

Everyday Coaching Conversations

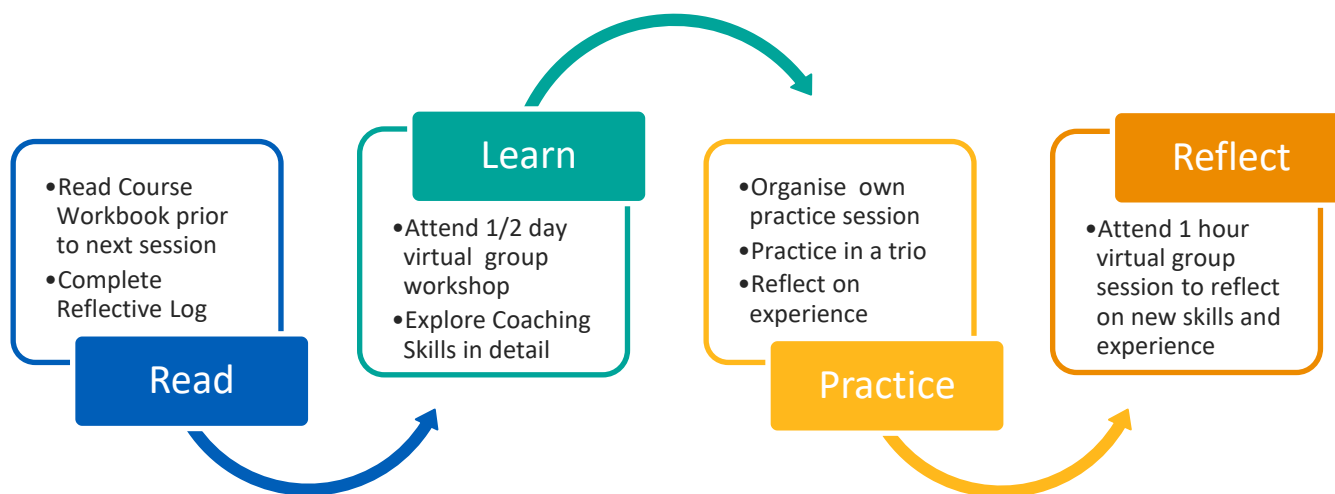
Dates for 2023



Course Overview

This programme is an introduction to Everyday Coaching Conversations and how they can support you in your role, day to day. By the end of the programme you will be able to:

- Explain what a coaching approach looks like
- Appreciate the principles and values of a coaching mindset
- Understand and practice non-directive coaching skills (listening, skilful questioning, paraphrasing, summarising and empathy)
- Have confidence to have coaching conversations in the workplace



Available Dates

We are pleased to announce that dates for our ‘Everyday Coaching Conversations’ programme are now confirmed and arranged to take place as detailed below:

Everyday Coaching Conversations ½ Day Virtual Workshop		Everyday Coaching Conversations 1-Hour Virtual Reflective Session	
Date	Time	Date	Time
19 January	09.30 – 12.30	9 February	13.00 – 14.00
16 March	09.30 – 12.30	6 April	13.00 – 14.00
20 April	09.30 – 12.30	11 May	13.00 – 14.00
13 July	09.30 – 12.30	3 August	13.00 – 14.00
12 October	09.30 – 12.30	2 November	13.00 – 14.00
16 November	09.30 – 12.30	7 December	13.00 – 14.00



Sign me up!

If you would like to attend this 4-part programme, please contact samantha.landon@nhs.net for an application form and to advise of your preferred date. Places are limited, but we will do our best to accommodate your chosen date.

To note: due to demand, there is an application process in place for this programme.