

# News Round

Issue 269 ● Friday December 5th 2014



XMAS  
WISHES

Don't send christmas cards!  
Donate to Blue Skies and make a  
[Christmas Wish](#) to your colleagues.

# Trust's values are officially launched

THE Trust officially launched its new values with a series of events across the organisation this week.

Last year we spent time talking to our staff across the whole organisation, about what was important to them in relation to values. The overwhelming response was about creating the right environment where the appropriate attitude and behaviours are demonstrated every day, alongside the need to be compassionate towards each other as colleagues and demonstrate compassion in our work with our patients, their families and other service users.

Staff in Blackpool, Clifton and Lancaster were encouraged to talk about the values and what they mean to them and write their pledge highlighting how they will live the values in their work.

More visits to more areas of the Trusts will take place over the next few weeks to meet more staff.

Nicky Ingham, Director of Workforce and Organisational Development, said: "The values have been derived from the Big Conversation events that we held and have been created by our staff.

"The feedback we have had so far has been excellent and it is up to all of us now to make sure we bring the values to life.

"This relies on all staff acknowledging and accepting that they have an effect on the situations that they encounter daily and are able to make a positive contribution towards putting the values into action."

\* LOOK out for the new staff magazine, named The Pulse after feedback from staff, which will be launched on Monday, December 8 2015.



Director of Workforce and Organisational Development, Nicky Ingham, launches the Trust's new values this week.



The Rev Graeme Harrison with his pledge card.



People Centred

Positive

Compassion

Excellence

## Sleep Apnoea Symposium success

THE Trust hosted some of the country's leading experts at a Symposium on Sleep Apnoea this week. Trust staff Dr Mohammad Paracha, Julie Chapman, Dr Noel Gavin, Dr Chris Rozario and Dr Stephen Wiggins all gave presentations on the subject to discuss the way we deal with the condition here. Other speakers included Prof Adrian Williams and Dr Aditi Desai from St Thomas' Hospital in London and other experts from around the country.



ABOVE: Dr Mohammad Paracha and LEFT: Julie Chapman.



"It was a fantastic symposium with some of the country's top experts in the field coming to talk. It highlights the reputation the Trust has gained in this field of study. I would like to thank all the speakers, the sponsors and all the staff who attended for making it such a good event."

Drs Mohammad Paracha and Chris Rozario

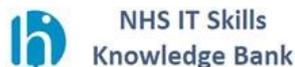
## Help Melanie help the homeless

A TRUST Dental Nurse who has made an appeal for hats, scarves, gloves, blankets and food parcels to help homeless people across the Fylde coast this winter has thanked staff for their support so far. Melanie Hyde launched the appeal locally after being part of a similar campaign in Manchester where she used to live and has been delighted with the response so far. Melanie would like to receive hats, scarves, gloves, blankets, coats, socks, bedding, toiletries and food items such as tins, beans, dried food, cereals, pasta, rice, biscuits, tea and coffee. If you can help Melanie in any way items can be dropped off in the Maxillo Facial Department at Blackpool Victoria Hospital or can be collected from the community sites. If you can help Melanie contact her on 01253 953606.

"I have had a fantastic response so far and would like to thank everyone who has helped. We are still collecting so any more donations would be gratefully received."

Melanie Hyde

## Improve your IT skills



THE Health Informatics Education & Training department are pleased to announce a new IT Skills Learning portal – the Knowledge Bank, which gives instant access to a full range of IT Skills for Microsoft Office queries in small, bite sized chunks delivering "just in time" training by way of e-learning and videos. For further details on how to access and use the portal click on the attached link [IT Skills Knowledge Bank](#).

## Safeguarding adults

THE next training dates for Safeguarding Vulnerable Adults & MCA/DOLS, are:

- January 15, 2015, Education Centre, Lecture Theatre, 9am-4.30pm-max 70 places
- February 10, 2015, Education Centre, Lecture Theatre, 9am-4.30pm-max 70 places

Book a place through OLM on 01253 955392 or [olm@bfwhospitals.nhs.uk](mailto:olm@bfwhospitals.nhs.uk).

