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# “Caring” staff praised at celebration event



Photos from the Safe & Compassionate Practice event today.

**THE care provided by the Trust’s nurses, midwives and therapists was praised at a special event today, Friday.**

The “Safe and Compassionate Practice” event saw staff from a wide number of areas across the Trust come together to hear some of the major success stories of the past 12 months.

Keynote speaker was Ann Cooper, Clinical Informatics Advisor (Nursing) from NHS England (pictured with Director of Nursing and Quality, Marie Thompson above right).

There were speakers from teams working in the community and acute settings with many of the talks based on the Six Cs of care, courage,

commitment, compassion, competence and communication.

Marie Thompson said: “Once again the day has been a great success with a fantastic turn out from our nursing staff. It is a brilliant event which we feel is important to both celebrate the work of our nurses but also share expertise and experience.

“We have had some informative and interesting talks that emphasise just how enthusiastic and dedicated we all are to our various roles. Thank you to everyone who took part and those who attended.”

A special video was produced to mark the event and can be accessed at <https://www.youtube.com/watch?v=Fnimga501w&feature=youtu.be>

## Two schemes shortlisted for care awards

**THE Trust has been shortlisted in two categories of this year’s HSJ Patient Safety and Care Awards. The shortlisted nominations are in the Patient**

**Safety in Care of Older People and Clinical Leadership categories. The winners will be announced at a ceremony in London on July 15<sup>th</sup>.**



Quality

Safety

People

Delivery

Environment

Cost

## Your chance to enter Gazette's Health Awards

NOMINATIONS are now open for the Blackpool Gazette's Best of Health awards 2014. The awards recognise and celebrate excellence in health care, in the public, private and voluntary sectors. There will be ceremony for all the shortlisted nominees at Blackpool Imperial Hotel in July.

The award categories are as follows:

- Doctor of the year
- Dentist of the year
- Midwife of the year
- Nurse of the year
- Physical therapist of the year
- Optician of the year
- Childcare award
- Unsung hero
- Carer of the year
- Elderly welfare award



Anyone can nominate, including friends, colleagues, employers, patients, carers, patient's relatives. If you know someone who deserves an award for always providing the Best of Health, you can write to: Best of Health Awards, The Gazette, Avroe House, Avroe Crescent, Blackpool Business Park, Blackpool, FY4 2DP, or email

[competitions@blackpoolgazette.co.uk](mailto:competitions@blackpoolgazette.co.uk). Please include your own name and contact details, as well as the name, role/job title and contact details for the person you are nominating and an explanation in no more than 250 words, of why they deserve an award. For more information about the awards, call (01253) 361709.

## Ann set for charity Moonwalk

ANN Nolan, a secretary in the Cardiac Division, and nine family and friends are walking a marathon in the Moonwalk on Saturday evening in London. They are doing this in memory of Ann's sister-in-Law, Bernie Nolan, who died last July from breast cancer. Linda and Anne Nolan have also had breast cancer and are doing this walk with Ann. If anyone would like to sponsor Ann you can donate through at <http://moonwalklondon2014.everydayhero.com/uk/annie-nolan>. Together they are walking as Bernie's Babes. All support would be gratefully accepted.



Ann Nolan with the rest of her Bernie's Babes team.

## Still time to enter Nursing Times awards

THERE is only one week left to submit an entry for the

Nursing Times Awards 2014, make sure you register and complete your submissions as soon as possible. To enter go to [www.ntawards.co.uk](http://www.ntawards.co.uk) and see which categories you would like to enter before the final deadline of May 16th



## RCN drop-in sessions

RCN representative, Maggy Heaton, is to hold informal drop-in sessions for members every fortnight from May 19th. The sessions will be held every second Monday from then and take place in the union's office between 2-4.30pm. For details contact Maggy on 01253 655198.

## Information governance

THE April edition of the Information Governance team's newsletter is now available. The newsletter aims to support staff by sharing information, good practice and lessons learned. Please take a few moments to read the articles about recent Information Governance (IG) issues which may affect you.

The newsletter can be accessed here: [http://bfnwnet/misc\\_notices/2014/IG%20Newsletter%20April%202014.pdf](http://bfnwnet/misc_notices/2014/IG%20Newsletter%20April%202014.pdf)

## E-Cigarette study call

THE Trust is looking to find out what staff know about electronic cigarettes and would be grateful for a few minutes of your time. The link below will take you to a quick one page survey containing 18 yes/no questions which will only take you about four minutes. Your help is much appreciated.

