

### Appendix 3: Adult Cardiac Arrest Trolley Contents

#### ADULT CARDIAC ARREST TROLLEY\* MINIMUM SPECIFICATIONS:

Red
Four drawers or three drawers and a bottom shelf
All drawers and any bottom shelf must be able to be locked with plastic coded seal
Capacity to hold E size oxygen cylinder at back of trolley
Drip stand attached to trolley able to hold sharps bin via sharps bin clamp
Collapsible lift up shelf on side of trolley to act as a small table when the trolley is in use
Lockable wheels to ensure the trolley does not move when the wheels are locked
Push handles on side of trolley

#### TOP OF TROLLEY:

ITEM	QUANTITY
Pocket mask with oxygen port, filter and one-way valve in case	1
Adult 1400ml bag-mask (BM) with reservoir bag, size 5 mask and oxygen tubing in intact, sealed dust bag	1
Medtronic hands-free defibrillator*	1
Defibrillator Quik-combo electrodes (depending on requirements of the defibrillator and patient requirements: adult/paediatric)	1 packet of each size if both sizes needed
Latex-free non-sterile gloves. Sizes: large	1 box of each size
Sharps bin attached to drip stand on trolley with clamp*	1
Laminated sign* stating cardiac arrest telephone number and location of nearest: Advanced defibrillator and arrhythmia drugs box (red)	1
Folder containing*: current Resuscitation Council (UK) ALS universal algorithm adult cardiac arrest trolley contents list adult cardiac arrest trolley/grab bag/defibrillator checklists paediatric pump bag contents list (where appropriate) cardiac arrest records resuscitation policy and procedures investigation request cards (1 of each): bloods (haematology/biochemistry and blood transfusion request), x-ray, ECG	1

#### BACK OF TROLLEY:

ITEM	QUANTITY
E size oxygen cylinder with pressure regulator and flow meter in the holder/compartments*. Cylinder must be in 'on' or 'open' position at all times if a key is required to open the cylinder.	1
Adult non-rebreathing oxygen mask with reservoir bag and oxygen tubing, in dust bag and connected to flow meter	1

#### TOP DRAWER LABELLED 'AIRWAY':

ITEM	QUANTITY
Magills introducing forceps	1
Oropharyngeal airways. Sizes: 2, 3, 4	1 of each size
Nasopharyngeal airways. Sizes: 6 & 7	1 of each size
Lubricant jelly	1 packets
Laryngoscope handles* with batteries (size C)* and compatible curved Macintosh blades. Sizes: 3, 4	2 handles with batteries 1 of each size blades
Cuffed endotracheal tubes. Sizes: 6, 7, 8, (uncut)	1 of each size
Catheter mount	1

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Gum elastic bougie	1
10ml Syringe	1
Stethoscope*	1
1" ribbon gauze roll for securing endotracheal tube	1 roll
Tough cut scissors*	1

#### SECOND DRAWER LABELLED 'BREATHING':

ITEM	QUANTITY
Hand held suction* with container and adult catheter	1 of each
Yankauer suction	2
Suction catheters. Sizes: 12CH, 14CH, 16CH	2 of each size
Size 4 mask	1
Paediatric circular mask size 1 (for use with laryngectomy patients)	1

#### THIRD DRAWER LABELLED 'CIRCULATION':

ITEM	QUANTITY
Razor	1
Tourniquet disposable	1 box
Chloroprep vials (2% chlorhexidine application vials)	5 vials
Intravenous Cannulae. Sizes: 14 GA, 16 GA, 18 GA, 20 GA, 22 GA	2 of each size
Intravenous dressing packs	3 packs
Needles. Sizes: 19G, 21G, 23G, 25G	5 of each size
Pericardiocentesis needles: 18G, 3.5"	1
Syringes. Size: 10ml	5
Syringes. Size: 20ml	5
Syringes. Size: 50ml Leur Lock	1
Sodium chloride 0.9% pre filled syringe	5
Sodium chloride 0.9% 1000ml bag	2
Gelofusine 500ml bag	1
Intravenous fluid administration sets	2
Blood administration set	1
Sterile 4" swabs	2 packets
Transpore tape 1/2"	1
Blood bottles: Brown gel, Green coagulation, small Red EDTA, large Blue cap transfusion, yellow glucose	1 of each
Blood bottle adaptors	2
Blood bottle needles	2
Blood gas syringes	2
Adrenaline 1mg in 1ml (1:1,000) ampoules (for treatment of anaphylaxis only)	1 box

#### BOTTOM DRAWER/SHELF:

ITEM	QUANTITY
Emergency drugs box (blue)	1 (plus maximum of 1 spare box to be kept securely in ward/department/area)
Arrhythmia drugs box (red)	1 (or refer to departmental procedure)
Glucose 10% 500ml bag (for treatment of hypoglycaemia)	1
Timer*	1
Face visors	4

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Aprons	4
3 lead ECG cable*	1
Electrodes for 3 lead ECG cable in sealed packet	1 packet of 30
Spare fast patches/quik-combo electrodes (as appropriate for defibrillator and patient group)	1 packet of each size (as appropriate)
Spare ECG recording paper compatible with defibrillator (if appropriate)	1 roll
Paediatric pump bags* (if appropriate) (see paediatric pump bag contents)	1 of each size
Coded plastic seals for securing trolley	10

**Key:** \* denotes a reusable item, that has been appropriately cleaned if previously used.

Single use items must be kept in individual sealed packets until use, apart from one Mac 3 and one Mac 4 laryngoscope blade which must be opened at the 'hinge' end of their packet to allow 'testing' of the laryngoscope and battery.

#### Appendix 4: Grab Bag Contents for an Adult and Paediatric Area

ITEM	QUANTITY
Red grab bag*	1
Non-sterile gloves. Sizes: small, medium, large	2 pairs of each size
Adult non-rebreathing oxygen mask with reservoir and oxygen tubing	1
Pocket mask with oxygen port, filter and one-way valve	1
Adult 1400ml bag-mask with reservoir bag, size 5 mask and oxygen tubing in intact, sealed dust bag	1
Face masks. Sizes 3 and 4	1 of each size
Lightweight oxygen cylinder (full) and 3m oxygen tubing	1
Hand held suction* with container and adult and paediatric catheters	1 of each
Oropharyngeal airways. Sizes: 2,3 & 4	1 of each size
Nasopharyngeal airways. Sizes: 6, 7	1 of each size
Lubricant jelly	1 packet
Magills forceps	1
Tough cut scissors*	1
Paediatric circular mask size 1(for use with laryngectomy patients)	1
Tourniquet disposable	2
Chloroprep vials (2% chlorhexidine application vials)	5 vials
Intravenous cannulae. Sizes: 16 GA, 18 GA, 20 GA, 22 GA	1 of each size
Intravenous dressing packs	2 packs
Mini sharps bin (empty)	1
Sterile 4" swabs	2
Transpore tape ½"	1
Needles. Size: 21G	5
Needles. Size: 23G	5
Syringes. Sizes: 10ml & 20ml	4 of each size
Intravenous fluid administration set	1
Adrenaline 1mg in 10ml (1:10,000) pre-filled syringes	4
Atropine 3mg in 10ml pre-filled syringe	1
Amiodarone 300mg in 10ml pre-filled syringe	1
Sodium Chloride 0.9% pre filled	5
Adrenaline 1mg in 1ml (1:1,000) ampoules (for treatment of anaphylaxis)	1 box
Sodium Chloride 0.9% 1000ml bag	1
Spare coded plastic seals	5
Laminated grab bag contents list	1
Cardiac arrest records	2

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Single use items must be kept in individual sealed packets until use.