

Health Matters

Keeping you informed about the news and views of Blackpool Teaching Hospitals



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Welcome from the Chief Executive

HELLO and welcome to the latest edition of **Health Matters** which is full of news about our members of staff and patients.



This week's issue is a celebration of all that is great about our members of staff and the Trust.

We had our Annual Members and Public Meeting and staff awards ceremony on September 22 and it was a huge success. It was wonderful to see so many of our dedicated and hard-working members of staff being recognised for their achievements. It was also fantastic to see members of the public supporting the event.

Members of our End of Life Team have done excellent work in creating a new Plan of Care for the Dying Person and a website with a large amount of useful information.

We also have stories on the anti smoking campaign, Stoptober, a Walk of Light for grieving parents and a story on the fact that the Trust has been named one of the best places to work in the NHS.

Well done to all involved.

Gary Doherty
Chief Executive

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The Trust held its annual Members and Public Meeting on Monday, September 22. On the same night there was an awards ceremony and members of staff organised displays and stalls featuring their work — Page 5

Health Matters is also available online at www.bfwh.nhs.uk

You can sign up to receive our fortnightly news bulletin directly to your inbox by clicking on the following link: www.bfwh.nhs.uk/healthmatters

Any comments ideas or suggestions? Please contact:

The Communications Department on 01253 956 875 or communications@bfwh.nhs.uk

Launch of Plan of Care for the Dying Person

A NEW individualised Plan of Care for the Dying Person has been launched by Blackpool Teaching Hospitals NHS Foundation Trust.

The Plan of Care for the Dying Person has been created to replace the Liverpool Care Pathway.

A new End of Life website for the public and an intranet site where staff can access the most up-to-date training and advice, were also launched on September 29.

Members of the End of Life 'Transform Team' are confident that the new pathway will provide an excellent service to patients and families in hospitals and in the community.

The Transform Team empowers and supports Trust staff to deliver the best possible care when people are approaching the last months, days and hours of life.

Earlier in 2014 the Care Quality Commission (CQC) produced a report and found the Trust staff to be "outstanding" in delivering end of life care.

Deborah Loftus, Lead Nurse for Cancer and End of Life Care for the Trust, said the Liverpool Care Pathway (LCP) was withdrawn following a national review by Baroness Neuberger.

The LCP was developed to provide palliative care options for people in their last days of life. However, it was heavily criticised as being too prescriptive and did not address the individual needs of patients, families and carers.

Deborah explained: "What we have been doing locally is working very closely with our partners at Trinity Hospice, GPs and commissioners to



Dr Andrea Whitfield (centre) with some of her team members at Blackpool Victoria Hospital

create an individualised Plan of Care for the Dying Person. It is based on priorities for quality of care set by the Leadership Alliance for the Care of Dying People (LACDP)."

Andrea Whitfield, Consultant in Palliative Medicine and Clinical lead for End of Life Care for the Trust, said: "The plan of care that we have developed acts as a guide to health care professionals.

"It is more flexible than the Liverpool Care Pathway. It is very much an individual plan of care for the patients and their families, rather than a generic document. The whole focus is on patient-centred care.

"Our new intranet site has an interactive algorithm (problem-solving application) for managing the care of the dying person."

The new website for the public features information on subjects including psychological support, bereavement care, spiritual support, advice and points of contact.

To access the new public site go to <http://www.bfwh.nhs.uk/visiting/eolc/>

Staff awards and AGM show Trust at its best



NHS heroes praised at meeting and ceremony

LOCAL NHS heroes were praised at a special event to celebrate their achievements.

Blackpool Teaching Hospitals NHS Foundation Trust's Annual Members and Public meeting on September 22 highlighted the achievements and challenges of the Trust over the last year.

It culminated in an awards ceremony covering several categories, including the announcement of the 2014 Cardiac Nurse of the Year.

Joanne Collins scooped the award making her the first Healthcare Assistant to take the title. She was presented with flowers and a cheque for £200 by Mr Ramesh Gandhi, Wyre Public Governor and retired Consultant Cardiothoracic Surgeon, who founded the award five years ago.

Judges sorted through a list of 35 nominations to get to two finalists before deciding on Joanne as the winner. They were impressed by her history of long service and her unparalleled caring personality. Joanne works on ward 37 of the hospital's Lancashire Cardiac Centre.

She said: "This is a real honour for me. I can't believe that I have won when so many other



Award recipients at the event with chairman Ian Johnson (left) and Gary Doherty



Some of the staff award winners with chief executive Gary Doherty (right) and chairman Ian Johnson (left) at the annual meeting

fantastic colleagues were nominated. I believe it's the little things that make the difference and a smiling face and friendly ear can really help a patient get through their stay in hospital."

Also presented on the night was the Dottie Hall Memorial Award which goes to staff within the surgical unit who consistently go the extra mile. It commemorates Dottie Hall a much loved nurse at the hospital before she retired and then sadly passed away in 2011.

Caroline Howson was thrilled at winning the award and being presented with a gift from Dottie Hall's son Stephen.

She said: "I've heard a lot about Dottie Hall and what an inspiration she was.