## Ball pictures on sale

STAFF who attended this year's Celebrating Success Awards evening are reminded that pictures of the evening are now available to purchase. For the full range of pictures available click [here](#).

## Firefighters strike reminder

STAFF are reminded that firefighters are set to strike on Tuesday, December 9 at 9am until 9am on Wednesday, December 10. This action may affect response times in your areas so please be extra vigilant during those times to avoid possible fire-related problems.

## Pre-retirement sessions

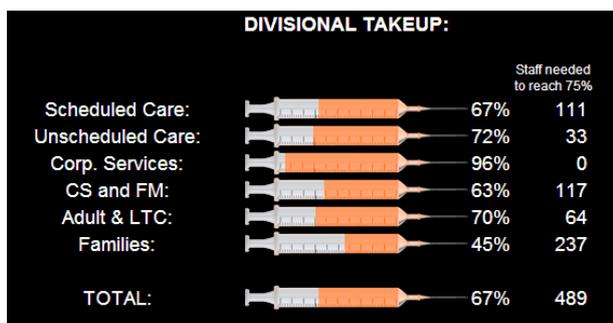
ARE you intending to retire within the next two years? If so then book your place on our next specialist seminar being held on February 5, 2015, between 9.15am and 1pm in the Education Centre, Lecture Theatre, Blackpool Victoria Hospital. These are informal, delivered in plain English and with plenty of opportunities to ask questions. We offer up to date financial information on: NHS and State pensions, tax, savings and investment options, wills, inheritance tax and financial advisors. Book your place through OLM on 01253 955392 or via [olm@bfwhospitals.nhs.uk](mailto:olm@bfwhospitals.nhs.uk).

## Sage & Thyme course

THE next Sage & Thyme course is on Wednesday, December 10. Book your place through OLM on 01253 955392 or via [olm@bfwhospitals.nhs.uk](mailto:olm@bfwhospitals.nhs.uk).

## Flu campaign closes in on 70% milestone

THE TRUST'S annual staff flu vaccination campaign has reached 67% with just 489 people needed to meet this year's 75%



target. Last year was our most successful campaign ever as we achieved the national target for 75% of frontline staff needing to be vaccinated. We also vaccinated 74.5% of our whole workforce which was our highest uptake ever and among the best in the NHS. Directorates will advise colleagues on where and when the flu vaccine will be available and up to date rotas will also be available on the flu vaccination intranet site, which can be accessed via the [home page](#) of the Trust intranet. A flu rota is also available on the HR portal.

## December pay day dates announced

THE December payday for monthly paid staff this year will be on Friday, December 19. January payday will be on Wednesday, January 21, 2015 and February will revert back to the normal final Wednesday of the month – February 25, 2015. For weekly paid staff monies for the week ending December 14 and week ending December 21 (the 21st being the estimated week) will both be paid on Friday December 19. There will be no payments on Friday, December 26. The next payday will be on January 2, 2015 and will include monies for the week ending December 28 and adjustments for the estimated week. All expense claims need to be in Payroll by Monday, December 8. If you are claiming expenses please complete and pass to your authoriser as soon as possible. If you are an authoriser then please ensure that all claims are submitted to payroll by Monday at 5pm.

## THINK! Why A&E campaign launched

THE Trust is working in partnership with



both Blackpool and Fylde & Wyre CCGs to encourage people to choose the right NHS service for them and their families according to their symptoms. It reinforces the crucial message that A&E is for emergencies and life-threatening illnesses only. Many people attend emergency service departments with minor ailments which could be better treated elsewhere. This puts extra demands on already pressured emergency departments, particularly during the winter period. A range of campaign materials were produced and can be viewed on the links below. In addition to this the specially designed [www.whyaande.nhs.uk](http://www.whyaande.nhs.uk) contains information and advice for members of the public on what to do if they, or a loved one, falls ill or gets injured.

