care – 75%
- Scheduled care - 69%
- Corporate – 96%
- CSFM 703 – 67%
- Adults & LTC – 74%
- Families – 53%
- Total 4482 – 70%

If you still require a flu jab contact Occupational health on 01253 957950.

Staff Christmas Quizzes a success

THE annual BVH staff Christmas quiz, organised by the Medical Photography team, saw more than 30 members of staff compete to win a place in the top three teams with their Xmas knowledge. The quiz, which has been a previous festive favourite, returned with a range of head scratching questions taking in an opening picture round through to Christmas themed general knowledge. This year's winners were



Winners of this year's Staff Christmas Quiz at BVH receive their prizes from Steve Farley.

members of the Patient Experience Team with the research and Development team second and a team from Max Fax third. The winners received £25 worth of M&S vouchers with £15 of vouchers for second and £10 for third place. The prizes were kindly sponsored by Unison. Head of Communications, Derek Quinn, was the question master. Staff in Lancaster also held their Christmas Quiz at Ryelands House. The Four Christmassy people team of Karen Kelly, Tricia Roberts, Judy Camp and Sophie Barlow from the Paediatric Speech and Language Team in Lancaster were the winners.



Staff who took part in the Lancaster Xmas Quiz.

Little stars putting on Christmas concert

YOUNG singers and musicians from the Happy Days Nursery at Blackpool Victoria Hospital are preparing for a concert for patients and staff. The pre school children, who are aged between three and four years, are working on songs to entertain people at the Lecture Theatre in the hospital's Cardiac Centre on Monday, December 22, at 2pm. The Trust's Patient Experience team came up with the idea for the carol concert. Kirsty Hollingworth, Setting Manager from Happy Days Nursery, said the children were excited about the concert. Youngsters on the hospital's Children's Ward have been making Christmas cards, some of which will be handed out to patients on the day of the carol concert.



Children from Happy Days rehearse for their carol concert on Monday afternoon.

Safeguarding adults

THE next training dates for Safeguarding Vulnerable Adults & MCA/DOLS, are:

- January 15, 2015, Education Centre, Lecture Theatre, 9am-4.30pm-max 70 places
- February 10, 2015, Education Centre, Lecture Theatre, 9am-4.30pm-max 70 places

Book a place through OLM on 01253 955392 or olm@bfwhospitals.nhs.uk.

Christmas Eve carols

IF you would like to get into the Christmas spirit on Christmas Eve, why not join our team of carol singers for their tour of the hospital. Any member of staff is welcome to join the carol singing - meet 1.45pm in the hospital chapel for a trip round the wards.

Pre-retirement sessions

ARE you intending to retire within the next two years? If so then book your place on our next specialist seminar being held on February 5, 2015, between 9.15am and 1pm in the Education Centre, Lecture Theatre, Blackpool Victoria Hospital. These are informal, delivered in plain English and with plenty of opportunities to ask questions. We offer up to date financial information on: NHS and State pensions, tax, savings and investment options, wills, inheritance tax and financial advisors. Book your place through OLM on 01253 955392 or via olm@bfwhospitals.nhs.uk.

IT Skills portal

THE Health Informatics Education &



NHS IT Skills Knowledge Bank

Training department are pleased to announce a new IT Skills Learning portal – the Knowledge Bank, which gives instant access to a full range of IT Skills for Microsoft Office queries in small, bite sized chunks delivering “just in time” training by way of e-learning and videos. For further details on how to access and use the portal click on the attached link [IT Skills Knowledge Bank](#).