"To win this award for being like her in any way is a real honour for me. It's so nice to know that patients and other colleagues appreciate what we do. I can't take full credit for this though, I work in a fantastic team and this is really for all of us."

For the full story go to Latest News on the Trust website www.bfwh.nhs.uk

Trust is one of best places to work in UK

BLACKPOOL Teaching Hospitals NHS Foundation Trust is one of the top healthcare organisations in the country to work for, according to the Health Service Journal (HSJ) and NHS Employers.

The Trust was named in the HSJ's Best Places to Work list, compiled in partnership with NHS Employers, which features the top 100 NHS workplaces across all acute, community, mental health and primary care sectors.

Gary Doherty, Trust Chief Executive, said: "We're delighted and proud to be named among the best places to work in the NHS in the list.

"Every day I see or hear of the amazing work of our staff and I hear how proud they are to work in this organisation and to give of their best to our patients, their carers and families.

"It is great to see their work and pride recognised in such an influential list. We want to attract the most talented workforce, so we are committed to providing an environment that is welcoming and fosters innovation."



The Trust has been identified as one of the top 100 places to work in the NHS



Gary Doherty, chief executive of the Trust, speaking at the recent Annual Members and Public Meeting

The results are based on national NHS staff survey responses, in which NHS staff rate their organisation as a place to work and their confidence in the care provided.

Most staff would recommend the Trust as a place to work or receive treatment, with lower pressure felt by staff compared with similar trusts, according to the HSJ's top 100 list.

To get into the HSJ's Best Places to Work top 100 list, NHS staff survey results were analysed across seven key areas including: Leadership and Planning; Corporate Culture and Communication; Role Satisfaction; Work Environment; Relationship with Supervisor; Training and Development and Employee Engagement and Satisfaction. The final list includes 49 acute trusts, 11 community trusts, 25 mental health trusts and 15 clinical commissioning groups.

Walk brings comfort to all who have lost a baby

A WALK of light and love will bring peace and comfort to bereaved parents across the Fylde coast.

The torch-lit procession, at Carleton Crematorium and Cemetery, is open to anyone affected by the death of a baby and commemorates all babies who died too soon.

Organised by SANDS, the stillbirth and neonatal death charity, the event is run so people can get together to remember their babies and not feel alone.

“People affected by baby death can get a lot of comfort from being with others in a similar situation,” explained Helen Grimshaw, group chair for Blackpool and Preston SANDS.

“If your baby was still here you would celebrate birthdays or other events, this walk is a way to still have something special to remember the little ones by.

“This will be the second Lights of Love Walk. Last year’s was so successful we wanted to offer this opportunity to even more people to join us this year.

“We are so grateful to Michael Penwarden, bereavement manager at Carleton Crematorium, who is supporting this event again, and the council for allowing us to use their facilities.”

The walk starts at 7pm on Friday, October 10, 2014.

Anyone wishing to attend is asked to bring a torch, lantern or candle and meet at the main car park.

The evening will start with a special reading before the procession makes its way to the baby



Pauline Canning, Helen Grimshaw and Megan Murray

section of the cemetery where the lights will be displayed followed by time for quiet reflection and further readings.

Bereavement nurses from Blackpool Teaching Hospitals NHS Foundation Trust, Megan Murray and Pauline Canning, will be supporting the event.

Megan said: “It is a wonderful event and an opportunity for people to talk about stillbirth and neonatal death in a group that is caring and understanding.”

Blackpool and Preston Sands Group is part of the UK-wide network of support groups. The group meet on the first Wednesday of every month 7pm to 9pm in the Richmond Suite at Blackpool Leisure Centre, Stanley Park.

They also offer support via phone and email.

Anyone wishing further information is asked to call SANDS on 07938 977676 or email blackpoolprestonsands@yahoo.co.uk

Stoptober campaigners want to help you to quit

A CAMPAIGN urging everyone to quit smoking has kicked off this week and there's still time to take part.

Thousands of people across Lancashire and Cumbria have already signed up to take part in the Stoptober campaign.

Anyone signing up throughout October will have access to excellent free support. And top comedians, including the North West's Paddy McGuinness, will add a touch of humour to help quitters through the challenge.

Blackpool Teaching Hospitals NHS Foundation Trust runs a number of Stop Smoking Services in Lancashire and Cumbria and is backing the Stoptober campaign.

Jenny Collyer, a Stop Smoking Advisor from the North Lancashire Stop Smoking Service based in Lancaster, said: "Our advisors have been out holding promotions in football clubs, supermarkets and shopping centres to spread the word."

Carol Bramhall, the Stop Smoking Service Co-ordinator based at Blackpool Football Stadium, said: "Stoptober is a great opportunity for smokers across Blackpool to quit together



Comedian Paddy McGuinness is urging everyone to quit smoking

alongside friends, family and thousands of other people in our area.

"In Blackpool 29.5% of residents currently smoke. Quitting is the single best thing you can do for your health."

The Blackpool Stop Smoking Service can be contacted on 01253 951570 and the North Lancashire service on 01524 845145.



How you can get all the latest news and views from the Trust

The Trust's official Facebook page can be found at:
www.facebook.com/BlackpoolHospitals

The Trust can also be found on Twitter
[@BlackpoolHosp](https://twitter.com/BlackpoolHosp)