## Xmas shopping trip invitation

BLACKPOOL Victoria Hospital Walking Club still has some places left for its Christmas Shopping Trip to York on Sunday December 14. There are still a few tickets left at a cost of just £10 per ticket. If anyone is interested please contact Ron Goff on 07710 170331 as soon as possible. The club is always on the lookout for new members to join its walks that place on the second Sunday of each month, with distances to cover all levels of fitness. All staff members, families and friends are welcome.

## Incident Report training

THE Trust has added a further four dates to the Incident Report Training schedule.

The dates are:

- Friday, January 16, 2015: 2.30pm, Lifelong Learning Suite of HPEC
- Thursday, January 22, 2015: 9.30am, Lifelong Learning Suite of HPEC
- Tuesday, January 27, 2015: 2.30pm, Lifelong Learning Suite of HPEC
- Friday, February 5, 2015: 9.30am, Lifelong Learning Suite of HPEC

For further details contact Lynn O'Sullivan, Assistant Risk Co-ordinator on 01253 953667.

## Medical equipment library

THE medical equipment library will close for Christmas on December 24 at 4pm. The department will reopen on Saturday, December 27, between 8am and 1pm. For all loans outside of library hours please contact the 002 bleep holder.

## ESRC email notice

STAFF are starting to receive e-mails from [\[mailto:ESR-do-not-use@mckesson.co.uk\]](mailto:ESR-do-not-use@mckesson.co.uk) and mistakenly believe they do not apply to them as they do not access ESR.

**ESR** is the **E**lectronic **S**taff **R**ecord system which every employee of the trust has access to through e-learning, these e-mails are generated by ESR and generally relate to mandatory training as ESR creates a notification when mandatory training is approaching a renewal date. Notifications can be viewed and actioned by logging onto e-learning (ESR) and selecting the

## MP praises Eye Clinic Liaison work

BLACKPOOL MP Paul Maynard, told eye clinic patients and hospital chiefs how impressed he was with the level of care offered by the area's local Eye Clinic Liaison Officer (ECLO). The Royal National Institute of Blind People have hailed Blackpool Teaching



Paul Maynard MP (fourth from left) meets patients and Trust staff.

Hospitals as a centre of best practice for eye care and are hoping MPs will join their campaign to support funding for ECLOs in every area across the country. An ECLO plays an essential role in providing recently diagnosed people with the practical and emotional support needed to understand their eye condition and adapt to living with sight loss and maintain independence. They work closely with medical and nursing staff in the eye clinic and local authority sensory teams and offer time to patients and carers following a consultation with the ophthalmologist. Employed by N-Vision, the local charity supporting blind and partially sighted individuals, Linda Sethi is the ECLO working within the Trust.

“I provide a bedrock of core support for newly diagnosed patients helping them adjust to life with a visual impairment by directing them to appropriate services. Early intervention is a key component in maintaining a patient's independence. When faced with the prospect of sight loss, many patients are understandably anxious, and it is part of my role to accompany them to appointments and also visit patients on the wards. I represent the patient at many levels and continually strive to raise awareness of visual impairment in order to enhance Patient Experience within the hospital”.

Linda Sethi

## Trust backs Altogether Now sports awards

BLACKPOOL'S sporting talent is set to be showcased in a celebration of community sport. The Trust is a member of the Altogether Now – a Legacy for Blackpool programme which is holding its annual Community Sports Awards in March 2015. The awards will show-case the dedication and commitment of coaches, teams, and volunteers as well as recognising outstanding achievement. It will culminate in a presentation ceremony in the Sponsors Lounge at Blackpool Football Club on Thursday March 12th 2015.

**Altogether Now – a Legacy for Blackpool** is a partnership between the NHS in Blackpool (Clinical Commissioning Group and Trust); Blackpool Council and Blackpool Football Club aimed at improving the health and lifestyles of every person in the town. Anyone can nominate an individual or team for an award. A nomination form can be completed online [HERE](#) or downloaded and returned completed to: Altogether Now – a Legacy for Blackpool Community Sports Awards 2015, Stanley Park Offices, West Park Drive, Blackpool FY3 9HU. You can also follow on Twitter [@ANBlackpool](#) or [@SportBlackpool](#).

