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Celebrating Success awards now open

THE Celebrating Success Awards 2014 are now open for entries and we are urging as many staff members as possible to apply.

Last year saw us break all entry records with more than 225 nominations and the standard of submissions was extremely high.

This year we are introducing a new award to recognise Innovation and Service Improvement.

This award is for an individual or team that has demonstrated exceptional innovation in their work or used creative thinking to develop or improve services.

The award will recognise excellence in changing the way work is delivered or introducing more effective systems to make a difference to patients or the service provided by the Trust, either directly or behind the scenes.

The awards which are open to applications from staff this year are:

- Clinical Team of the Year Award
- Non-clinical Team of the Year Award
- Radio Wave's Unsung Hero Award
- Innovation and Service Improvement Award
- Employee of the Year Award

There are also two additional awards, The Gazette's Patients' Award and the Chairman's Award which require no nomination. The Chairman's Award will be given to the overall winner from all the categories.

We are delighted to be able to reward excellence within the Trust through the Celebrating Success Awards and now all you have to do is nominate yourself, your team or a colleague for special recognition.

All categories will carry a £500 reward, except the Chairman's Award which has a prize fund of £1,000. All prize money is to be reinvested in the Trust. The deadline for applications is Friday July 11th, 2014.

The Judging Panel, which will consist of the Chairman, Chief Executive, Medical Director, a staff side representative, a public governor and a representative from The Gazette and Radio Wave, will meet on Friday August 8th

2014 to decide a winner and two runners up for each category. The shortlist will be announced on Monday August 11th 2014.

This is your chance to receive recognition for the excellent work you and your colleagues do. Full details of all of the award categories, including the criteria and how to apply are detailed on the Celebrating Success [intranet site](#).

The winners will be announced at the Celebration Ball which is being held on Friday November 14th in the prestigious Winter Gardens Empress Ballroom. Tickets for the event will go on sale in August.



Quality

Safety

People

Delivery

Environment

Cost

Your chance to enter Gazette's Health Awards

NOMINATIONS are now open for the Blackpool Gazette's Best of Health awards 2014. The awards recognise and celebrate excellence in health care, in the public, private and voluntary sectors. There will be ceremony for all the shortlisted nominees at Blackpool Imperial Hotel in July. The award categories are as follows:

- Doctor of the year
- Dentist of the year
- Midwife of the year
- Nurse of the year
- Physical therapist of the year
- Optician of the year
- Childcare award
- Unsung hero
- Carer of the year
- Elderly welfare award



Anyone can nominate, including friends, colleagues, employers, patients, carers, patient's relatives. If you know someone who deserves an award for always providing the Best of Health, you can write to: Best of Health Awards, The Gazette, Avroe House, Avroe Crescent, Blackpool Business Park, Blackpool, FY4 2DP, or email competitions@blackpoolgazette.co.uk. Please include your own name and contact details, as well as the name, role/job title and contact details for the person you are nominating and an explanation in no more than 250 words, of why they deserve an award. For more information about the awards, call (01253) 361709.

End of Life Care is praised

FYLDE coast residents can be assured that they will receive good care in their final days and hours. Findings from the National Care of the Dying Audit for Hospitals published highlighted that clinical and non-clinical staff at Blackpool Teaching Hospitals NHS Foundation Trust are providing safe, compassionate patient focused care at end of life. In September 2013 the Trust made a commitment to improve staff knowledge and skills around the provision of best care at end of life for patients and relatives by launching an intensive programme of ward based training. The team took part in a number of events to mark Dying Matters Week recently including hosting information stands in the new Trust HQ and taking part in a special event at Trinity Hospice on Friday.

"We are delighted that we have shown marked improvements in many aspects of our care. We now have a dedicated team of nurses supported by a Consultant in Palliative Medicine who work alongside their clinical colleagues to enable clear decision making with the involvement of patients and families, to ensure that we provide compassionate, caring and committed care for our patients. The recent hospital inspection by the Care Quality Commission highlighted the good work undertaken in End of Life Care and marked the Trust as outstanding responsive care at end of life.

Dr Andrea Whitfield, Consultant in Palliative Medicine

Mandatory training sessions

A number of mandatory training drop-in information sessions are being held across the patch over the next couple of months. Below are the dates and venues. There is no need to book. Forthcoming sessions are:

- May 30th, Sim & Skills Centre, BVH, 9.30am-5.30pm.
- June 6th, Slyne Road Offices, Lancaster, 10am-2.30pm.
- June 6th, Queen Victoria Centre, Morecambe, 3-5pm.

E-Cigarette study call

THE Trust is looking to find out what staff know about electronic cigarettes and would be grateful for a few minutes of your time. The link below will take you to a quick one page survey which will only take you about four minutes.