New COPD pathway launched

A REVISED pathway for exacerbations of COPD was launched last week at a well-attended Grand Round. COPD currently causes around 23,000 deaths in England each year, with one person dying every 20 minutes and the pathway aims to ensure patients arriving in A&E have the key clinical tasks completed in a timely manner to ensure they have improved outcomes. The pathway is part of the Better Care Now project which links our quality and safety initiatives under one umbrella. The pathway was originally launched in July and despite producing excellent results with good compliance for all urgent tasks and investigations for exacerbations in A&E and AMU, it identified poor identification of patients at end of life and also poor discharge planning for COPD patients. Clinical staff, led by Dr Bongers, Respiratory Consultant and Chris Jackson, Respiratory Specialist Nurse, have worked closely with the Better Care Now Pathway team to launch a clinical pathway to ensure that patients coming into hospital (or already on a ward) receive standardised care based on national best practice guidelines. The pathway is being strictly audited, with real time feedback being given to clinical staff involved in the care of each individual patient within hours of them being treated. A new COPD Care Plan document has also been launched to coincide with the pathway and will be put into practice shortly. This will allow clinical staff to record the care they give patients with COPD around areas like the hospital@home admission avoidance scheme, NIV, End stage identification and End of Life planning and effective discharge in one convenient place. For more details about how to access the pathway, as well as further guidance and information visit the front page of the Trust's Intranet.



Dr Thomas Bongers at the launch of the pathway.

Christmas period pay dates reminder

THE December payday for monthly paid staff this year is today, Friday, December 19. January payday will be on Wednesday, January 21, 2015 and February will revert back to the normal final Wednesday of the month – February 25, 2015. For weekly paid staff monies for the week ending December 14 and week ending December 21 (the 21st being the estimated week) will both be paid on Friday December 19. There will be no payments on Friday, December 26. The next payday will be on January 2, 2015 and will include monies for the week ending December 28 and adjustments for the estimated week.

Information Governance survey

THE Information Governance department would like all staff to take part in a survey to help them provide a better service. The survey can be accessed here: <https://www.surveymonkey.com/s/PV3KRMM>

External post message

ON **Wednesday 24th and 31st December**, all external post needs to be in the Post Room by **10:30am**. This is to allow all outgoing mail to be processed in time for our Royal Mail collection, which is scheduled to be earlier than normal. If you have any concerns please contact Justin Emery, Acting Portering Manager, on 01253 955331

Incident Report training

THE Trust has added a further four dates to the Incident Report Training schedule.

The dates are:

- Friday, January 16, 2015: 2.30pm, Lifelong Learning Suite of HPEC
- Thursday, January 22, 2015: 9.30am, Lifelong Learning Suite of HPEC
- Tuesday, January 27, 2015: 2.30pm, Lifelong Learning Suite of HPEC
- Friday, February 5, 2015: 9.30am, Lifelong Learning Suite of HPEC

For further details contact Lynn O'Sullivan, Assistant Risk Co-ordinator on 01253 953667.

Medical equipment library

THE medical equipment library will close for Christmas on December 24 at 4pm. The department will reopen on Saturday, December 27, between 8am and 1pm. For all loans outside of library hours please contact the 002 bleep holder.

Car parking permits

THE annual renewal of car parking permits at Blackpool Victoria and Clifton will not take place this year. The parking permits will automatically be renewed by the car parking office and the system updated. It will not be necessary to issue a new permit except for staff who are not paid by the Trust and pay up front by cash, card or cheque. These staff will need to visit the car parking office prior to the expiry of their permit to renew, pay and collect their new permit. Staff with parking permits are reminded it is essential, should you change your vehicle, that you advise the car parking office and a new permit will be issued. It is also vital you have your permit as a back up to the barrier system and display the permit at all times.

Occupational Health opening times

PLEASE note the Occupational Health Department opening/closing times over the Christmas period:

- Christmas Eve – 8.15am - 3pm
- Christmas Day – Closed
- Boxing Day – Closed
- December 29th – open as normal – 8.15am - 5pm
- December 30th – open as normal – 8.15am - 5pm
- New Year's Eve – 8.15am - 3pm
- New Year's Day – closed
- January 2nd on - open as normal hours

If you have a needlestick or splash injury during the times we are closed please attend A&E and inform Occupational Health as soon as possible after the injury.

Staff make the world better with a sweater

STAFF at Blackpool Victoria got into the Christmas spirit by wearing festive jumpers for charity.