<https://www.surveymonkey.com/s/Q8N78RK>

## Enhance magazine

TO read the latest edition of the Trust's Enhance magazine please click

on the following link <http://www.blueskieshospitalsfund.co.uk/Docs/enhance/enhance008%20-%2008052014.pdf>.

The magazine is aimed at fundraisers and donors to Trust charity Blue Skies Hospitals Fund and can also be used to encourage new charity supporters.



## North Park Drive closed for two weeks

STAFF are asked to note that North Park Drive will be closed from Wednesday May 14<sup>th</sup> for resurfacing for approximately two weeks. There will be no parking or access other than for residents between the hours of 8am – 6pm. Staff parking outside of these times need to be aware that any vehicles will be removed by the contractors if they remain in the area after 8am. Staff who normally park on North Park Drive will need to make alternative parking or travel arrangements for the duration of these works. Discounted bus tickets and access to secure cycle storage are available from the car parking office which is located on the ground floor of the new multi-storey car park. For a map of the area please go to: [http://bfwnet/misc\\_notices/2014/North%20Park%20Drive%20Closure.pdf](http://bfwnet/misc_notices/2014/North%20Park%20Drive%20Closure.pdf)

## NMC Chief Executive praises Trust

THE Trust played host to Jackie Smith, the Chief Executive of the NMC and the Director of Registration, Alison Sansome, this week. They were here to provide a road show on the NMC, the process of registration and the improvements they are making to the system and importantly the purpose of revalidation. Jackie also spoke about the rationale behind the planned increase in price of registration from £100 to £120 (Consultation on this is now open). Following the presentation and question and answer session Jackie and Alison took a tour of the hospital to meet some of the nurses.



Jackie Smith, third from the left, with some of the Trust's senior nursing team.

"I'm very impressed to hear from patients how much care and compassion they receive from the staff here in Blackpool. It is the role of the NMC to ensure nurses are professional and meet codes of conduct. What we have seen here is an example of getting it right."

Jackie Smith, NMC Chief Executive

## Systems to shutdown this Sunday warning

AS part of the closure of Poulton Offices the servers hosted there need to be relocated which will mean a number of services will be unavailable on Sunday May 11th between 9am and 12 noon. Services affected include: Pathology System, Cyberlab, Ascribe, Bloodbank – Formscape, Dawn AC, TIE Interface – Impacting Alert, Adastra, Cyberlab, Community Loan Stores, Compucare, eRostering, Medical Device Management, IHT, IUVO, Genisys, Gastro IBD, Menu Mate, ICNET, SLAM, Cosmographics, File Servers, NDL – Community Mobile access, Trium, Business Objects, ScanTrack, Powergate, Email and File Archiving, Printing, Waba and Promax. Users should log out of impacted systems before the planned downtime. If you have any questions regarding this planned downtime please contact the ICT Service Desk on 01253 951016.

## Talksafe training

THE Trust is holding a number of Talksafe training sessions over the next few months with all staff members invited to attend. The dates are:

- May 14th and 21st
- June 6th, 13th and 20th

They are all half day sessions from 9am – 1:30pm and held in the Simulation & Skills Centre. To book a place email

[Julie.rushworth@bfwhospitals.nhs.uk](mailto:Julie.rushworth@bfwhospitals.nhs.uk).

## Recognition event invite

THE next Trust Recognition Event is on Thursday June 5th 2014 when the Unscheduled Care department will display some of their achievements in the Cardiac Centre Lecture Theatre. The event starts at 12noon with a buffet lunch with the presentations taking place between 12.30 and 2pm. All staff are welcome to attend,

## Beaverbrooks 10k Fun Run

IF you are looking for something to do this Sunday (May 11th) why not get on your running shoes and take part in this year's Blackpool Beaverbrooks 10k Fun Run. All the funds raised will go to Trinity Hospice. For details of the event go to the website at:

[www.blackpoolfunrun.co.uk](http://www.blackpoolfunrun.co.uk)



**Sunday 11th May, 11am**

Enter online NOW at [www.blackpoolfunrun.co.uk](http://www.blackpoolfunrun.co.uk)



With official chip timing technology

For more information please call 01253 359362  
Be part of Blackpool's biggest fun run for all abilities

The Gazette

BEAVERBROOKS

radio wave

## Appraisal window is now open

THE appraisal window is now open until July 31st 2014. This year there will be **no extensions** as we will be introducing a six-month review process.