## Credit Union offers for staff

TRUST staff are reminded that they can become a member of the Blackpool, Fylde & Wyre Credit Union and take advantage of the area's hub for low cost loans and high



interest rate savings. Trust staff can sign up to a regular savings account directly through their payroll and it's easy to sign up right now by filling in a simple form here <https://www.bfwcu.co.uk/machform/view.php?id=13776>

## Conflict resolution sessions

THE next date for conflict resolution refresher sessions is Wednesday, December 10 at the Derby Road offices in Wesham. There are two sessions daily from 10am to 12.30pm and 1.30pm-4pm. Book your place through OLM on 01253 955392 or via [olm@bfwhospitals.nhs.uk](mailto:olm@bfwhospitals.nhs.uk).

## RCN free event offer

THE Royal College of Nursing - North West Lancashire West Branch Event—is holding a free event entitled “Putting Patients First” at the De Vere Hotel in Blackpool on January 29th 2015. To download a poster advertising the event please click on the following link: [View the Leaflet](#)

### e-Rostering Drop-In Help & Support Sessions



Do you have your login details and know how to access the Employee Online system?

Do you know how to request duties/record hours or request annual leave?

Would you like help & support from the Trust's e-Rostering Trainers?

## HealthRoster Manager

Are you responsible for creating and/or managing rosters?

Do you feel like you would benefit from a system refresher?

Would you like help & support from the Trust's e-Rostering Trainers?

Then why not come and see us! (Just drop in, no need to book!)

When?

Thursday 11th December, between 9:30am-13:00pm

Thursday 15th January, between 13:30pm-16:00pm

Tuesday 10th February, between 9:30am - 13:00pm

Where?

Lifelong Learning Suite, Education Centre, BVH

[erostering@bfwhospitals.nhs.uk](mailto:erostering@bfwhospitals.nhs.uk)

Telephone: 01253 95 3690

THE WOMEN'S UNIT *would like to share with you*

# A SERVICE OF REMEMBRANCE

*for all our babies that have died over the years.*

**SUNDAY 7th DECEMBER 2014 at 3pm**

(Doors open from 2.40pm)

THE BARONIAL HALL  
BLACKPOOL'S WINTER GARDENS

*There will be a small candle lighting ceremony.  
If you would like us to light a candle and are unable to attend,  
then please send a stamped addressed envelope to:-*

Megan Murray, Bereavement Support Nurse,  
c/o The Women's Unit, Blackpool Victoria Hospital  
Whinney Heys Road, Blackpool FY3 8NR

if you require further information  
then please contact **MEGAN** on **01253 306877**



## Staff!



# Still not had your flu jab?



Why not get one in your lunch break

On

**Wednesday 10<sup>th</sup> December**

**12.00-1.00pm**

Occupational Health

Will be coming to

**Olivers**

Vaccination against flu is vitally important to protect you, your patients, your colleagues and your family from the consequences of seasonal flu. Please take advantage of this opportunity and safeguard yourself against this preventable illness.

Our campaign aims to vaccinate 75% of staff, so please come along



Blackpool Teaching Hospitals **NHS**  
NHS Foundation Trust

## ZUMBA

OCCUPATIONAL HEALTH HAS JOINED FORCES WITH A LOCAL ZUMBA TEACHER TO OFFER STAFF AN 8 WEEK ROLLING PROGRAMME. THIS COULD HELP YOU TO GET FIT AND HAVE FUN WHILE YOU ARE DOING IT.

THE CLASSES WILL BE ON SITE AND WILL BE 5.15-6.15 PM ON A TUESDAY

THE COST IS £24 FOR THE EIGHT WEEKS AND IS PAID UPFRONT AT THE START OF THE PROGRAMME AND WILL BE DEDUCTED THROUGH YOUR WAGE, SO THAT WORKS OUT AT ONLY £3 PER CLASS.

