

Mediation Service



WHAT IS MEDIATION



Mediation is an opportunity to improve working relationships



It is about listening to each other and discussing both sides of the story



Mediation seeks to find a solution that works for everybody. A mediated agreement signals a fresh start!

BENEFITS OF MEDIATION



Reduces levels of stress within the workplace



Encourages mutual understanding and respect for different opinions



Mediation is a voluntary and informal process

A MEDIATION ENVIRONMENT IS



A safe place to share and is fully confidential



Supportive, non-judgemental & impartial



Positive and future focused

ACCESSING MEDIATION



For further information/ referral form contact the Organisational Development team on ext: 56415



Alternatively you can complete a referral form via the Trust's SharePoint site