<https://www.surveymonkey.com/s/Q8N78RK>

Departments move

THE Central Intelligence Unit has now relocated to Old Trust HQ, 1st Floor, all telephone numbers remain the same. The Communications Department has also located to the Old Trust HQ Ground Floor. Again all telephone numbers remain the same.



Do you know how to talk to someone who is worried or distressed?

The SAGE & THYME® foundation level workshop (3 hours) teaches:

- A memorable structured approach for getting into and out of a conversation
- How to empower patients/carers who are worried or distressed
- Communication skills that are evidence based



Thursday 29th May
13.30 - 16.30
Conference Room at
Trinity Hospice
Book online (OLM)

Innovative workshop a success

A ONE-DAY workshop on Supporting Patients with Appearance-Related Concerns was a great success. The workshop was led by Drs Alex Clarke (Consultant Clinical Psychologist) and Heidi Williamson (Health Psychologist) and was aimed at providing health professionals with the information and tools they need to identify, patients with appearance concerns and to deliver appropriate levels of support. This will continue in a follow up clinic with patients. Lauren Butterworth was thanked for helping to organise the workshop.



Staff who took part in the special workshop.

"This was an opportunity for patients to feel more comfortable and for us to have more of an understanding of the patients concerns. It was a great success and I would like to thank everyone who attended."

Dr Jean Briggs, event organiser

Memory Corridor is officially opened

PATIENTS at Blackpool Victoria Hospital will now be cared for in a revolutionary way by being transported back in time after the official opening of the UK's largest hospital memory corridor. Jimmy Armfield CBE opened the innovative 72 metre memory corridor at Blackpool Victoria Hospital which is designed to be a major boost for the hospital's dementia patients. The Hospital's newest addition has changed the physical environment of a stretch of corridor transforming it into a series of memory triggering scenes. The corridor is the largest in the UK and aims to have a massive impact on the care provided to patients who suffer from Dementia or confusion.



Jimmy Armfield cuts the ribbon to open the new memory corridor.

"Dementia is a very serious problem; it's one of those things that can effect anyone of us at any time. This innovation is the largest of its kind in the UK and I assume it will be a huge success. It certainly sparked some memories in my mind, happy ones, and I am sure it will others too. Everyone behind this should be congratulated including Blue Skies who have provided the funding. Funding is hard to get so it is fantastic that this has been done."

Jimmy Armfield

Morecambe roadworks warning

STAFF are advised that from June 1st 2014 there will be major road works on Morecambe Road between the Asda & McDonalds roundabouts to allow work to go ahead for the new bypass. Work is expected to last 72 weeks and will affect staff and patients travelling between Lancaster and Morecambe. Please give yourself more time to attend meetings or look at alternative routes.

Talksafe training

THE Trust is holding a number of Talksafe training sessions over the next few months with all staff members invited to attend. The dates are:

- June 6th, 13th and 20th
- July 1st, 8th, 22nd
- September 5th, 12th and 19th
- October 9th, 16th, 30th
- November 3rd, 10th, 24th
- December 1st, 8th, 22nd

They are all half day sessions from 9am – 1:30pm and held in the Simulation & Skills Centre. To book a place email

Julie.rushworth@bfwhospitals.nhs.uk.

Recognition event invite

THE next Trust Recognition Event is on Thursday June 5th 2014 when the Unscheduled Care department will display some of their achievements in the Cardiac Centre Lecture Theatre. The event starts at 12noon with a buffet lunch with the presentations taking place between 12.30 and 2pm. All staff are welcome to attend,

Learning Disabilities training

THE next available Learning Disabilities training session is:

- July 17th: 1 – 4pm, HPEC 1
- Please book a place through the OLM management system.



Grand Charity Night
in aid of
The Special Care Baby Unit
At Blackpool Victoria Hospital
Thursday 5th June 2014

Dennis Brown (Compere)
Becky "J" (Excellent Female Vocalist)
Ray Stony (Great Comedy Entertainer)
Flashback (Excellent Male Vocal/Guitar Duo)

Raffle - Auction

Doors Open 7.00p.m. Midnight Bar

Tickets £3.00 Each
(from Eddie Ashton *07523 287568" - Roy Sibley *07713 328770" or the Club)

PLEASE COME & SUPPORT



Claremont Conservative Club
Westminster Road, Blackpool, Lancashire. FY1 2QE Tel: 01253 620981

Appraisal window is now open

THE appraisal window is now open until July 31st 2014. This year there will be **no extensions** as we will be introducing a six-month review process. You can access the system from the intranet homepage. The electronic system has been updated with the following enhancements:



- 'Log in' access to your appraisal from any PC (you will need to set up a password to do this), including [logging on as a NON XFYLDECOAST User](#);
- 'Sign in'/'Sign out' of editing your appraisal (so that only one person can edit at any time);
- Your Mandatory Training record is displayed from ESR;
- A [Word template](#) is available now for staff to carry out preparation for their appraisal;
- An updated PDP list and course outlines.