TO BOOK A PLACE AND FURTHER DETAILS PLEASE CONTACT CLARE FLYNN 01253 957950 clare.flynn@bfwh.nhs.uk

The classes will be held in The Simulation & Skills Centre (old Aster Ward) Blackpool Victoria Hospital



An invitation is extended to all our Trust and Community colleagues to join us for a

# SPECIAL GRAND ROUND

12.30pm Wednesday 10<sup>th</sup> December 2014

in the Lecture Theatre, BTH Education Centre (Lunch from 12.00pm)

The Relaunch of the

# Exacerbation of COPD Pathway

- Baseline Obs
- Bloods
- X-Ray
- ECG
- Sputum
- Saturations Target
- Targeted Oxygen
- Bronchodilators
- Steroids



- Antibiotics
- NIV
- Smoking Assessment
- Inhaler Review
- Spirometry
- Patient Information
- End Stage
- Follow Up

### Presenters:

Dr Thomas Bongers, Respiratory Consultant

Chris Jackson, Respiratory Specialist Nurse

Dr Nigel Randall, Consultant Anaesthetist

Tracy Burrell, Associate Director of Nursing (Quality & Safety)

The session will also provide an update on the other Better Care Now pathways



Pneumonia



Sepsis



Stroke



Cardiac Chest Pain



Acute Kidney Injury



#NOF



Acute Abdo Pain

and initial dementia assessment performance

## **MANAGING AND UNDERSTANDING GRIEF** **3 DAY STUDY COURSE**

WHAT DO  
I SAY?

WHO  
LOOKS  
AFTER  
ME?



Facilitators: Megan Murray Bereavement Support Nurse  
And Michelle Boland Bereavement Support Nurse  
The Family Division  
Telephone - 01253 306877

### Course 1

Day 1 THU 22<sup>nd</sup> January 2015 8.30 – 17.00 HPEC  
Day 2 THU 12<sup>th</sup> February 2015 8.30 – 17.00 HPEC  
Day 3 THU 5<sup>th</sup> March 2015 8.30– 17.00 HPEC

### Course 2

Day 1 FRI 16<sup>th</sup> January 2015 8.30 – 17.00 HPEC  
Day 2 THU 14<sup>th</sup> May 2015 8.30 – 17.00 HPEC  
Day 3 THU 4<sup>th</sup> June 2015 8.30– 17.00 HPEC

**ALL BOOKINGS ARE TAKEN BY LEARNING AND DEVELOPMENT**

Email: [olm@bfwh.nhs.uk](mailto:olm@bfwh.nhs.uk) Booking hotline: 01253 655392

# MANDATORY TRAINING

## DROP-IN

### (Morning only)

Dear All,

Just a reminder that Learning & Development are hosting their December 'Mandatory Training Drop-In Session' on:

**Thursday 11<sup>th</sup> Dec 2014 @ the Simulation Skills Centre, BVH**  
**9.00am – 12.00pm**  
**(This will only be a morning session)**

If you are not sure where you are with your Mandatory Training, you are non-compliant or approaching non-compliance in some or all subjects, please come along. We can check your compliance and advise you with the next steps.

Practical Training is also available during this session, please see below:

#### **Moving & Handling Update Training**

We have sessions planned for

9.00am

10.30am

(each session is c. 1hour 15mins)

There is **no requirement to book**, please come at least 5 minutes before the above times.

#### **Basic Life Support Update Training**

There will be a trainer available from 9.00am -12.00pm,

There is **no requirement to book**, please drop in between the above times.

There may be a short wait.

(each session is 20-30minutes)

#### **Workbooks**

You can collect workbooks from us and we can also sign workbooks off for you once completed.

We do have a quiet room available for anyone who would like to come along and complete the workbook.



## Your Security Management Specialist Christmas Message

The countdown to Christmas has officially begun, with just days to go until the Big Day itself.

Becoming a victim of crime can be especially distressing at this time of year. Every care should be taken, inside and outside the Trust, to make sure that doors are locked and articles of value are not left unattended or visible to the opportunist thief, especially near windows and insecure doors.