### Appraisal resources:

-  [Video tutorials and support](#)
-  [e-Appraisal User guide](#)
-  [Appraisal Guidance](#)
-  [Top Ten Appraisal Tips](#)

You can access the system from the intranet home-page. The electronic system has been updated with the following enhancements:

- 'Log in' access to your appraisal from any PC (you will need to set up a password to do this), including [logging on as a NON XFYLDECOAST User](#);
- 'Sign in'/'Sign out' of editing your appraisal (so that only one person can edit at any time);
- Your Mandatory Training record is displayed from ESR;
- A [Word template](#) is available now for staff to carry out preparation for their appraisal;
- An updated PDP list and course outlines.

Full instructions on how to use these features are available in the Video Tutorials & Support and User guides on the Appraisal Resources Panel.

## Professional Registration



STAFF are being informed about the new combined Professional Registration policy that has come into effect.

The Changes for **Ex Community** Staff are:

- Staff will no longer receive reminder letters at 28 days and 14 days prior to expiry dates as per the old North Lancs/NHS Blackpool Policies.
- Report showing a list of staff due to expire will now be emailed to Matrons/Team Leaders mid month for them to action accordingly.
- A final report is extracted identifying staff who have not registered and this will be sent to the Assistant Director of Nursing for immediate action.
- If a registration lapses the Matron/Team Leader must meet with employee to advise they are unable to practice. This will result in:
  - Suspension without pay until registration can be confirmed.
  - An investigation under the Trust's Disciplinary Procedure.

The Changes for **BTH** Staff are:

If a registration lapses the Matron/Team Leader must meet with the employee to advise they are unable to practice.

This will result in:

- Suspension without pay until registration can be confirmed.
- An investigation under the Trust's Disciplinary Procedure.

The new policy can be found on the oneHR website.

## Safeguarding advice

THE next training date for Safeguarding Vulnerable Adults & MCA/DOLS is:

- May 23rd 2014 Education Centre, Lecture Theatre, 9am-4.30pm.
- To book email [olm@bfwhospitals.nhs.uk](mailto:olm@bfwhospitals.nhs.uk) or telephone 01253 655392.

## Public health training sessions

THE Trust's Public Health team is offering free half day brief intervention training sessions on tobacco and alcohol. The next tobacco session is on May 15th between 9am and 12noon. There is also a session on alcohol use on June 2nd (1-4pm). To book a place contact the team on 01253 306480.

## Sage & Thyme workshop

PLACES are now available on the valuable Sage & Thyme foundation level workshops. The next sessions are in the Education Centre at the Vic site on Wednesday June 18th between 9.30am and 12.30pm and 1.30-4-30pm. To book email [olm@bfwhospitals.nhs.uk](mailto:olm@bfwhospitals.nhs.uk).

## Conflict resolution

TO make training more accessible the duration of Conflict Resolution training has been amended. All individuals booked on these courses will be contacted individually by the Learning & Development team to be made aware of the change.

- The **FULL** conflict resolution sessions are now a duration of 3 hours
- The **REFRESHER** conflict resolution are now a duration of 2 ½ hours

To book a place on this training, please e-mail [OLM@bfwhospitals.nhs.uk](mailto:OLM@bfwhospitals.nhs.uk)

## Learning Disabilities training

THE next available Learning Disabilities training sessions are:

- May 14th: 1 – 4pm, HPEC 3
  - July 17th: 1 – 4pm, HPEC 1
- Please book a place through the OLM management system.