Full instructions on how to use these features are available in the Video Tutorials & Support and User guides on the Appraisal Resources Panel.

A snappy study for all

THE Trust took part in a study to establish a national benchmark for patient satisfaction after anaesthesia. The Sprint National Anaesthesia Project (SNAP) study ran for two days in May with 105 patients taking part by completing two short questionnaires after treatment. Dr Jason Cupitt led the study as Principle Investigator along with Research Nurse, Emma Brennan. They were supported by, anaesthetists, nurses from all areas of the Trust, medical students and Janette Brown, Clinical Trial Administrator.



Emergency Planning newsletter

THE Second issue of the Trust's Emergency Planning newspaper has been released. The short, one page publication gives an update on emergency plans and arrangements. The newsletter can be accessed [here](#).

Diabetes Foot Care Pathway invitation

THERE is still time for members of community and district nursing teams to book on an event to highlight the launch of the new Diabetes Foot Care Pathway. The event is on Thursday June 5th in the Education Centre at Blackpool Victoria Hospital. You can book on one of two sessions being held from 9.30am-12noon or 1-3.30pm. To confirm your place contact marion.bennie@bfwhospitals.nhs.uk with the names, roles and which practice/team you work with and advise which session you would like to attend

Phone number warnings

A MEMBER of the public who has a private ex-directory telephone number has contacted the main switchboard to say he is receiving a large number of calls from people asking for Orange reception or Fracture at BVH. As a result the trust is reminding all staff about the importance of giving out correct phone numbers at all times to patients.

Conflict resolution

TO make training more accessible the duration of Conflict Resolution training has been amended. All individuals booked on these courses will be contacted individually by the Learning & Development team to be made aware of the change.

- The **FULL** conflict resolution sessions are now a duration of 3 hours
- The **REFRESHER** conflict resolution are now a duration of 2 ½ hours

To book a place on this training, please e-mail OLM@bfwhospitals.nhs.uk

Richmond Fellowship

THE Richmond Fellowship is inviting members of the Black Minority Ethnic (BME) community to join a focus group in the area. The group will aim to focus on health and wellbeing and mental health issues. Their first meeting is on Wednesday May 28th at the Richmond Fellowship at Winstone House, Church Street, Blackpool, between 5.30-6.45pm. For details contact Sarah Gorst, Social Inclusion Worker at

SarahLouise.Gorst@bfwhospitals.nhs.uk

E-Rostering drop-in sessions

THE E-Rostering team is holding a number of drop-in advice sessions over the coming months to help those who create and/or manage rosters. The sessions are on May 29th 9.30am-1pm; June 17th 1.30-4pm; June 24th 9.30am-1pm; July 9th 9.30am-1pm and August 20th 9.30am-1pm. The sessions are in the Lifelong Learning Suite at BVH.



BRIGHT IDEAS

If you have a good idea please let us know at
<http://fcsharepoint/divisions/global/staffsuggestions/Pages/default.aspx>



The 5th Annual
Jane Clough
MEMORIAL
GOLF TOURNAMENT

Will be played on

FRIDAY 25th July 2014

at

Stanley Park Golf Club

Entry fee

£25

1st TEE @10am

(Entry fee to be paid in full by Monday, 14th July 2014
this includes course fee and donation)

BOOK EARLY TO AVOID DISAPPOINTMENT



For further information and registration contact:-

Dave Walker bleep 077
(10pm - 6am) inc weekends
or
Mary Bird on
07909 528 074 or bleep 818

"Be part of a memorable day"



ESTATES DEPARTMENT FISHING DAY

The annual fishing day for the Jim Fray Memorial Cup is to be held on **Saturday 14th June 2014**



The venue is Langley Lakes,
Goosnargh, Preston.



Any one interested please contact
Lorraine Dunn:
Tel: 01253 65 5702
Email lorraine.dunn@bfwh.nhs.uk

**£15 per peg to
be paid on
booking, by
6th June**

ALL WELCOME!

Tasty breakfast baps
£2.50 ordered on
booking

ALL proceeds
to the
Macmillan
Unit.

Arrive 08.30am for
breakfast.
Lines in at 09.30am



hospitals fund

The Charity for Blackpool Teaching Hospitals
Registered Charity Number 1051570



Liverpool Care Pathway

Dying to know what happens NEXT?