### What you can do to help keep Blackpool Teaching Hospitals safe

- Only bring essential items into the hospital
- Protect your personal belongings
- Confirm the identity of staff not wearing an ID card
- Do not give access to strangers through secure doors
- Report all suspicious incidents
- Keep your valuables safe
- While on your Xmas holiday, set your departmental burglar alarm and test outside security lighting is working.
- Ensure your windows and doors are locked.
- Keep valuables out of sight.
- Don't leave your office keys on display.



Staff are also reminded of the need to lock bicycles securely (preferably to a fixed object with a D-lock, because cable locks are easily removed/cut) and to keep a record of the identification number.



# GET A REAL TREE FOR CHRISTMAS AND SUPPORT PROSTATE CANCER UK

- PREMIUM NORDMAN FIR TREES
- UK Grown
- No needle drop

- 4ft 1.2m £32
- 5ft 1.5m £38
- 6ft 1.8m £45
- 7ft 2.1m £52
- 8ft 2.4m £56

- Base Log and fixer £4



To reserve a tree phone or text 07716890581 (Andy) or 07900215725 (Elaine). Available 29<sup>th</sup> November onwards. All profits to Prostate Cancer UK.



## C Squadron 208 Field Hospital, Blackpool

Sir Matthew Fell House, Parkinson Way, FY4 2AZ

### Recruiting Open Day

1.00pm – 5.00pm

**06 December 2014**

All are welcome to attend a recruiting open day so you can find out more about the Army Reserve Medical Services.

Please contact Capt Martin Ellison

01253 349229 or e mail  
208hosp-psao-csqn@mod.uk



Blackpool Teaching Hospitals **NHS**  
NHS Foundation Trust

## BACK ADVICE SESSION

Monday December 15th 2014, Orthopaedic Seminar Room, Blackpool Victoria Hospital, 11am

[Staff Physiotherapy Service at Occupational Health](#)



*Do you: Worry that you are going to develop back pain?*

*Do you: Feel your back aching or get occasional niggles?*

*Do you: Want to help yourself?*

Health care workers remain amongst the top occupations with the highest prevalence rates of back disorders

### DO SOMETHING TO HELP YOURSELF TODAY!

The back advice session is there to:

- Educate members of staff on maintaining a healthy spine and improve staffs understanding of back pain
- Prevent episodes of back pain and reduce sickness absence records for MSK disorders
- Teach staff how to self manage back pain in the workplace and at home, and have more confidence in your back
- Promote health and well being in the workplace

Booking is essential. Please email: [occupational.health@bfwh.nhs.uk](mailto:occupational.health@bfwh.nhs.uk)

People Centred

Positive

Compassion

Excellence

Blackpool Teaching Hospitals **NHS** presents  
NHS Foundation Trust

**THE ANNUAL  
MEDICAL PHOTOGRAPHY DEP'T**

# **STAFF CHRISTMAS QUIZ**

**Wednesday 17th December 2014  
12.30pm - 1.30pm**

**Education Centre Lecture Theatre**

## **FREE TO ENTER**

**MAXIMUM OF FOUR PEOPLE TO A TEAM**

## NHS Employee Online Discount Code **NHSEDC1237**



Use the exclusive online discount code NHSEDC1237 this month to get a further 10% off many web prices at [Lloydspharmacy.com](http://Lloydspharmacy.com)

Enjoy  
The LloydsPharmacy Online Team



\*NHS Employee Online discount is not available on Deal of the Week or Fragrance of the Week

## Online Ordering Process



Buy online at [www.LloydsPharmacy.com](http://www.LloydsPharmacy.com)

**\*Terms and Conditions:** • The NHS Employee discount is not available on the following products: Infant formula milk, nappies, training pants, Bio-Oil, alli and prescriptions (NHS and private) plus any product which we deem inappropriate for the NHS Employee discount • Code valid 01.12.14 - 31.12.14 • Voucher code to be added at checkout • The NHS Employee discount is not available on "Deal of the Week" or "Deal of the Month" or "Fragrance of the Week" or Mega Deals • Only valid at [www.LloydsPharmacy.com](http://www.LloydsPharmacy.com)