BRIGHT IDEAS

**If you have a good idea please let us know at**  
<http://fcsharepoint/divisions/global/staffsuggestions/Pages/default.aspx>



The 5th Annual  
*Jane Clough*  
**MEMORIAL**  
**GOLF TOURNAMENT**

Will be played on

**FRIDAY 25th July 2014**

at

**Stanley Park Golf Club**

Entry fee

**£25**

1st TEE @10am

(Entry fee to be paid in full by Monday, 14th July 2014  
this includes course fee and donation )

**BOOK EARLY TO AVOID DISAPPOINTMENT**



For further information and registration contact:-

**Dave Walker** bleep 077  
(10pm - 6am) inc weekends  
or  
**Mary Bird** on  
07909 528 074 or bleep 818

*"Be part of a memorable day"*

*Hint of Pink*

# *Dinner & Dance*

Saturday 24th May 2014

at The Hilton Hotel Blackpool

In aid of the Breast Care Centre, Blackpool Victoria Hospital

£35 per ticket *which includes:*

- Drinks Reception
- Four Course Dinner
- Raffle Balloon
- Auction
- Live Band
- Disco

Drinks Reception 7:00pm

Dinner 7:30pm

Carriages 1:30am

Smart Dress Code (dress to impress)

Tickets on sale from mid January until mid April

Contact Angela Smith on

0751 651 7383 or 0791 625 4076

email: [hintofpink@live.co.uk](mailto:hintofpink@live.co.uk)





## Minutes & Note-Taking Half-Day Workshop

*New to the role of note-taker? Or just want to brush up your skills? Then this practical session is ideal for you...*

We'll be looking at different types of meetings, their purpose, effectiveness, and language, as well as:

- ✓ The role of minute-taker and chair
- ✓ Preparation you'll need to do
- ✓ Protocols & formats
- ✓ Listening & note-taking skills
- ✓ Effective use of English
- ✓ Checklists for proof-reading & follow-ups

**May 27<sup>th</sup>**  
**9.30am-**  
**1.00pm**  
Room 1, Education  
Centre, BVH

*BOOK your place through OLM, on (01253) 655392, or  
via [olm@bfwhospitals.nhs.uk](mailto:olm@bfwhospitals.nhs.uk)*



# Public Health Training

FREE half day sessions

Blackpool Teaching Hospitals   
NHS Foundation Trust

## 'Healthy Weight': Identification and brief advice training for people who require non-specific dietary advice

*Delivered by the Hospital Public Health Team*

Training includes:

- ✓ Obesity prevalence
- ✓ The impact of obesity on the Trust and the NHS
- ✓ Risk factors of being overweight or obese
- ✓ Identifying patients who require additional support using body mass index(BMI)
- ✓ Current healthy eating guidelines and interventions
- ✓ Referring to the community weight management services in Blackpool

### Dates for Healthy Weight IBA Training

**2<sup>nd</sup> May 2014 (10am-1pm)**  
Room 6, Education Centre, BVH

**12<sup>th</sup> May 2014 (1:30pm – 4:30pm)**  
Room 6, Education Centre, BVH

**12<sup>th</sup> June 2014 (10am-13:00)**  
Stimulation and Skills Room 2,  
BVH

Please indicate which session you would prefer by placing a  in the appropriate box and complete the form below:

Name: \_\_\_\_\_

Job title: \_\_\_\_\_

Dept/Ward: \_\_\_\_\_

Line Manager: \_\_\_\_\_

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

Please return completed forms to:

Health Education Practitioner  
Public Health Team

Berry Offices, Blackpool Victoria Hospital, FY3 8NR, 01253 306480

Alternatively email details to [publichealthtraining@bfwh.nhs.uk](mailto:publichealthtraining@bfwh.nhs.uk)

Ward based training sessions are also available day or evening – email to book



# Dancing with Dementia

**Dementia Awareness Event - 20th May 2014**

Tea Dance at the  
Tower Ballroom,  
11am – 4pm

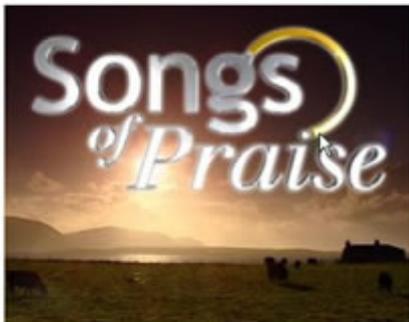
For more information call  
**01253 476364**

Information stalls, memory testing available, images of Blackpool through the years. Professional and semi-professional dancers through the day. Refreshments available throughout the day

*The Chaplaincy Team invite patients, staff and visitors to a special  
afternoon of:*

## *Songs and Praise*

*Please feel free to join the team to sing some favourite hymns from  
years gone by.*