Members of staff working in the finance department and laboratories wore Christmas sweaters as

part of the Save the Children charity's "Make the World Better With a Sweater" campaign. Steph Williams, who organised the fundraiser in the labs, said: "My partner is a teacher and he saw an advert for the campaign and thought it was a great idea. I mentioned it to colleagues and a lot of them have joined in today and helped raise a good amount for charity." She added: "It's been good fun and everyone has had a good laugh and got into the Christmas spirit so it has been a good day."

The finance department also took part and helped raise more than £50 for the hospital's Adolescent Unit.



Staff at Blackpool Victoria who got into the Christmas Jumper spirit last week.



ICT Service Desk festive opening times

THE ICT Service Desk opening times over the festive period are:

- Christmas Eve: 8am – 4pm
- Christmas Day – closed
- Boxing Day – closed
- December 29th & 30th: 8am – 6pm
- December 31st 8am – 4pm
- New Year's Day – closed
- January 2nd: Normal opening times

For emergency incidents which directly effect patient care, outside of the above hours, there is an ICT on call service which can be contacted using the single point of contact 01253 951016.

Credit Union offers for staff

TRUST staff are reminded that they can become a member of the Blackpool, Fylde & Wyre Credit Union and take advantage of the area's hub for low cost loans and high interest rate savings. Trust staff can sign up to a regular savings account directly through their payroll and it's easy to sign up right now by filling in a simple form here <https://www.bfwcu.co.uk/machform/view.php?id=13776>



RCN free event offer

THE Royal College of Nursing - North West Lancashire West Branch Event—is holding a free event entitled "Putting Patients First" at the De Vere Hotel in Blackpool on January 29th 2015. To download a poster advertising the event please click on the following link: [View the Leaflet](#)

New The Pulse magazine

PLEASE see the attached version of the new Trust magazine which has been named The Pulse after feedback from staff. <http://www.bfwh.nhs.uk/departments/comms/docs/publications/thepulse/The%20Pulse%20Issue%201.pdf>. The magazine replaces Grapevine and includes all the regular features that used to appear in that publication. The scope of the of the magazine has now been expanded to include more in-depth features and pictures about teams and individuals from around the Trust who are following the new Trust values and helping to meet our strategic objectives. As a result of feedback from the recent staff survey on communications, The Pulse also now includes pages devoted to topics such as Lessons Learned, Information Governance, Health and Safety and Health and Wellbeing in an effort to reduce the number of separate newsletters sent to staff.

Blue Skies office move

THE Fundraising and Voluntary Services office has moved. The team is now based at the old Pharmacy on the Main Corridor of Blackpool Victoria Hospital, opposite Berry Offices. The phone numbers remain the same.

Merry Christmas from



BLACKPOOL STOP SMOKING SERVICE

In partnership with the North West Ambulance Services NHS Trust

T: 01253 951 570
stop.smoking@blackpool.nhs.uk



view our clinic times and locations overleaf

Getting help and advice from our friendly, expert team will make you up to four times more likely to quit

Book a one-to-one appointment for individual support with us...

Or just walk in at one of the locations listed below between 9am and 4pm

Monday 5th January 2015

Blackpool Victoria Hospital, Old Outpatients Entrance

Tuesday 6th January 2015

Bickerstaffe Square, Outside New Sainsburys

Wednesday 7th January 2015

B&Q, Near M55

Thursday 8th January 2015

Lidl, Bloomfield Road

Friday 9th January 2015

St.Johns Square, Blackpool Town Centre



Follow us on Facebook 

Follow us at BplStopSmoking 

T: 01253 951 570

stop.smoking@blackpool.nhs.uk

MOVING and HANDLING KEY TRAINERS UPDATE

Simulation and Skills Centre
Thursday 5th and Friday 6th March 2015

Thursday 19th and Friday 20th March 2015

Thursday 7th and Friday 8th April 2015

All courses: 9.30am – 4.30pm

This 2 day refresher course is designed to update existing Key Movers to maintain their competencies to continue as a trainer for their area.

