

Ptosis

Patient Information Leaflet

Ophthalmic Day Surgical Unit
01253 957420



Ptosis

Your upper eyelid has been diagnosed as drooping, this is a condition known as "Ptosis". It is caused by weakness of the muscle that pulls the lid up.

This can generally be rectified by surgery which is usually performed under local anaesthetic, as a day case patient. The local anaesthetic injection is somewhat painful but lasts only for moments.

An incision (a cut) is made in the skin of the upper eyelid. The muscle under the skin is identified, separated and re-attached in the usual position with or without shortening, thereby elevating the eyelid to the correct position.

During surgery, you will still be able to move your eye and eyelid. You will be asked to look up and down to try and help the surgeon get your eyelid in the correct position.

Post operatively your eye will be patched overnight and the stitches in the skin are generally left to dissolve on their own.

You will be required to put ointment in your eye and on the scar and also put some drops or gel in to the eye. The scar in your upper lid will disappear and blend in with any skin creases/folds already present in your eyelid.

Complications

Bruising and swelling is normal and will resolve in a couple of weeks.

It is quite common for the eyes to feel gritty and uncomfortable in the first few weeks.

There is small risk of bleeding in the first 48 hours or so. There is also a small risk of infection and scarring.

Post-operatively the height of your eyelid may not be exactly at the desired position despite all precautions being taken. In some cases further surgery may be required either to elevate the eyelid further or bring it down from an overly high position. Your doctor will advise you about this following the surgery.

Over time, in the following weeks and months, the eye lid may drop slightly. In the longer term there is a risk of recurrence of Ptosis.

Immediately after Ptosis surgery, the un-operated opposite lid may drop somewhat. This is due to neurological factors and may change over time.

General advice and information

The Ophthalmic Day Surgery Unit is a specialised Unit which cares for patients undergoing eye procedures on a day case basis.

The unit cares for women, and men.

There are separate toilet facilities for women, men and disabled patients.

Where is the Ophthalmic Surgical Unit

If you **are** registered disabled and have a 'blue badge' the nearest car park is Woodlands (which can be accessed from East Park Drive) near the Gastroenterology department.

From the car park, you can walk directly into the Unit.

If you **are not** registered disabled / **do not have** a 'blue badge', please park in the multi storey car park.

Enter the hospital using the Main Entrance' where you will find the retail stores.

Turn right up the stairs, escalator or lift.

Go straight on down the main corridor.

The Ophthalmic Surgical Day Unit can be found approximately 200 metres down this corridor.

Useful contact details

Ophthalmic Day Surgical Unit
01253 957420

Hospital Switchboard: **01253 300000**

Patient Relations Department

The Patient Relations Department offer impartial advice and deal with any concerns or complaints the Trust receives. You can contact them via:

Tel: **01253 955589** or by

Email: **patient.relations@bfwh.nhs.uk**

You can also write to us at: **Patient Relations Department, Blackpool Victoria Hospital, Whinney Heys Road, Blackpool FY3 8NR**

Further information is available on our website:

www.bfwh.nhs.uk

References

This leaflet is evidence based wherever the appropriate evidence is available, and represents an accumulation of expert opinion and professional interpretation.

Details of the references used in writing this leaflet are available on request from: **Procedural Document and Leaflet Coordinator 01253 953397**

Options available

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