

Health and Character Declaration



You must provide a health and character declaration. You must declare if you have been convicted of any criminal offence or issued with a formal caution.

How to record health and character declarations in your portfolio

These declarations will be made as part of your revalidation application. You do not need to keep anything in your portfolio as part of this requirement.

Good character is important and is central to the Code because nurses and midwives must be honest and trustworthy. Your good character is based on your conduct, behaviour and attitude. In accordance with the Code, we expect you to declare any cautions and convictions to the NMC immediately, not just at the point of renewal.

We expect you to be in a state of health that ensures you are capable of safe and effective practice without supervision, after any reasonable adjustments are made by your employer. This does not mean there must be a total absence of any disability or health condition. Many people with disabilities or health conditions are able to practise effectively with or without adjustments to support their practice.

Health and Character

You must declare if you have been convicted of any criminal offence or issued with a formal caution over the three years prior to the renewal of your registration.

Paragraph 23.2 of the Code states that you must inform us and any employers you work for at the first reasonable opportunity of any caution or charge against you, or if you have received a conditional discharge in relation to, or have been found guilty of, a criminal offence (other than a protected caution or conviction).

How to meet the requirements

You will need to complete these declarations as part of your revalidation application. Please refer to our health and character guidance for nurses and midwives and our guidance on declaring police charges, cautions and convictions when making these declarations. These set out what we mean by health and character, and what cautions and convictions you must declare. <http://www.nmc.org.uk/education/becoming-a-nurse-or-midwife/when-studying-to-be-a-nurse-or-midwife/>

Good character is important and is central to the Code because nurses and midwives must be honest and trustworthy. Your good character is based on your conduct, behaviour and attitude. You must state if you have received any cautions or convictions over the three years prior to the renewal of your registration. Your declaration will also include an opportunity to declare if you have any pending police charges.

A caution or conviction includes a caution or conviction you have received in the UK for a criminal offence, as well as a conviction received elsewhere for an offence which, if committed in England and Wales, would constitute a criminal offence.

You do not need to declare fixed penalty fines for traffic offences unless they have led to a disqualification. Nor do offences that we have dealt with already need to be declared again.

You do not need to declare a protected caution or conviction.

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This does not mean there must be a total absence of any disability or health condition. Many people with disabilities or health conditions are able to practise effectively with or without adjustments to support their practice.