Course content

- BARIATRICS
- RISK ASSESSMENTS
- RELEVANT LEGISLATION
- PRACTICAL PROCEDURES
- THE SPINE & BACK INJURY
- EFFECTIVE TRAINING SKILLS
- POLICIES AND PROCEDURES
- MOVING AND HANDLING AIDES
- ERGONOMICS & ANTHROPOMETRICS

To book a place on this course please e-mail

OLM@bfwh.nhs.uk

MANAGING AND UNDERSTANDING GRIEF **3 DAY STUDY COURSE**

WHAT DO
I SAY?

WHO
LOOKS
AFTER
ME?



Facilitators: Megan Murray Bereavement Support Nurse
And Michelle Boland Bereavement Support Nurse
The Family Division
Telephone - 01253 306877

Course 1

Day 1 THU 22nd January 2015 8.30 – 17.00 HPEC
Day 2 THU 12th February 2015 8.30 – 17.00 HPEC
Day 3 THU 5th March 2015 8.30– 17.00 HPEC

Course 2

Day 1 FRI 16th January 2015 8.30 – 17.00 HPEC
Day 2 THU 14th May 2015 8.30 – 17.00 HPEC
Day 3 THU 4th June 2015 8.30– 17.00 HPEC

ALL BOOKINGS ARE TAKEN BY LEARNING AND DEVELOPMENT

Email: olm@bfwh.nhs.uk Booking hotline: 01253 655392

NHS Staff Offer

20% Off All Treatments in November & December at Viva Urban Spa!

Location: Village Urban Resort, East Park Drive, Blackpool, FY3 8LL
Spa Reception Number: 01253 832539

T&C's below:

Must Quote 'NHS' on booking to receive discount
& bring latest payslip on day of treatment.

Valid from 1st November – 31st December, Monday to Thursday Only.

Cannot be used in conjunction with any other offer.

Your Local Beauty Spa is Open Mon – Fri 9am till 8pm & Sat and Sun 9am till 6pm



Courageous Conversations

Is there a difficult issue you need to approach with another member of staff?

Are you a manager needing to discuss something sensitive with a team member?

Is there a performance issue with a member of your staff that you need to tackle?

Need some advice?

DATE	TIME	VENUE
26 January 2015	9.30 - 11.30	Room 1, Education Centre, BVH
10 February 2015	13.30 - 15.30	Room S6, Blackpool Stadium
20 February 2015	13.30 - 15.30	Seminar Room, Lytham PCC
2 March 2015	9.30 - 11.30	Room 1, Education Centre, BVH
25 March 2015	13.30 - 15.30	Skills Room, Moor Lane Mills, Lancaster

To book a place on a date above then please email course bookings at OLM@bfwhospitals.nhs.uk



Christmas Songs

Sing-along

*Featuring the preschool children
from Happy Days Nursery*

Monday 22nd December 2014

2.00pm—2.30pm

Cardiac Lecture Theatre

***All Patients, Families and Staff
are welcome***

Places are limited so please contact
Sally Richardson (Patient Experience) if you wish to
attend

sally.richardson@bfwh.nhs.uk / 955648

Blackpool Teaching Hospitals 
NHS Foundation Trust



MY AWARD

"Uncoordinated pain relief was jeopardising the rehabilitation of injured service personnel, so I set up a specialist nurse-led pain management service."

Sarah Lewis,
RCN NURSE OF THE YEAR 2014

MAKE 2015 YOUR YEAR

ENTER NOW

Enter the awards to:

- Share your knowledge and innovation
- Influence best nursing practice
- Gain recognition from your peers
- Win up to £1,500

Have you improved patient care by:

- Developing a new solution to a long term problem?
- Developing a new product or a new way to use an existing product?
- Improving service delivery?