### *Hymns to include:*

*Guide Me Oh Thy Great Jehovah*

*All Things Bright and Beautiful*

*Great Is Thy Faithfulness*

*Plus some other traditional favourites*



*3pm*

*Monday May 19<sup>th</sup> 2014*

*Venue:*

*The Hospital Chapel*

*Area 3*

*Blackpool Victoria Hospital*

*For more details please contact:*

*[Graeme.Harrison@bfwh.nhs.uk](mailto:Graeme.Harrison@bfwh.nhs.uk)*

*Tel 01253 303876*



*Consulting and Coaching for Individuals and Teams*

## **AN INTRODUCTION TO MINDFULNESS** **2014**

### **Aims and objectives**

To introduce participants to the concept and practice of Mindfulness and its benefits.

By the end of the workshop I expect participants to:

- Understand what Mindfulness is.
- Appreciate how they, the workforce and Trust can benefit from Mindfulness tools and practice.
- Know more about the evidence base and science behind Mindfulness practices.
- 2 Mindfulness Tools to use personally in daily life including at work to support their own mindfulness.
- Where to find out more about Mindfulness for individuals, teams and organizations.

### **Approach**

We will be exploring the idea and practice of Mindfulness through experiencing it and exploring its relevance to you, your teams and Trust with reference to the considerable evidence base and scientific understanding of its impact on, wellbeing, engagement, leadership and performance.

For more information on Mindfulness please see:

[www.mindfulnet.org](http://www.mindfulnet.org) and [www.breathworks-mindfulness.org.uk](http://www.breathworks-mindfulness.org.uk)

### **OUTLINE PROGRAMME**

- Introduction to mindfulness
- A taste of Mindfulness
- Evidence base and scientific basis for Mindfulness
- Body Scan Mindfulness Exercise
- Being and Doing
- Breathing exercises
- Mindfulness of Breathing
- 60 second Mindfulness Practice
- Q and A
- Summary
- Next Steps
- Taking Mindfulness further
- Resources

**To book a place please contact**  
**Annie Bucknill (65) 7958**  
**[annie.bucknill@bfwh.nhs.uk](mailto:annie.bucknill@bfwh.nhs.uk)**

### **Workshop Dates**

27<sup>th</sup> May - 10-12pm or 2-4pm - Chest Clinic Seminar Room BVH  
5<sup>th</sup> June - 10-12pm or 2-4pm - Gastro Seminar Room BVH  
10<sup>th</sup> June - 10-12pm or 2-4pm - Chest Clinic Seminar Room BVH  
20<sup>th</sup> June - 10-12pm or 2-4pm - Room 6 HPEC BVH

# MANDATORY TRAINING DROP-IN INFORMATION SESSIONS

A number of mandatory training drop-in information sessions are being held across the patch over the next couple of months. Below are the dates and venues. There is no need to book.

Date	Time	Location	BLS PRACTICAL TRAINING
8th May 2014	10.30am – 3.30pm	Rylands House, Lancaster	YES
13 <sup>th</sup> May 2014	9.30am – 11.30am	Carnforth Clinic, Carnforth	NO
13 <sup>th</sup> May 2014	12.30pm – 3.00pm	Slyne Road Offices, Lancaster	NO
30 <sup>th</sup> May 2014	9.30am – 5.30pm	Sim & Skills Centre, BVH	YES
6 <sup>th</sup> June 2014	10.00am – 2.30pm	Slyne Road Offices, Lancaster	YES
6 <sup>th</sup> June 2014	3.00pm – 5.00pm	Queen Victoria Centre, Morecambe	YES
26 <sup>th</sup> June 2014	9.30am – 5.30pm	Sim & Skills Centre, BVH	YES
16 <sup>th</sup> July 2014	10.30am – 12.30pm	Slyne Road Offices, Lancaster	NO
16 <sup>th</sup> July 2014	1.30pm – 4.30pm	Carnforth Clinic, Carnforth	NO

## Basic Life Support Update Training

- There will be a trainer available on selected dates
- There is **no requirement to book**, please drop in between the stated times.
- There may be a short wait in some cases. (Each session is 20-30minutes)

## Mandatory Training Workbooks

- You can collect workbooks from us and we can also sign workbooks off for you once completed.

## Information Governance

- Paper copies of the test are available for those with no IT access.