A three hour workshop for all hospital staff

Wednesday 18th June 2014, 9.00-13.30, Lecture Theatre, Cardiac Centre

Objectives

- To understand what an individualised care plan for the dying person is
- To follow patients' experience using interactive scenarios
- To discuss what this means in practice



Topics

- Introduction to End of Life Care and the Transform project
- AMBER Care Bundle
- Do not attempt cardio pulmonary resuscitation (DNACPR)
- Advanced care planning
- Supported care for the dying
- Just in case 4 core drugs (JiC4CD)
- Rapid Discharge

To book a place please email john.porter@bfwhospitals.nhs.uk

Certificates of attendance will be provided to staff who attend the whole workshop.



FIRE SAFETY LECTURES 2014 - FYLDE & WYRE

12:00 - 13:00

Ansdell MC – Health Ed Room

Friday

~~23/05/2014~~

New Date: Thursday

05/06/2014

Thursday

09/10/2014

Cleveleys HC – Health Ed Room

Details to follow

Fleetwood Hospital - Dining Room

No dates booked to date

Freckleton HC - Venue TBC

Wednesday

04/06/2014

Wednesday

05/11/2014

Garstang MC - Meetings Room

Wednesday

09/04/2014

Tuesday

04/11/2014

Kirkham Clinic - Health Ed Room

Wednesday

28/05/2014

Thursday

23/10/2014

Lytham PCC – Seminar Room

Monday

19/05/2014

Wednesday

15/10/2014

Poulton HC – Health Ed Room

Friday

02/06/2014

Wednesday

22/10/2014

St Anne's PCC – Meeting Room

Thursday

22/05/2014

Monday

13/10/2014

Thornton HC – Health Ed Room

Monday

12/05/2014

Monday

03/11/2014

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under "Log in via Athens"

Enter your Athens username and password when prompted

You are now free to read and download content

The trial will last until 31st October 2014



Consulting and Coaching for Individuals and Teams

AN INTRODUCTION TO MINDFULNESS **2014**

Aims and objectives

To introduce participants to the concept and practice of Mindfulness and its benefits.

By the end of the workshop I expect participants to:

- Understand what Mindfulness is.
- Appreciate how they, the workforce and Trust can benefit from Mindfulness tools and practice.
- Know more about the evidence base and science behind Mindfulness practices.
- 2 Mindfulness Tools to use personally in daily life including at work to support their own mindfulness.
- Where to find out more about Mindfulness for individuals, teams and organizations.

Approach

We will be exploring the idea and practice of Mindfulness through experiencing it and exploring its relevance to you, your teams and Trust with reference to the considerable evidence base and scientific understanding of its impact on, wellbeing, engagement, leadership and performance.

For more information on Mindfulness please see:

www.mindfulnet.org and www.breathworks-mindfulness.org.uk

OUTLINE PROGRAMME

- Introduction to mindfulness
- A taste of Mindfulness
- Evidence base and scientific basis for Mindfulness
- Body Scan Mindfulness Exercise
- Being and Doing
- Breathing exercises
- Mindfulness of Breathing
- 60 second Mindfulness Practice
- Q and A
- Summary
- Next Steps
- Taking Mindfulness further
- Resources

To book a place please contact
Annie Bucknill (65) 7958
annie.bucknill@bfwh.nhs.uk

Workshop Dates

27th May - 10-12pm or 2-4pm - Chest Clinic Seminar Room BVH
5th June - 10-12pm or 2-4pm - Gastro Seminar Room BVH
10th June - 10-12pm or 2-4pm - Chest Clinic Seminar Room BVH
20th June - 10-12pm or 2-4pm - Room 6 HPEC BVH

THE PATIENT EXPERIENCE REVOLUTION

'Review and Make Sense'



Are you still 'In The Box?'

Do you want to revisit the Skills you learned on the Patient Experience Revolution training?

Review and Make Sense sessions are being held on the following dates for anyone who has completed the training and would like to find out how these skills can be used in practical ways to help you be at your best more of the time.

The workshops will be held from 2.00 - 3.30pm on the following dates.....

Review and Make Sense Workshop Dates:

Date	Venue
Monday 7 th July	Clinical Skills room 8
Tuesday 15 th July	HPEC Library IT Training Room
Monday 11 th August	HPEC Room 6
Tuesday 19 th August	HPEC Room 6

To book a place please contact: The
Patient Experience Revolution
Team:
Tel: 6615/6618
debra.thornton@bfwhospitals.nhs.uk /
beverley.sanderson@bfwhospitals.nhs.uk

Here is what you have said about the training:

"...The training was fantastic, they got the best out of me without me knowing and I have learnt so much to improve myself, my team and most importantly, the patients."

".....Before training I was 'in the box' all day while dealing with angry patients. After the training I started using 'notice and step' and 'breathing' to choose my attitude. Now I am much calmer and happier with patients'

I am much more able to deal with challenging members of staff as I now have a purpose to establish a good relationship with them and find out how I can help them as I recognise that they may be feeling anxious or worried."