Closing date 16 January 2015

Enter at www.nurseawards.co.uk

Chaplaincy Department

Blackpool Victoria Hospital

Christmas Services 2014

The Salvation Army Band
Tuesday Evening 16th DECEMBER

*The band will be playing Christmas Carols
in the Hospital main entrance and
round the wards from 7pm onwards*



**CHRISTMAS CAROLS
& CRIB BLESSING**

Thursday 18th December
12.00 pm (for 30 min)

The Chapel, Blackpool Victoria

Patients, Visitors & Staff Welcome

Roman Catholic Advent Mass

4:00 pm Thursday 18th December

Christmas Eve Carol Singing

Wednesday 24th December

2:00 pm CAROL SINGING round the wards

(Gather 1:45pm in the Chapel – Adult singers only please)

CHRISTMAS DAY

11.30am - The Hospital Chapel

'Christmas Communion' (for approx 20 min)

Chaplains will be visiting the community hospitals over the Christmas Period. Please inform The Chaplaincy Team if any patients would

like a visit, communion or prayer

Phone (95) 3876 or (95) 6299

HYPERMOBILITY MASTERCLASS

HYPERMOBILITY MASTERCLASS

27 FEBRUARY 2015
10:00AM-4:30PM

THE DEVERE HOTEL
EAST PARK DRIVE
BLACKPOOL

For more details and to book a place
visit:

www.eventbrite.co.uk/e/hypermobility-master-class-tickets-14079418921

Aim:

To present current perspectives and service development opportunities in relation to Joint Hypermobility Syndrome / Ehlers Danlos Syndrome – Hypermobility Type. The master class will cover the spectrum of those affected; from children to adults and relevant comorbidities.

Who should attend:

The Master Class is intended for health professionals including consultants, specialist trainees in rheumatology as well as paediatrics, GP's, physiotherapists, occupational therapists, and any health professional who wish to advance their knowledge and understanding of hypermobility and the Joint Hypermobility Syndrome/Ehler-Danlos Syndrome-Hypermobility type.

Take Advantage of the Early Bird Rate Book before the 31st December 2014

LEARNING & DEVELOPMENT

JANUARY 2015 - DROP-IN DAY

Dear All

Just a reminder that the Learning & Development team are hosting the first of their 2015 monthly 'Drop-In Days' on:-

Monday 19th January 2015 @ the Simulation Skills Centre, BVH
9.00am – 5.00pm

If you are not sure where you are with your Mandatory Training, you are non-compliant or approaching non-compliance in some or all subjects, please come along. We can check your compliance and advise you with the next steps.

Practical Training is also available on the day, please see below:-

Moving & Handling Update

There will be four sessions (each 1hour 15mins) during the day: -

9.00am
10.30am,
1.00pm,
2.30pm

No requirement to book – but please turn up at least 5 minutes before the start of the session.

Basic Life Support Update Training

There will be a trainer available from 9.00am -4.00pm

There is no requirement to book, please drop in between the above times.
There may be a short wait. (Each session is 20-30minutes)

Workbooks

You can collect workbooks from us and we can also sign them off for you once completed. We do have a quiet room available for anyone who would like to come along and complete the workbook



(Mandatory 3 Yearly)

Conflict Resolution & Breakaway Techniques Refresher

Available to all front line staff (face to face contact with patients and public)
who have previously undertaken:
Conflict Resolution

Clinical Skills Room - Moor Lane Mills - Lancaster:

Friday 23rd January 2015
Tuesday 10th February 2015
Thursday 26th February 2015
Monday 9th March 2015
Thursday 26th March 2015

Training room 2, Derby Rd Offices – Wesham:

Thursday 15th January 2015
Thursday 29th January 2015
Friday 6th February 2015
Monday 16th February 2015
Tuesday 3rd March 2015
Friday 20th March 2015

AM session: 10am – 12:30pm

PM session: 1:30pm – 4pm

- **Please ensure that you wear appropriate clothing e.g. non-slip, fully enclosed flat heeled footwear and clothes (crew / polo t-shirt) that allow freedom of movement without compromising safety or modesty. No jewellery to be worn during training.**
- **Please note: T Shirts will be pulled during practical session**
- **Participants should be fit to undertake the physical exercises that form part of the Breakaway techniques in order to complete the course. Participants in any doubt as to the suitability of attending the course should speak to the trainers.**

To book your place, please contact Learning & Development on 01253 953175 or email

OLM@bfwhospitals.nhs.uk